

Room 1	Room 2	Room 3	Room 4	Room 5	Room 6
<b>Thursday March 25<sup>th</sup>, 2010</b>					
<b>Minnesota State University Staff - 1:00-3:00</b>					
<b>Mike Cunningham</b> Incorporate Zone Into Running Game	<b>Brian Bell</b> Defensive Backs Fundamentals	<b>Ron Planz</b> Cover the Kickoff with Waves	<b>MSU Staff Q&amp;A</b> Q & A from afternoon sessions 4:00-5:00 Orchard Room just outside Room 1	No Activity	
<b>Luke Schleusner</b> Incorporate Play Action Into Offense	<b>Joe Klanderman</b> Linebacker Fundamentals	<b>Eric Davis</b> Protect and Cover the Spread Punt			
<b>3:00-3:40 - Todd Hoffner, Head Coach, MSU - Developing Mental, Physical, and Emotional Toughness</b>					
<b>4:00-4:50 Mini-Breakouts</b>					
<b>Mark Esch</b> <b>Mankato West</b> Mankato West Offense	<b>Travis Walch</b> <b>U. of St. Thomas</b> Special Teams Blocks & Returns	<b>Ralph Munger</b> <b>Rockford H.S., MI</b> Practice Organization	<b>Jerry Miller</b> <b>South Dakota</b> Nine-man Power & Trap Game	<b>Shawn Myska</b> <b>Explosive Edge</b> Plyometrics Presentation	<b>Kohl's Kicking Instructor</b> Fundamentals & Drillwork for Field Goal Kicking
<b>Dinner Break - Visit Exhibitors - 4:50-5:50</b>					
<b>Southern Illinois University Staff</b>					
<b>5:50-7:50</b> <b>Lennon &amp; Lipe</b> Saluki Team Building Concepts	<b>5:50-7:50</b> <b>Kalen DeBoer</b> Gun Zone Basics & Variations	<b>Break - Visit Exhibitors - 5:50-6:00</b>		No Activity	
Saluki Team Building Concepts	Multiple Ways to Attack w/ Play-Action	<b>6:00-8:00</b> <b>Bubba Schweigert</b> Saluki 3-4 Pressures	<b>6:00-8:00</b> <b>Hedberg &amp; Stepps</b> Punt Team Protection		
<b>Break - Visit Exhibitors - 7:50-8:10</b>		Saluki Pressure Coverages	Saluki Special Teams Drills		
<b>8:10-9:10 - Dale Lennon, Head Coach, Southern Illinois University - Saluki Coaching Expectations</b>					
<b>MFCA Coaches' Social 9:20</b>					
<b>Friday March 26<sup>th</sup>, 2010</b>					
<b>FCA Warm-Up 7:00-8:00 - Jerry Olszewski, Head Football Coach, St. Olaf College - Room 1</b>					
<b>8:00-9:00 - Conference Representatives Meeting - Room 2</b>					
<b>9:00-11:00</b> <b>Gary Gaines</b> <b>Odessa Permian, TX</b>	<b>9:00-11:00</b> <b>Defensive Staff</b> <b>Copperas Cove, TX</b>	<b>Break - Visit Exhibitors - 9:00-9:20</b>			
Shotgun Power Run Game	Multiple Four Man Front with Zone Blitz	<b>9:20-11:20</b> <b>Gary Swenson</b> <b>Valley H.S., IA</b>	<b>9:20-10:15</b> <b>Ralph Munger</b> <b>Rockford H.S., MI</b>	<b>SPECIAL TOPICS</b> <b>9:20-10:20</b> <b>Dr. Bill Roberts</b>	<b>9:20-11:20</b> <b>Dr. Stacy Ingraham</b> <b>Univ. of Minnesota</b>
Shotgun Play Action Passing Game	Multiple Four Man Front with Zone Blitz	Running Zone from Two Backs & Spread	Gadget and Trick Plays in your Offense	Concussion Prevention and Management	Nutritional & Hydration Considerations for Football Athletes
<b>Break - Visit Exhibitors - 11:00-11:20</b>		GAP Run Game & Play Action Passing	<b>10:25-11:20</b> <b>Jack Welch</b> <b>Copperas Cove, TX</b>	<b>10:30-11:20</b> <b>Neal Lawson &amp; Jay Pomeroy</b>	The SEC Football Model: Research Based Speed Development
			Winning with ST's	How to Get Turf	
<b>11:20-12:15</b> <b>Wallie Kuchinski</b> <b>U. St. Thomas</b>	<b>11:20-1:20</b> <b>Tracy Welch</b> <b>Copperas Cove, TX</b>	<b>Break - Visit Exhibitors - 11:20-11:40</b>			
Attacking Protections Using The Blitz & Various Coverages	Multiple Counter Attack	<b>11:40-1:40</b> <b>Steve Dengler</b> <b>Rockford H.S., MI</b>	<b>11:40-1:40</b> <b>Vic Adamle</b> <b>Stillwater H.S.</b>	<b>11:40-12:40</b> <b>Dr. Bill Roberts</b>	<b>11:40-12:35</b> <b>NSCA - Speakers</b>
		KO Return for Multiple Type of Kicks	Five Keys to Building A Team	Concussion Prevention and Management	<b>Sahli &amp; Meadors</b> Strength Training Principles & Technique
<b>12:25-1:20</b> <b>Blane Tetreault-UST</b>	Multiple Counter from the Gun	Punt Pressure & Block Team Rockford ST's	Installing the Pro Style Attack at the High School Level	<b>12:50-1:40</b> <b>Neal Lawson &amp; Jay Pomeroy</b>	<b>12:45-1:40</b> <b>Rousemiller, Stevenson, &amp; Johnson</b>
Tackle/Takeaways Circuits & Drills				How to Get Turf	Position Specific Strength Training
<b>Break - Visit Exhibitors - 1:20-2:00</b>		<b>Break - Visit Exhibitors - 1:40-2:00</b>			
<b>2:00-3:00 - Gary Gaines, Head Coach - Odessa Permian HS, Texas - Developing a Championship Football Culture</b>					
<b>Gophers Mini-Clinic 3:20-5:00</b>					
<b>Kevin Cosgrove</b> Co-D. Coordinator	<b>Derek Lewis</b> Tight Ends	<b>John Butler</b> Linebackers	<b>Tim Davis</b> Run Game / OL	<b>Steve Watson</b> Receivers	No Activity
<b>Jeff Horton</b> O. Coordinator	<b>Tim Cross</b> Assoc HC/ DL	<b>Mark Hill</b> Strength Coach	<b>Ronnie Lee</b> Co-D Coord / DB	<b>Thomas Hammock</b> Running Backs	No Activity
<b>5:00-6:00 - Brewster Bash - Dinner with the Gophers</b>					
<b>6:00-6:45 - Minnesota's Coaching Legends, Interactive Panel</b>					
<b>7:00-8:00 - Gophers Guest Speaker - Troy Calhoun, Head Coach, Air Force Academy - Air Force QB Play: Gun Zone Option</b>					
<b>8:00-8:45 - Minnesota Gophers Head Coach Tim Brewster</b>					
<b>8:45-9:30 - Don Swanson Awards Presentation &amp; Tailgate Party featuring Dick Joncowski</b>					
<b>Saturday March 27<sup>th</sup>, 2010</b>					
<b>8:00-8:45 - MFCA Association Business &amp; Prize Packages - Room 1</b>					
<b>Morning Sessions 9:00-10:40</b>					
<b>Jeff Trickey</b> QB Development: Drill Progression & Demo	<b>Ralph Munger</b> Rockford's Base Wing-T vs Odd fronts	<b>Steve Dengler</b> Special Teams Practice Organization	<b>Bill Owens</b> <b>St. Thomas Academy</b> 3-5 Base Defense	No Activity	<b>Copperas Cove Staff Q&amp;A</b> Orchard Room just outside Room 1
QB Progression for Teaching Defensive Recognition	Considerations for Goal Line Offense	Special Teams Drills	STA's Stunts & Blitzes		
<b>10:50-11:40 - Brian Murphy, Special Teams Coordinator - Minnesota Vikings</b>					
<b>11:40-12:30 - Transition to U of M / Meetings &amp; Practice 12:30-4:00pm</b>					

