

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Girls 100 Meter Dash Class AAA

Name	Yr	School	Finals
1 Lewis, Katelyn	11	Osseo	12.77 NWI
2 Schnittker, Laura	11	Maple Grove	12.88 NWI
3 Okonkwo, Chiamaka	12	Osseo	12.94 NWI
4 Hill, Melanie	9	Champlin Par	13.14 NWI
5 Okonkwo, Anuli	9	Osseo	13.18 NWI
6 Hickerson, Rochelle	10	Andover	13.21 NWI
7 Deroo, Jennifer	11	Anoka	13.25 NWI
8 Detloff, Dani	9	Elk River	13.34 NWI
9 Funfar, Shelby	10	Coon Rapids	13.55 NWI
10 Bredeson, Shelby	10	Andover	13.57 NWI
11 Nelson, Haley	8	Maple Grove	13.61 NWI
12 Ezell, Kierra	10	Maple Grove	13.62 NWI
13 Cooper, Rachel	11	Andover	13.63 NWI
14 Lynch, Brittany	12	St Michael-Alber	13.75 NWI
15 Robinson, Brianna	11	Park Center	13.78 NWI
16 Daulton, Kelsey	10	Elk River	13.84 NWI
17 Fitzsimmons, Sheri	11	Champlin Par	13.87 NWI
18 Johnson, Jaclyn	9	Champlin Par	13.89 NWI
19 Bednorz, Katlin	9	Anoka	13.94 NWI
20 Holden, Kaitlyn	12	Anoka	13.99 NWI
21 Nelson, Rachel	11	Coon Rapids	14.07 NWI
22 Detloff, Molli	7	Elk River	14.09 NWI
23 Sellberg, Carly	10	Park Center	14.17 NWI
24 Gebers, Bekkah	11	Coon Rapids	14.36 NWI
25 Casey, Maggie	9	St Michael-Alber	14.37 NWI
26 Duresky, Kelsey	11	St. Francis	14.38 NWI
27 Jackson, Raven	8	Park Center	14.61 NWI
28 Mlsna, Nicole	8	St Michael-Alber	14.62 NWI
29 Burley, Katie	9	St. Francis	14.77 NWI
30 Schmoll, Kalyynn	10	St. Francis	15.69 NWI

Girls 200 Meter Dash Class AAA

Name	Yr	School	Finals
1 Okonkwo, Anuli	9	Osseo	25.86 NWI
2 Lewis, Katelyn	11	Osseo	26.46 NWI
3 Berning, Kayla	12	Anoka	26.82 NWI
4 Jones, Kyanna	12	Osseo	26.87 NWI
5 Detloff, Dani	9	Elk River	26.89 NWI
6 Eason, Alana	12	Champlin Par	27.19 NWI
7 Nivala, Taylor	9	Andover	27.41 NWI
8 Daulton, Kelsey	10	Elk River	27.47 NWI
9 Metzger, Mayem	12	Coon Rapids	27.61 NWI
10 Funfar, Shelby	10	Coon Rapids	28.06 NWI
11 Richards, Diona	9	Andover	28.09 NWI
12 Fitzsimmons, Sheri	11	Champlin Par	28.15 NWI
12 Philips, Emily	10	Maple Grove	28.15 NWI
14 Johnson, Jaclyn	9	Champlin Par	28.23 NWI
15 Ewen, Alicia	11	St. Francis	28.32 NWI
16 Swanson, Linnea	11	Andover	28.40 NWI
17 Clarke, Bridgett	10	Coon Rapids	28.43 NWI
18 Jacobs, Abby	9	Maple Grove	28.76 NWI
18 Isaacson, Abby	12	Maple Grove	28.76 NWI

20 Sollars, Sasha	11	Anoka	28.77 NWI
21 Edwards, Kelly	9	Elk River	28.89 NWI
22 Beaudry, Megan	12	St Michael-Alber	29.03 NWI
23 Bednorz, Katlin	9	Anoka	29.26 NWI
24 Krambeer, Mary	10	Park Center	29.66 NWI
25 Goude, Sam	12	St Michael-Alber	29.83 NWI
26 Silbernagel, Jaclyn	12	St Michael-Alber	29.94 NWI
27 Burley, Katie	9	St. Francis	30.59 NWI
28 Hunt, Mary	10	St. Francis	30.80 NWI

