

Room 1	Room 2	Room 3	Room 4	Room 5	Room 6
Thursday March 25th, 2010					
Minnesota State University Staff - 1:00-3:00					
Mike Cunningham Incorporate Zone Into Running Game	Brian Bell Defensive Backs Fundamentals	Ron Planz Cover the Kickoff with Waves	MSU Staff Q&A Q & A from afternoon sessions 4:00-5:00 Orchard Room just outside Room 1	No Activity	
Luke Schleusner Incorporate Play Action Into Offense	Joe Klanderan Linebacker Fundamentals	Eric Davis Protect and Cover the Spread Punt			
3:00-3:40 - Todd Hoffner, Head Coach, MSU - Developing Mental, Physical, and Emotional Toughness					
4:00-4:50 Mini-Breakouts					
Mark Esch Mankato West Mankato West Offense	Travis Walch U. of St. Thomas Special Teams Blocks & Returns	Ralph Munger Rockford H.S., MI Practice Organization	Jerry Miller South Dakota Nine-man Power & Trap Game	Shawn Myska Explosive Edge Plyometrics Presentation	Kohl's Kicking Instructor Fundamentals & Drillwork for Field Goal Kicking
Dinner Break - Visit Exhibitors - 4:50-5:50					
Southern Illinois University Staff					
5:50-7:50 Lennon & Lipe Saluki Team Building Concepts	5:50-7:50 Phil Meyer Power from One Back & Empty Sets	Break - Visit Exhibitors - 5:50-6:00		No Activity	
Saluki Team Building Concepts	Play-Action from One Back Power	6:00-8:00 Bubba Schweigert Saluki 3-4 Pressures	6:00-8:00 Hedberg & Stepps Punt Team Protection		
Break - Visit Exhibitors - 7:50-8:10		Saluki Pressure Coverages	Saluki Special Teams Drills		
8:10-9:10 - Dale Lennon, Head Coach, Southern Illinois University - Saluki Coaching Expectations					
MFCAs Coaches' Social 9:20					
Friday March 26th, 2010					
FCA Warm-Up 7:00-8:00 - Jerry Olszewski, Head Football Coach, St. Olaf College - Room 1					
8:00-9:00 - Conference Representatives Meeting - Room 2					
9:00-11:00 Gary Gaines Odessa Permian, TX	9:00-11:00 Defensive Staff Copperas Cove, TX	Break - Visit Exhibitors - 9:00-9:20			
Shotgun Power Run Game	Multiple Four Man Front with Zone Blitz	9:20-11:20 Gary Swenson Valley H.S., IA Running Zone from Two Backs & Spread	9:20-10:15 Ralph Munger Rockford H.S., MI Gadget and Trick Plays in your Offense	SPECIAL TOPICS 9:20-10:20 Dr. Bill Roberts Concussion Prevention and Management	9:20-11:20 Dr. Stacy Ingraham Univ. of Minnesota Nutritional & Hydration Considerations for Football Athletes
Shotgun Play Action Passing Game	Multiple Four Man Front with Zone Blitz	GAP Run Game & Play Action Passing	10:25-11:20 Jack Welch Copperas Cove, TX Winning with ST's	10:30-11:20 Neal Lawson & Jay Pomeroy How to Get Turf	The SEC Football Model: Research Based Speed Development
Break - Visit Exhibitors - 11:00-11:20					
11:20-12:15 Wallie Kuchinski U. St. Thomas Attacking Protections Using The Blitz & Various Coverages	11:20-1:20 Tracy Welch Copperas Cove, TX Multiple Counter Attack	Break - Visit Exhibitors - 11:20-11:40			
12:25-1:20 Blane Tetreault-UST Tackle/Takeaways Circuits & Drills	Multiple Counter from the Gun	11:40-1:40 Steve Dengler Rockford H.S., MI KO Return for Multiple Type of Kicks	11:40-1:40 Vic Adamle Stillwater H.S. Five Keys to Building A Team	11:40-12:40 Dr. Bill Roberts Concussion Prevention and Management	11:40-12:35 NSCA - Speakers Sahli & Meadors Strength Training Principles & Technique
Break - Visit Exhibitors - 1:20-2:00					
Break - Visit Exhibitors - 1:40-2:00					
2:00-3:00 - Gary Gaines, Head Coach - Odessa Permian HS, Texas - Developing a Championship Football Culture					
Gophers Mini-Clinic 3:20-5:00					
Kevin Cosgrove Co-D. Coordinator	Derek Lewis Tight Ends	John Butler Linebackers	Tim Davis Run Game / OL	Richard Hightower Receivers	No Activity
Jeff Horton O. Coordinator	Tim Cross Assoc HC/ DL	Mark Hill Strength Coach	Ronnie Lee Co-D Coord / DB	Thomas Hammock Running Backs	No Activity
5:00-6:00 - Brewster Bash - Dinner with the Gophers					
6:00-6:45 - Minnesota's Coaching Legends, Interactive Panel					
7:00-8:00 - Gophers Guest Speaker - Troy Calhoun, Head Coach, Air Force Academy					
8:00-8:45 - Minnesota Gophers Head Coach Tim Brewster					
8:45-9:30 - Don Swanson Awards Presentation & Tailgate Party					
Saturday March 27th, 2010					
8:00-8:45 - MFCAs Association Business & Prize Packages - Room 1					
Morning Sessions 9:00-10:40					
Jeff Trickey QB Development: Drill Progression & Demo	Ralph Munger Rockford's Base Wing-T vs Odd fronts	Steve Dengler Special Teams Practice Organization	Bill Owens St. Thomas Academy 3-5 Base Defense	Orchard Room Copperas Cove Staff Q&A Orchard Room just outside Room 1	No Activity
QB Progression for Teaching Defensive Recognition	Considerations for Goal Line Offense	Special Teams Drills	STA's Stunts & Blitzes		
10:50-11:40 - Minnesota Vikings Speaker					
11:40-12:30 - Transition to U of M / Meetings & Practice 12:30-4:00pm					