## HIGHLIGHTS

### Online Registration

Over 35 Speakers & 70 Sessions!  
Dominant Midwest HS Programs  
Minnesota Vikings Speaker  
College Staff Breakouts  
Gophers Field Demonstrations  
Speed, Strength, & Special Topics  
MFCA Business Meetings  
College Credit (see website)  
Access to Presentations Online  
**Don Swanson Tailgate Party**

*In fond memory of our  
incomparable friend*



*Don "Swannie" Swanson*

## HOTEL INFORMATION

### Doubletree Hotel – St. Louis Park

(Xenia exit off Hwy 394 at Hwy 100)

Room Rate: \$89 per night!

**Reserve Early to Ensure Availability!**

Reservations: 952-542-8600

## CLINIC COMMITTEE

Finances & Accounting: Jim Dotseth (612)226-6260

Schedule & Staff: Claud Allaire (952)913-6502

Booths & Exhibits: Dave Nigon (763)232-4976

Registration & Advertising: Ray Kirch (763)567-9250

Clinic Book & Advertising: Dave Nelson (952)201-3156

*Direct all pre-registration questions to Jim Dotseth*

**[www.mnfootballclinic.com](http://www.mnfootballclinic.com)**

## NATIONAL SPEAKERS

**Tim Brewster & Staff**  
University of Minnesota

**Jack Welch & Staff**  
Copperas Cove High School, TX  
State Finalists in 2006 & 2007

**Gary Gaines**  
Odessa Permian High School, TX  
Team Featured in "Friday Night Lights"  
Texas State Champions

**Ralph Munger & Steve Dengler**  
Rockford High School, MI  
State Champions in '04, '05, '08

**Gary Swenson**  
Valley High School, IA  
Hall of Fame Coach  
Iowa State Champs '02, '03, '05, '08

**College Staff Breakouts**  
Southern Illinois University  
University of St. Thomas  
Minnesota State University

**QB Specialist Jeff Trickey**  
Trickey QB Camps

**Gophers Headline Speaker**  
Troy Calhoun, Air Force Academy



## Minnesota Football Coaches Clinic



**Doubletree Hotel &  
Gophers Bierman Facility**  
March 25-27, 2010

**Ron Stolski**  
MFCA Executive Director  
(218)820-4742

**For More Information Please Visit**  
**[www.mnfootballclinic.com](http://www.mnfootballclinic.com)**