Girls 400 Meter Dash Class AAA

Name	Yr	School	Finals
1 Davis, Sashanavian	10	Park Center	58.47
2 Eason, Alana	12	Champlin Par	58.74
3 Okonkwo, Anuli	9	Osseo	59.07
4 Jones, Kyanna	12	Osseo	1:00.65
5 Worthington, Kelly	11	St. Francis	1:00.74
6 Olson, Paige	10	Osseo	1:01.65
7 Weigel, Abbie	11	Maple Grove	1:02.38
8 Vermette, Sydney	11	Anoka	1:03.05
9 Corbin, Taylor	10	Maple Grove	1:03.62
10 Ferry, Christine	12	St Michael-Alber	1:03.78
11 Jones, Katelyn	9	Anoka	1:03.82
12 Hauptert, Mackenzie	11	Andover	1:04.34
13 Young, Malorie	11	Coon Rapids	1:04.44
14 Hill, Melanie	9	Champlin Par	1:04.92
15 Wallace, Tommaneka	9	Andover	1:05.12
16 Hayes, Megan	10	Coon Rapids	1:05.22
17 Esperum, Danielle	10	Elk River	1:05.25
18 Kettler, Mariah	9	Andover	1:05.47
19 Petrich, Cassey	9	Elk River	1:05.66
20 Moriarty, Cecilia	9	Champlin Par	1:05.70
21 Pipenhagen, Mary	10	Anoka	1:05.87
22 Craft, Melissa	10	St. Francis	1:05.95
23 Collins, Megan	9	Maple Grove	1:06.60
24 Barr, Maddie	8	St Michael-Alber	1:07.06
25 Weeks, Erin	11	Elk River	1:07.33
26 Luogon, Nehwoen	12	Park Center	1:08.13
27 Mueller, Steph	11	St. Francis	1:09.44
28 Gardner, Meghann	12	St Michael-Alber	1:11.47
29 Sundeen, Kayla	11	Coon Rapids	1:11.57
30 Wakayo, Yubo	9	Park Center	1:13.63

Girls 800 Meter Run Class AAA

Name	Yr	School	Finals
1 Bates, Emma	11	Elk River	2:19.75
2 Engstron, Melissa	10	Coon Rapids	2:25.63
3 Biederman, Rachel	12	Maple Grove	2:26.16
4 Steinwand, Natalie	9	Andover	2:27.53
5 Bailey, Mikayla	9	Osseo	2:28.35
6 Hartmann, Heidi	9	Osseo	2:28.36
6 Robinson, Molly	10	Osseo	2:28.36
8 Kne, Alaina	10	St. Francis	2:29.23
9 Halfrich, Sara	7	Maple Grove	2:29.42
10 Huffman, Britta	11	Coon Rapids	2:31.09

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

(Girls 800 Meter Run Class AAA)

Name	Yr	School	Finals
11 Sjelin, Maddie	8	St Michael-Alber	2:31.50
12 Peters, Laura	12	Anoka	2:33.89
13 Hambleton, Jennifer	12	Anoka	2:34.10
14 Sawyer, Madison	12	Champlin Par	2:34.37
15 Gunderson, Rachel	7	Maple Grove	2:35.39
16 Dressen, Diana	10	St. Francis	2:35.66
17 Embury, Alana	9	Elk River	2:36.59
18 Ellefson, Brittni	10	Elk River	2:37.09
19 Nelson, Taylor	10	Anoka	2:37.26
20 Odden, Jonna	12	Coon Rapids	2:37.66
21 Mueller, Steph	11	St. Francis	2:42.43
22 Opat, Kacie	9	Park Center	2:44.58
23 Wald, Maria	10	Champlin Par	2:45.43
24 Marquardt, Nicolette	11	Champlin Par	2:46.60
25 Horton, Bethany	11	Andover	2:46.87
26 Kessler, Emily	10	St Michael-Alber	2:47.40
27 Hatch, Lindsey	10	St Michael-Alber	2:47.57
28 Clark, Paige	9	Andover	2:52.58
29 Peterson, Kelsey	11	Park Center	3:00.28
30 Erickson, Hannah	12	Park Center	3:14.40

Girls 1600 Meter Run Class AAA

Name	Yr	School	Finals
1 Bates, Emma	11	Elk River	5:09.30
2 Sjostrom, Stephanie	12	Champlin Par	5:24.20
3 Shagen, Kaley	8	Osseo	5:26.40
4 Fritz, Katelyn	9	Anoka	5:26.80
5 Mead, Laura	10	Andover	5:28.50
6 Wojack, Alyssa	11	Coon Rapids	5:29.30
7 Guimont, Gabbi	8	Anoka	5:33.30
8 Rudin, Danielle	9	Maple Grove	5:33.50
9 Billett, Kayla	8	Anoka	5:38.10
10 Bjustrom, Molly	10	Maple Grove	5:39.40
11 Keller, Helena	12	Elk River	5:40.40
12 Haskins, Danielle	9	Andover	5:42.00
13 Sawyer, Madison	12	Champlin Par	5:45.30
14 McCullough, Kellie	11	Osseo	5:46.20
15 Haugen, Anna	8	Elk River	5:46.60
16 Kapphahn, Natalie	11	Champlin Par	5:46.80
17 O'Hotto, Rebecca	7	St. Francis	5:47.70
18 Sjelin, Maddie	8	St Michael-Alber	5:48.10
19 White, Susan	11	Osseo	5:51.30
20 Robillard, Danielle	10	Coon Rapids	5:51.60
21 Dahlquist, Laura	12	Coon Rapids	5:53.30
22 Anderson, Catherine	12	Maple Grove	5:57.70
23 Johnson, Briana	12	St. Francis	6:09.60
24 Hinkemeyer, Beth	8	St Michael-Alber	6:14.20
25 Young, Maddie	7	St Michael-Alber	6:16.70
26 Tonn, Gina	11	Park Center	6:50.50
27 McCaskel, Angel	9	Park Center	7:08.30
28 Erickson, Hannah	12	Park Center	7:16.50

