

Room 1	Room 2	Room 3	Room 4	Room 5	Room 6
Thursday March 25th, 2010					
Minnesota State University Staff - 1:00-3:00					
Mike Cunningham Incorporate Zone Into Running Game	Brian Bell Defensive Backs Fundamentals	Ron Planz Cover the Kickoff with Waves	MSU Staff Q&A Q & A from afternoon sessions 4:00-5:00 Orchard Room just outside Room 1	No Activity	
Luke Schleusner Incorporate Play Action Into Offense	Joe Klanderman Linebacker Fundamentals	Eric Davis Protect and Cover the Spread Punt			
3:00-3:40 - Todd Hoffner, Head Coach, MSU - Developing Mental, Physical, and Emotional Toughness					
4:00-4:50 Mini-Breakouts					
Mark Esch Mankato West Mankato West Offense	Travis Walch U. of St. Thomas Special Teams Blocks & Returns	Ralph Munger Rockford H.S., MI Practice Organization	Jerry Miller South Dakota Nine-man Power & Trap Game	Shawn Myska Explosive Edge Plyometrics Presentation	Kohl's Kicking Instructor Fundamentals & Drillwork for Field Goal Kicking
Dinner Break - Visit Exhibitors - 4:50-5:50					
Southern Illinois University Staff					
5:50-7:50 Lennon & Lipe Saluki Team Building Concepts	5:50-7:50 Phil Meyer Power from One Back & Empty Sets	Break - Visit Exhibitors - 5:50-6:00		No Activity	
		6:00-8:00 Bubba Schweigert Saluki 3-4 Pressures	6:00-8:00 Hedberg & Stepps Punt Team Protection		
Saluki Team Building Concepts	Play-Action from One Back Power	Saluki Pressure Coverages	Saluki Special Teams Drills		
Break - Visit Exhibitors - 7:50-8:10					
8:10-9:10 - Dale Lennon, Head Coach, Southern Illinois University - Saluki Coaching Expectations					
MFCA Coaches' Social 9:20					
Friday March 26th, 2010					
FCA Warm-Up 7:00-8:00 - Jerry Olszewski, Head Football Coach, St. Olaf College - Room 1					
8:00-9:00 - Conference Representatives Meeting - Room 2					
9:00-11:00 Gary Gaines Odessa Permian, TX	9:00-11:00 Defensive Staff Copperas Cove, TX	Break - Visit Exhibitors - 9:00-9:20			
		9:20-11:20 Gary Swenson Valley H.S., IA	9:20-10:15 Ralph Munger Rockford H.S., MI	SPECIAL TOPICS 9:20-10:20 Dr. Bill Roberts	9:20-11:20 Dr. Stacy Ingraham Univ. of Minnesota
Shotgun Power Run Game	Multiple Four Man Front with Zone Blitz	Running Zone from Two Backs & Spread	Gadget and Trick Plays in your Offense	Concussion Prevention and Management	Nutritional & Hydration Considerations for Football Athletes
Shotgun Play Action Passing Game	Multiple Four Man Front with Zone Blitz	GAP Run Game & Play Action Passing	10:25-11:20 Jack Welch Copperas Cove, TX	10:30-11:20 Neal Lawson & Jay Pomeroy	The SEC Football Model: Research Based Speed Development
Break - Visit Exhibitors - 11:00-11:20					
			Winning with ST's	How to Get Turf	
11:20-12:15 Wallie Kuchinski U. St. Thomas	11:20-1:20 Tracy Welch Copperas Cove, TX	Break - Visit Exhibitors - 11:20-11:40			
		11:40-1:40 Steve Dengler Rockford H.S., MI	11:40-1:40 Vic Adamle Stillwater H.S.	11:40-12:40 Dr. Bill Roberts	11:40-12:35 NSCA - Speakers
Attacking Protections Using The Blitz & Various Coverages	Multiple Counter Attack	KO Return for Multiple Type of Kicks	Five Keys to Building A Team	Concussion Prevention and Management	Sahli & Meadors Strength Training Principles & Technique
12:25-1:20 Blane Tetreault-UST	Multiple Counter from the Gun	Punt Pressure & Block Team Rockford ST's	Installing the Pro Style Attack at the High School Level	12:50-1:40 Neal Lawson & Jay Pomeroy	12:45-1:40 Rousemiller, Stevenson, & Johnson
Tackle/Takeaways Circuits & Drills				How to Get Turf	Position Specific Strength Training
Break - Visit Exhibitors - 1:20-2:00					
Break - Visit Exhibitors - 1:40-2:00					
2:00-3:00 - Gary Gaines, Head Coach - Odessa Permian HS, Texas - Developing a Championship Football Culture					
Gophers Mini-Clinic 3:20-5:00					
Kevin Cosgrove Co-D. Coordinator	Derek Lewis Tight Ends	John Butler Linebackers	Tim Davis Run Game / OL	Richard Hightower Receivers	No Activity
Jeff Horton O. Coordinator	Tim Cross Assoc HC/ DL	Mark Hill Strength Coach	Ronnie Lee Co-D Coord / DB	Thomas Hammock Running Backs	No Activity
5:00-6:00 - Brewster Bash - Dinner with the Gophers					
6:00-6:45 - Minnesota's Coaching Legends, Interactive Panel					
7:00-8:00 - Gophers Guest Speaker - Troy Calhoun, Head Coach, Air Force Academy					
8:00-8:45 - Minnesota Gophers Head Coach Tim Brewster					
8:45-9:30 - Don Swanson Awards Presentation & Tailgate Party					
Saturday March 27th, 2010					
8:00-8:45 - MFCA Association Business & Prize Packages - Room 1					
Morning Sessions 9:00-10:40					
Jeff Trickey QB Development: Drill Progression & Demo	Ralph Munger Rockford's Base Wing-T vs Odd fronts	Steve Dengler Special Teams Practice Organization	Bill Owens St. Thomas Academy 3-5 Base Defense	Orchard Room Copperas Cove Staff Q&A	No Activity
QB Progression for Teaching Defensive Recognition	Considerations for Goal Line Offense	Special Teams Drills	STA's Stunts & Blitzes	Orchard Room just outside Room 1	
10:50-11:40 - Minnesota Vikings Speaker					
11:40-12:30 - Transition to U of M / Meetings & Practice 12:30-4:00pm					

