

Room 1	Room 2	Room 3	Room 4	Room 5	Room 6
Thursday March 25th, 2010					
Minnesota State University Staff - 1:00-3:00					
<u>Mike Cunningham</u> Incorporate Zone Into Running Game	<u>Brian Bell</u> Defensive Backs Fundamentals	<u>Ron Planz</u> Cover the Kickoff with Waves	<u>MSU Staff Q&A</u> Q & A from afternoon sessions 4:00-5:00 Orchard Room just outside Room 1	No Activity	
<u>Luke Schleusner</u> Incorporate Play Action Into Offense	<u>Joe Klanderma</u> Linebacker Fundamentals	<u>Eric Davis</u> Protect and Cover the Spread Punt			
3:00-3:40 - Todd Hoffner, Head Coach, MSU - Developing Mental, Physical, and Emotional Toughness					
4:00-4:50 Mini-Breakouts					
<u>Mark Esch</u> <u>Mankato West</u> Mankato West Offense	<u>Travis Walch</u> <u>U. of St. Thomas</u> Special Teams Blocks & Returns	<u>Ralph Munger</u> <u>Rockford H.S., MI</u> Practice Organization	<u>Jerry Miller</u> <u>South Dakota</u> Nine-man Power & Trap Game	<u>Shawn Myska</u> <u>Explosive Edge</u> Plyometrics Presentation	<u>Kohl's Kicking Instructor</u> Fundamentals & Drillwork for Field Goal Kicking
Dinner Break - Visit Exhibitors - 4:50-5:50					
Southern Illinois University Staff					
<u>5:50-7:50</u> <u>Lennon & Lipe</u> Saluki Team Building Concepts	<u>5:50-7:50</u> <u>Phil Meyer</u> Power from One Back & Empty Sets	Break - Visit Exhibitors - 5:50-6:00		No Activity	
		<u>6:00-8:00</u> <u>Bubba Schweigert</u> Saluki 3-4 Pressures	<u>6:00-8:00</u> <u>Hedberg & Stepps</u> Punt Team Protection		
Saluki Team Building Concepts	Play-Action from One Back Power	Saluki Pressure Coverages	Saluki Special Teams Drills		
Break - Visit Exhibitors - 7:50-8:10					
8:10-9:10 - Dale Lennon, Head Coach, Southern Illinois University - Saluki Coaching Expectations					
MFCA Coaches' Social 9:20					
Friday March 26th, 2010					
FCA Warm-Up 7:00-8:00 - Jerry Olszewski, Head Football Coach, St. Olaf College - Room 1					
8:00-9:00 - Conference Representatives Meeting - Room 2					
<u>9:00-11:00</u> <u>Gary Gaines</u> <u>Odessa Permian, TX</u>	<u>9:00-11:00</u> <u>Defensive Staff</u> <u>Copperas Cove, TX</u>	Break - Visit Exhibitors - 9:00-9:20			
		<u>9:20-11:20</u> <u>Gary Swenson</u> <u>Valley H.S., IA</u>	<u>9:20-10:15</u> <u>Ralph Munger</u> <u>Rockford H.S., MI</u>	SPECIAL TOPICS <u>9:20-10:20</u> <u>Dr. Bill Roberts</u>	<u>9:20-11:20</u> <u>Dr. Stacy Ingraham</u> <u>Univ. of Minnesota</u>
Shotgun Power Run Game	Multiple Four Man Front with Zone Blitz	Running Zone from Two Backs & Spread	Gadget and Trick Plays in your Offense	Concussion Prevention and Management	Nutritional & Hydration Considerations for Football Athletes
Shotgun Play Action Passing Game	Multiple Four Man Front with Zone Blitz	GAP Run Game & Play Action Passing	<u>10:25-11:20</u> <u>Jack Welch</u> <u>Copperas Cove, TX</u> Winning with ST's	<u>10:30-11:20</u> <u>Neal Lawson & Jay Pomeroy</u> How to Get Turf	The SEC Football Model: Research Based Speed Development
Break - Visit Exhibitors - 11:00-11:20					
<u>11:20-12:15</u> <u>Wallie Kuchinski</u> <u>U. St. Thomas</u> Attacking Protections Using The Blitz & Various Coverages	<u>11:20-1:20</u> <u>Tracy Welch</u> <u>Copperas Cove, TX</u> Multiple Counter Attack	Break - Visit Exhibitors - 11:20-11:40			
		<u>11:40-1:40</u> <u>Steve Dengler</u> <u>Rockford H.S., MI</u> KO Return for Multiple Type of Kicks	<u>11:40-1:40</u> <u>Vic Adamle</u> <u>Stillwater H.S.</u> Five Keys to Building A Team	<u>11:40-12:40</u> <u>Dr. Bill Roberts</u> Concussion Prevention and Management	<u>11:40-12:35</u> NSCA - Speakers <u>Sahli & Meadors</u> Strength Training Principles & Technique
<u>12:25-1:20</u> <u>Blane Tetreault-UST</u> Tackle/Takeaways Circuits & Drills	Multiple Counter from the Gun	Punt Pressure & Block Team Rockford ST's	Installing the Pro Style Attack at the High School Level	<u>12:50-1:40</u> <u>Neal Lawson & Jay Pomeroy</u> How to Get Turf	<u>12:45-1:40</u> <u>Rousemiller, Stevenson, & Johnson</u> Position Specific Strength Training
Break - Visit Exhibitors - 1:20-2:00					
Break - Visit Exhibitors - 1:40-2:00					
2:00-3:00 - Gary Gaines, Head Coach - Odessa Permian HS, Texas - Developing a Championship Football Culture					
Gophers Mini-Clinic 3:20-5:00					
Kevin Cosgrove Co-D. Coordinator	Derek Lewis Tight Ends	John Butler Linebackers	Tim Davis Run Game / OL	Richard Hightower Receivers	No Activity
Jeff Horton O. Coordinator	Tim Cross Assoc HC/ DL	Mark Hill Strength Coach	Ronnie Lee Co-D Coord / DB	Thomas Hammock Running Backs	
5:00-6:00 - Brewster Bash - Dinner with the Gophers					
6:00-6:45 - Minnesota's Coaching Legends, Interactive Panel					
7:00-8:00 - Gophers Guest Speaker - Troy Calhoun, Head Coach, Air Force Academy					
8:00-8:45 - Minnesota Gophers Head Coach Tim Brewster					
8:45-9:30 - Don Swanson Awards Presentation & Tailgate Party					
Saturday March 27th, 2010					
8:00-8:45 - MFCA Association Business Meeting & Prize Packages - Room 1					
Morning Sessions 9:00-10:40					
<u>Jeff Trickey</u> QB Development: Drill Progression & Demo	<u>Ralph Munger</u> Rockford's Base Wing-T vs Odd fronts	<u>Steve Dengler</u> Special Teams Practice Organization	<u>Bill Owens</u> <u>St. Thomas Academy</u> 3-5 Base Defense	<u>Orchard Room</u> <u>Copperas Cove</u> <u>Staff Q&A</u>	No Activity
QB Progression for Teaching Defensive Recognition	Considerations for Goal Line Offense	Special Teams Drills	STA's Stunts & Blitzes	Orchard Room just outside Room 1	
10:50-11:40 - Minnesota Vikings Speaker					
11:40-12:30 - Transition to U of M / Meetings & Practice 12:30-4:00pm					