Girls 3200 Meter Run Class AAA

Name	Yr	School	Finals
1 Johnson, Kayla	11	St. Francis	11:29.60
2 Sjostrom, Stephanie	12	Champlin Par	11:43.20
3 Soli, Cassidy	8	Champlin Par	11:45.70
4 Shagen, Kaley	8	Osseo	11:50.60
5 Johnson, Kayla	11	Coon Rapids	11:53.50
6 Guimont, Gabbi	8	Anoka	12:00.90
7 Fritz, Katelyn	9	Anoka	12:06.09
8 Martens, Karissa	10	Coon Rapids	12:06.90
9 Aarons, Miranda	10	Maple Grove	12:13.01
10 Billett, Kayla	8	Anoka	12:20.30
11 Keller, Helena	12	Elk River	12:25.70
12 Crepeau, Renee	12	Elk River	12:29.60
13 Yovetich, Marissa	11	Andover	12:36.10
14 Ewing, Kristina	12	Osseo	12:36.80
15 Richter, Becca	11	Osseo	12:38.90
16 O'Hotto, Rebecca	7	St. Francis	12:40.02
17 Mead, Elise	12	Andover	12:49.50
18 Janasz, Victoria	11	Elk River	12:49.80
19 Waananen, Amy	10	Maple Grove	12:54.03
20 Schlitter, Mari	12	Champlin Par	13:07.40
21 Burmeister, Grace	10	Maple Grove	13:20.09
22 Gair, Anne	11	Coon Rapids	13:25.30
23 Johnson, Briana	12	St. Francis	13:32.90
24 Lundstrom, Dani	9	Park Center	13:57.10
25 Metzger, Renae	9	Park Center	13:57.50

Girls 100 Meter Hurdles Class AAA

Name	Yr	School	Finals
1 Okonkwo, Chiamaka	12	Osseo	15.50 NWI
2 Schnittker, Laura	11	Maple Grove	16.17 NWI
3 Maciej, Michelle	12	Elk River	16.53 NWI
4 Prouty, Keisha	11	Anoka	17.10 NWI
5 Horton, Ashley	11	Elk River	17.54 NWI
6 Smith, Lashonte	9	Osseo	17.64 NWI
7 Sohns, Jordyn	8	Elk River	17.94 NWI
8 Evanson, Olivia	10	Maple Grove	17.97 NWI
9 House, Madison	10	Maple Grove	18.04 NWI
10 Denler, Melissa	11	Champlin Par	18.13 NWI
11 Reff, Haidee	10	Andover	18.27 NWI
12 Gonsales, Jenny	12	St. Francis	18.30 NWI
13 Metzger, Mayem	12	Coon Rapids	18.33 NWI
14 Rodman, Shauna	10	Anoka	18.44 NWI
15 Abbott, Nicole	9	Anoka	18.47 NWI
16 Lu, Tina	9	Coon Rapids	18.64 NWI
17 Johnson, Emma	9	Coon Rapids	18.71 NWI
18 Ekman, Sarah	9	Andover	18.84 NWI
19 Boone, Brianna	10	Osseo	19.08 NWI
20 Pelant, Emily	10	St Michael-Alber	19.11 NWI
21 Schuering, Kierstin	10	St. Francis	19.21 NWI
22 Reynoldson, Katie	10	Andover	19.54 NWI
23 Olsen, Hanna	11	St. Francis	19.64 NWI
24 Hill, Jalen	11	Champlin Par	19.74 NWI

Section 4AAA True Team - 5/5/2009

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St Michael-Albertville HS

Results

(Girls 100 Meter Hurdles Class AAA)

Name	Yr	School	Finals
25 Whitehead, Taylor	10	Champlin Par	19.87 NWI
26 Woodis, Courtney	8	St Michael-Alber	20.48 NWI
27 Wakayo, Yubo	9	Park Center	22.25 NWI
28 Byrd, Tiffany	9	Park Center	23.11 NWI