HIGHLIGHTS

Online Registration

Over 35 Speakers & 70 Sessions!
Dominant Midwest HS Programs
Minnesota Vikings Speaker
College Staff Breakouts
Gophers Field Demonstrations
Speed, Strength, & Special Topics
MFCA Business Meetings
College Credit (see website)
Access to Presentations Online
Don Swanson Tailgate Party

*In fond memory of our
incomparable friend*



Don "Swannie" Swanson

HOTEL INFORMATION

Doubletree Hotel – St. Louis Park

(Xenia exit off Hwy 394 at Hwy 100)

Room Rate: \$89 per night!

Reserve Early to Ensure Availability!

Reservations: 952-542-8600

CLINIC COMMITTEE

Finances & Accounting: Jim Dotseth (612)226-6260

Schedule & Staff: Claud Allaire (952)913-6502

Booths & Exhibits: Dave Nigon (763)232-4976

Registration & Advertising: Ray Kirch (763)567-9250

Clinic Book & Advertising: Dave Nelson (952)201-3156

Direct all pre-registration questions to Jim Dotseth

www.mnfootballclinic.com

NATIONAL SPEAKERS

Tim Brewster & Staff
University of Minnesota

Jack Welch & Staff
Copperas Cove High School, TX
State Finalists in 2006 & 2007

Gary Gaines
Odessa Permian High School, TX
Team Featured in "Friday Night Lights"
Texas State Champions

Ralph Munger & Steve Dengler
Rockford High School, MI
State Champions in '04, '05, '08

Gary Swenson
Valley High School, IA
Hall of Fame Coach
Iowa State Champs '02, '03, '05, '08

College Staff Breakouts
Southern Illinois University
University of St. Thomas
Minnesota State University

QB Specialist Jeff Trickey
Trickey QB Camps

Gophers Headline Speaker
Troy Calhoun, Air Force Academy



Minnesota Football Coaches Clinic



**Doubletree Hotel &
Gophers Bierman Facility**
March 25-27, 2010

Ron Stolski
MFCA Executive Director
(218)820-4742

For More Information Please Visit
www.mnfootballclinic.com