Girls 300 Meter Hurdles Class AAA

Name	Yr	School	Finals
1 Okonkwo, Chiamaka	12	Osseo	45.91
2 Hooker, Breanna	11	Park Center	47.41
3 Prouty, Keisha	11	Anoka	48.41
4 Lu, Tina	9	Coon Rapids	49.83
5 Reff, Haidee	10	Andover	50.24
6 House, Madison	10	Maple Grove	50.49
7 Rodman, Shauna	10	Anoka	50.80
8 Smith, Lashonte	9	Osseo	50.92
9 Evanson, Olivia	10	Maple Grove	50.99
10 Gonsales, Jenny	12	St. Francis	51.31
11 Hertz, Hope	11	Elk River	51.37
12 Eder, Kelsey	12	Osseo	51.43
13 Sohns, Jordyn	8	Elk River	51.49
14 Sollars, Sasha	11	Anoka	51.59
15 Johnson, Emma	9	Coon Rapids	51.65
16 Denler, Melissa	11	Champlin Par	52.31
17 Pelant, Emily	10	St Michael-Alber	52.62
18 Ekman, Sarah	9	Andover	52.95
19 Carpenter, Morgan	9	Elk River	53.02
20 Reynoldson, Katie	10	Andover	53.06
21 Herman, Kaley	10	Champlin Par	53.32
22 Volk, Christine	10	Champlin Par	53.66
23 Fogelman, Nicole	12	St. Francis	54.94
24 Skogland, Kayla	10	St. Francis	55.66
25 Christianson, Nicole	9	Coon Rapids	55.89
26 Byrd, Tiffany	9	Park Center	58.36
27 Woodis, Courtney	8	St Michael-Alber	1:08.20

Girls 4x100 Meter Relay Class AAA

Team	Relay	Finals
1 Osseo	A	50.60
2 Anoka	A	50.62
3 Elk River	A	50.77
4 Andover	A	51.05
5 Maple Grove	A	52.03
6 Coon Rapids	A	53.47
7 Champlin Park	A	53.97
8 Park Center	A	54.45
9 St Michael-Alber	A	55.22
10 St. Francis	A	56.32

Girls 4x200 Meter Relay Class AAA

Team	Relay	Finals
1 Anoka	A	1:46.17
2 Park Center	A	1:47.21
3 Coon Rapids	A	1:47.68
4 Osseo	A	1:48.01

5 Andover	A	1:49.85
6 St. Francis	A	1:50.51
7 Elk River	A	1:50.82
8 Maple Grove	A	1:51.82
9 Champlin Park	A	1:54.02
10 St Michael-Alber	A	1:57.89

Girls 4x400 Meter Relay Class AAA

Team	Relay	Finals
1 Maple Grove	A	4:08.00
2 Osseo	A	4:12.77
3 Andover	A	4:15.98
4 Elk River	A	4:16.11
5 Coon Rapids	A	4:17.71
6 Anoka	A	4:18.98
7 St Michael-Alber	A	4:20.65
8 Park Center	A	4:21.68
9 Champlin Park	A	4:29.46
--- St. Francis	A	NT

Girls 4x800 Meter Relay Class AAA

Team	Relay	Finals
1 Maple Grove	A	9:53.50
2 Osseo	A	9:54.50
3 St. Francis	A	9:57.30
4 Anoka	A	10:04.30
5 Coon Rapids	A	10:05.10
6 Elk River	A	10:25.50
7 Park Center	A	10:53.50
8 Champlin Park	A	11:06.90
9 Andover	A	11:09.90
10 St Michael-Alber	A	11:42.30

Girls High Jump Class AAA

Name	Yr	School	Finals
1 Rafferty, Sara	11	Coon Rapids	5-02.00
2 Miedtke, Katie	11	Osseo	5-00.00
3 Sawyer, Jenna	12	Champlin Par	4-10.00
4 Bakke, Allison	11	Osseo	J4-10.00
5 Clarke, Bridgett	10	Coon Rapids	J4-10.00
6 McNallan, Jenna	11	Andover	J4-10.00
6 Johnson, Jaclyn	9	Champlin Par	J4-10.00
8 Seba, Colleen	9	Osseo	J4-10.00
9 Isaacson, Abby	12	Maple Grove	4-08.00
10 Daulton, Kelsey	10	Elk River	J4-08.00
11 Kurtovich, Maggie	9	Andover	J4-08.00
11 Hambleton, Jennifer	12	Anoka	J4-08.00
13 Buyse, Emily	11	Anoka	4-06.00
13 Christensen, Katie	11	Anoka	4-06.00
15 O'Neil, Marie	12	St Michael-Alber	J4-06.00
15 Ordner, Madison	8	Maple Grove	J4-06.00
17 Thurmes, Andrea	12	St Michael-Alber	4-04.00
18 Loberg, Kelli	10	Elk River	J4-04.00
19 Schiltz, Megan	9	Elk River	J4-04.00
20 Olarinde, Olakemi	12	Park Center	J4-04.00
21 Mogensen, Amanda	10	St. Francis	4-02.00

Section 4AAA True Team - 5/5/2009

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St Michael-Albertville HS

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(Girls High Jump Class AAA)

Name	Yr	School	Finals
21 Hunt, Mary	10	St. Francis	4-02.00
21 Olzenak, Kelly	8	Maple Grove	4-02.00
21 Dormanen, Kasey	9	Coon Rapids	4-02.00
25 Terhark, Jennifer	11	Champlin Par	J4-02.00
26 Barringer, Elise	12	St. Francis	4-00.00
26 Clover, Sara	10	St Michael-Alber	4-00.00

Girls Pole Vault Class AAA

Name	Yr	School	Finals
1 Sporlein, Joleen	12	St. Francis	10-00.00
2 McNallan, Jenna	11	Andover	9-06.00
2 Haas, Breanna	11	Coon Rapids	9-06.00
4 Braaten, Annie	11	St. Francis	J9-06.00
5 Bednarz, Layni	10	Elk River	J9-06.00
6 Berning, Kayla	12	Anoka	J9-06.00
7 Johnson, Emmy	12	St Michael-Alber	9-00.00
8 Crepeau, Laura	9	Elk River	8-06.00
9 Vincent, Nicole	11	St. Francis	8-00.00
9 Gillberg, Mollie	10	Coon Rapids	8-00.00
11 Felt, Alex	10	Elk River	J8-00.00
11 Holden, Kaitlyn	12	Anoka	J8-00.00
13 Polverari, Grace	10	Andover	J8-00.00
13 Burton, Katherine	11	Champlin Par	J8-00.00
15 Kackman, Kellee	12	Anoka	J8-00.00
16 Sanborn, Hannah	12	Maple Grove	7-06.00
17 Pream-Anderson, Alicia	11	Coon Rapids	J7-06.00
18 Skaja, Taylor	10	Andover	J7-06.00
19 Salo, Hannah	11	Park Center	6-06.00
19 Okuneye, Victoria	12	Champlin Par	6-06.00
19 Parisian, Shelby	11	Osseo	6-06.00
19 Drake, Alex	12	Champlin Par	6-06.00
19 Hingos, steph	11	Maple Grove	6-06.00
19 Lokkesmoe, Paige	11	Maple Grove	6-06.00
25 Nelson, Nicolette	10	Park Center	J6-06.00
26 Westrum, Stephanie	10	St Michael-Alber	J6-06.00
26 Thompson, Margaret	12	Osseo	J6-06.00

Girls Long Jump Class AAA

Name	Yr	School	Finals
1 Maciej, Michelle	12	Elk River	16-09.25 NWI
2 Schnittker, Laura	11	Maple Grove	16-07.00 NWI
3 Davis, Sashanavian	10	Park Center	16-05.00 NWI
4 Hickerson, Rochelle	10	Andover	J16-05.00 NWI
5 Prouty, Keisha	11	Anoka	16-04.25 NWI
6 Funfar, Shelby	10	Coon Rapids	16-03.50 NWI
7 Carroll, Ellyn	11	Osseo	15-11.00 NWI
8 Hooker, Breanna	11	Park Center	15-10.50 NWI
9 Deroo, Jennifer	11	Anoka	15-08.00 NWI
10 Miedtke, Katie	11	Osseo	J15-08.00 NWI
11 Johnson, Jaclyn	9	Champlin Par	J15-08.00 NWI
12 Sorenson, Keelie	11	Park Center	15-05.25 NWI
13 Pett, Amanda	11	St. Francis	15-02.50 NWI
14 Lewis, Katelyn	11	Osseo	J15-02.50 NWI

15 Hill, Melanie	9	Champlin Par	15-00.50 NWI
16 Detloff, Dani	9	Elk River	14-11.50 NWI
17 Kurtovich, Maggie	9	Andover	14-11.25 NWI
18 Lavrenz, Emily	8	St Michael-Alber	14-09.50 NWI
19 Ewen, Alicia	11	St. Francis	14-09.25 NWI
20 Pappas, Stepany	10	Maple Grove	14-09.00 NWI
21 Gebers, Bekkah	11	Coon Rapids	14-08.75 NWI
22 Sollars, Sasha	11	Anoka	14-04.75 NWI
23 Beaudry, Megan	12	St Michael-Alber	14-00.75 NWI
24 House, Madison	10	Maple Grove	J14-00.75 NWI
25 Marvin, Amanda	10	Champlin Par	14-00.25 NWI
26 Reynoldson, Katie	10	Andover	13-11.00 NWI
27 Hunt, Mary	10	St. Francis	13-09.75 NWI
28 Hannan, Alison	10	Elk River	13-01.75 NWI
29 Christianson, Nicole	9	Coon Rapids	13-01.50 NWI
30 Gullickson, Jenna	12	St Michael-Alber	12-06.50 NWI

Girls Triple Jump Class AAA

Name	Yr	School	Finals
1 Maciej, Michelle	12	Elk River	37-00.50 NWI
2 Arogbokun, Olufunmilayo	9	Osseo	33-03.50 NWI
3 Pett, Amanda	11	St. Francis	32-06.50 NWI
4 Sorenson, Keelie	11	Park Center	32-00.50 NWI
5 House, Madison	10	Maple Grove	31-09.50 NWI
6 Abbott, Nicole	9	Anoka	31-08.00 NWI
7 Carroll, Ellyn	11	Osseo	31-07.00 NWI
8 Doeway, Unis	11	Osseo	31-05.50 NWI
9 O'Neil, Marie	12	St Michael-Alber	31-02.00 NWI
10 Rodman, Shauna	10	Anoka	31-00.50 NWI
11 McDonald, Megan	12	Andover	30-11.50 NWI
12 Hertz, Hope	11	Elk River	30-10.50 NWI
13 Clarke, Bridgett	10	Coon Rapids	30-09.50 NWI
14 Pappas, Stepany	10	Maple Grove	30-07.50 NWI
15 Gebers, Bekkah	11	Coon Rapids	30-06.50 NWI
16 Dolge, Kelsey	11	St Michael-Alber	30-01.50 NWI
17 Sellberg, Carly	10	Park Center	29-11.00 NWI
18 Jamus, Subah	10	Andover	29-10.00 NWI
19 McLain, Mollie	9	Elk River	J29-10.00 NWI
20 Reynoldson, Katie	10	Andover	29-09.50 NWI
21 Luogon, Nehwoen	12	Park Center	29-08.00 NWI
22 Terhark, Jennifer	11	Champlin Par	29-05.50 NWI
23 Pelant, Emily	10	St Michael-Alber	29-03.00 NWI
24 Marvin, Amanda	10	Champlin Par	28-09.50 NWI
25 Korsah, Georgia	10	Coon Rapids	J28-09.50 NWI
26 Autio, Erin	7	St Michael-Alber	28-07.50 NWI
27 Peterson, Emily	9	Anoka	28-04.50 NWI
28 Anderson, Rachelann	12	Maple Grove	28-03.50 NWI
29 Krautkremer, Kelsey	10	Champlin Par	26-11.00 NWI
30 Barrett, Liz	11	St. Francis	26-01.50 NWI

Girls Shot Put Class AAA

Name	Yr	School	Finals
1 Lesser, Emily	11	Maple Grove	41-08.00
2 Ewen, Maggie	8	St. Francis	36-08.00
3 Sarazine, Stephanie	12	Anoka	36-07.50

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St Michael-Albertville HS

Results

(Girls Shot Put Class AAA)

Name	Yr	School	Finals
4 Ford, Emily	11	Osseo	36-06.00
5 Michael, Labrisha	10	Osseo	36-04.00
6 Lorge, Ashley	11	Anoka	35-03.00
7 Markfort, Stephanie	11	Coon Rapids	34-09.00
8 Bydlon, Alycia	12	St Michael-Alber	34-00.50
9 Riggles, Amber	11	Osseo	33-10.50
10 Williams, Sarah	12	Elk River	33-10.00
11 Thurmes, Amanda	12	St Michael-Alber	33-09.50
12 Olarinde, Olakemi	12	Park Center	33-05.00
13 Nwalkolo, Nkemdilim	9	Champlin Par	32-11.50
14 Skobel, Brittany	12	Anoka	32-08.50
15 Kuntz, Alyson	10	Champlin Par	31-03.00
16 Kath, Renee	11	Coon Rapids	31-00.00
17 Thorndal, Nicole	10	Elk River	30-11.50
18 Andrews, Julia	9	Coon Rapids	30-04.00
19 Giple, Bibi	12	St Michael-Alber	29-09.50
20 Struck, Sarah	11	Champlin Par	29-07.00
21 Gaffer, Rebecca	12	Maple Grove	29-03.50
22 Zapzalka, Peyton	9	Andover	29-02.00
23 Detloff, Molli	7	Elk River	29-01.50
24 Keith, Maya	12	Park Center	28-06.00
25 Ford, Brittany	12	Andover	27-11.50
26 Hicks, Katie	11	St. Francis	27-09.00
27 Richter, Kendra	10	Park Center	27-01.50
28 McCall, Courtney	11	Andover	26-01.00
29 Glime, Marina	9	Maple Grove	22-01.00

Girls Discus Throw Class AAA

Name	Yr	School	Finals
1 Ewen, Maggie	8	St. Francis	131-01
2 Lesser, Emily	11	Maple Grove	114-04
3 Thorndal, Nicole	10	Elk River	112-06
4 Fife, Jessica	11	Osseo	108-07
5 Scott, Taisha	11	Champlin Par	107-01
6 Ford, Emily	11	Osseo	106-00
7 Skobel, Brittany	12	Anoka	102-05
8 Williams, Sarah	12	Elk River	99-06
9 Detloff, Molli	7	Elk River	98-05
10 Lorge, Ashley	11	Anoka	97-07
11 Nwalkolo, Nkemdilim	9	Champlin Par	96-06
12 Kath, Renee	11	Coon Rapids	96-03
13 Struck, Sarah	11	Champlin Par	94-02
14 Norman, Jocelyn	12	Maple Grove	92-03
15 Thurmes, Andrea	12	St Michael-Alber	92-01
16 Michael, Labrisha	10	Osseo	90-01
17 Keith, Maya	12	Park Center	89-03
18 Richter, Kendra	10	Park Center	89-00
19 McCoy, Krissy	10	St Michael-Alber	88-04
20 Dahl, Tori	11	Anoka	87-01
21 Markfort, Stephanie	11	Coon Rapids	86-10
22 Ford, Brittany	12	Andover	81-05
23 Ende, Jill	10	St Michael-Alber	80-07
24 McCall, Courtney	11	Andover	80-00

25 Blake, Ali	11	St. Francis	79-03
26 Olarinde, Olakemi	12	Park Center	79-02
27 Peterson, Bethany	11	Andover	76-01
28 Lindahl, Adrienne	10	St. Francis	75-00
29 Glime, Marina	9	Maple Grove	73-11
30 Raile, Victoria	9	Coon Rapids	70-09

Women - Class AAA - Team Rankings - 18 Events Scored

1) Osseo	1094
2) Anoka	940
3) Elk River	876.5
4) Maple Grove	828.5
5) Coon Rapids	779.5
6) Champlin Park	709.5
7) Andover	699
8) St. Francis	558
9) Park Center	434.5
10) St. Michael-Albertville	423.5

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

Boys 100 Meter Dash Class AAA

Name	Yr	School	Finals
1 Brownell, Tendeh	12	Osseo	11.24 NWI
2 Fort-Baker, Kiemonte	10	Coon Rapids	11.37 NWI
3 Obilade, Oludayo	12	Champlin Par	11.39 NWI
4 Allen, Heath Jared	12	Anoka	11.40 NWI
5 Bobaric, Alen	12	Andover	11.44 NWI
6 Blix, John	11	Maple Grove	11.47 NWI
7 Elsnest, Jack	11	Champlin Par	11.61 NWI
8 Jackson, Dominique	12	Anoka	11.62 NWI
8 Youngquist, Thomas	12	Champlin Par	11.62 NWI
10 Beeskow, Brad	11	Andover	11.63 NWI
11 Herber, Kory	12	Andover	11.69 NWI
12 Berger, Taylor	11	Elk River*	11.79 NWI
13 Bonsu, Osei	11	St Michael-Alber	11.80 NWI
14 Lewer, Zachary	11	Coon Rapids	11.82 NWI
15 Givens, Quinten	11	Park Center	11.84 NWI
16 Conner, Sam	10	Osseo	11.86 NWI
17 Giple, Theo	12	St Michael-Alber	11.95 NWI
18 Guar, Trokon	11	Coon Rapids	12.05 NWI
19 Amoah, Kwaku	11	St Michael-Alber	12.12 NWI
20 Whelan, Chris	11	Maple Grove	12.15 NWI
21 Norris, Ernest	12	Park Center	12.19 NWI
22 Roberts, Casey	12	Maple Grove	12.22 NWI
23 Newton, Chase	12	Osseo	12.25 NWI
24 Schuldt, Ben	12	Anoka	12.32 NWI
25 Perkins, Jon	11	St. Francis	12.40 NWI
26 Olson, Evan	10	Elk River*	12.48 NWI
27 Trueman, Patrick	11	St. Francis	12.58 NWI
28 Holbrook, Zachary	10	Elk River*	12.59 NWI
29 Musa, Mubarik	9	Park Center	12.62 NWI
30 Allen, Kyle	11	St. Francis	12.76 NWI

Boys 200 Meter Dash Class AAA

Name	Yr	School	Finals
1 Allen, Heath Jared	12	Anoka	22.85 NWI
2 Hoeschen, Aric	12	St Michael-Alber	23.08 NWI
3 Obilade, Oludayo	12	Champlin Par	23.19 NWI
4 Youngquist, Thomas	12	Champlin Par	23.21 NWI
5 Berger, Taylor	11	Elk River*	23.25 NWI
6 Beeskow, Brad	11	Andover	23.28 NWI
7 Bobaric, Alen	12	Andover	23.29 NWI
8 Blix, John	11	Maple Grove	23.31 NWI
9 Jackson, Dominique	12	Anoka	23.42 NWI
10 Herber, Kory	12	Andover	23.46 NWI
11 Elsnest, Jack	11	Champlin Par	23.71 NWI
12 Cotter, Pat	11	Anoka	23.76 NWI
13 Gbalea, Darkha	10	Osseo	23.92 NWI
14 Fort-Baker, Kiemonte	10	Coon Rapids	23.94 NWI
15 Giple, Theo	12	St Michael-Alber	23.99 NWI
16 Ondrey, Gabe	12	St. Francis	24.05 NWI
17 Whelan, Chris	11	Maple Grove	24.08 NWI
18 Ellena, Carter	11	Coon Rapids	24.11 NWI
19 Shaw, Jaunte	12	Park Center	24.26 NWI

20 Carpenter, Joe	10	St Michael-Alber	24.29 NWI
21 Dillion, Darrius	10	Osseo	24.30 NWI
22 Dixon, Emmanuel	10	Maple Grove	24.66 NWI
23 Hintze, Michael	10	Park Center	24.71 NWI
24 Yang, Vong	11	St. Francis	24.78 NWI
25 Theus, Shaquille	9	Coon Rapids	24.82 NWI
26 Olson, Evan	10	Elk River*	25.39 NWI
27 Quiram, Charles	10	Elk River*	25.68 NWI
28 Draxten, Dylan	10	St. Francis	25.89 NWI
29 Saidu, David	12	Park Center	26.55 NWI

Boys 400 Meter Dash Class AAA

Name	Yr	School	Finals
1 Hoeschen, Aric	12	St Michael-Alber	49.35
2 Allen, Heath Jared	12	Anoka	50.49
3 Youngquist, Thomas	12	Champlin Par	51.42
4 Cotter, Pat	11	Anoka	51.94
5 Bangen, Andrew	11	Coon Rapids	51.95
6 Olsen, Elliot	11	St. Francis	52.05
7 Obilade, Oludayo	12	Champlin Par	52.19
8 Davies, Muyiwa	10	Coon Rapids	52.48
9 Wicker, Peter	11	Maple Grove	52.79
10 Hedin, Tom	12	Andover	53.09
11 Dillion, Darrius	10	Osseo	53.19
12 Norris, Ernest	12	Park Center	53.32
13 Lindsay, Chris	11	Maple Grove	53.41
14 Dixon, Emmitt	10	Osseo	53.42
15 Albright, Mason	10	Andover	53.52
16 Johnston, Jacob	12	Andover	53.75
17 McMahan, Keegan	12	Anoka	54.26
18 Wesley, Michael	11	Coon Rapids	54.29
19 Fricke, Miles	10	St Michael-Alber	54.45
20 Wilson, John	12	Osseo	55.15
21 Tradewell, Jordan	10	St. Francis	55.33
22 Musa, Mujib	11	Park Center	55.53
23 Thielen, Ryan	11	Maple Grove	55.99
24 Kaba, Ibrahim	9	Champlin Par	56.09
25 Fuchs, Dustin	11	St Michael-Alber	56.56
26 Bodom, Yaw	11	Park Center	57.85
27 Draxten, Dylan	10	St. Francis	58.23
28 Forrest, Garrett	11	Elk River*	58.53
29 Ricke, Kevin	12	Elk River*	58.75

Boys 800 Meter Run Class AAA

Name	Yr	School	Finals
1 Dullian, Blayne	11	Coon Rapids	1:59.18
2 Jorgenson, Eric	11	Osseo	2:01.85
3 Grow, Spencer	10	Anoka	2:02.15
4 Peplinski, Gareth	12	Maple Grove	2:03.45
5 Gooley, Brian	11	Osseo	2:03.90
6 Reinholdson, Yonas	11	Andover	2:04.90
7 Gilkerson, Mark	11	Park Center	2:05.12
8 Stangl, Charlie	11	Anoka	2:05.14
9 Arlt, David	12	St Michael-Alber	2:05.36
10 Sorman, Dylan	11	Coon Rapids	2:06.71

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

(Boys 800 Meter Run Class AAA)

Name	Yr	School	Finals
11 Kildahl, Sean	12	Andover	2:07.51
12 Maschoff, Jake	12	St Michael-Alber	2:07.84
13 Vasquez, Chase	11	Andover	2:08.09
14 Robeck, Nathan	11	St Michael-Alber	2:10.38
15 Spencer, Mark	12	Park Center	2:11.05
16 Lehman, Jonathan	12	Coon Rapids	2:11.65
17 Herrala, Jeff	9	Anoka	2:11.98
18 Mitchell, Tanner	12	Maple Grove	2:12.00
19 Burdorf, Ben	9	St. Francis	2:14.22
20 Raze, Joshua	11	St. Francis	2:15.22
21 Juda, Phillip	12	Maple Grove	2:16.32
22 Trapp, Ryan	8	Elk River*	2:17.47
23 Mosoti, Nathon	12	Osseo	2:19.22
24 Novak, Dillion	11	Champlin Par	2:19.24
25 Erdahl, Dallas	10	Elk River*	2:19.59
26 Counce, Anthony	12	Champlin Par	2:21.59
27 Ricke, Kevin	12	Elk River*	2:22.12
28 Stutelberg, Jacob	11	Champlin Par	2:22.42

Boys 1600 Meter Run Class AAA

Name	Yr	School	Finals
1 Dullian, Blayne	11	Coon Rapids	4:24.60
2 Zutz, Adam	10	St. Francis	4:28.60
3 Fenske, Andy	11	Park Center	4:30.30
4 Autio, Jake	11	St Michael-Alber	4:31.70
5 Johanson, Peter	10	Anoka	4:33.30
6 Celis, Renzo	11	Anoka	4:33.90
7 Hartmann, Jeff	12	Osseo	4:36.70
8 Vasquez, Chase	11	Andover	4:37.30
9 Johnson, Alex	10	Maple Grove	4:37.50
10 Rodeback, Kyle	11	Champlin Par	4:37.90
11 Nielsen, Dan	10	Andover	4:40.60
12 Mason, Jake	11	Osseo	4:44.10
13 Stevens, Tyler	11	Elk River*	4:46.00
14 Kast, Andy	10	Andover	4:47.40
15 Hartmann, Brad	10	Osseo	4:51.30
16 Mehrhof, Clavin	9	Coon Rapids	4:51.50
17 Robeck, Nathan	11	St Michael-Alber	4:51.80
18 Iverson, Luke	10	Maple Grove	4:52.30
19 Salem, Sam	10	Maple Grove	4:52.60
20 Pearson, Travis	11	Anoka	4:53.80
21 Trapp, Ryan	8	Elk River*	4:54.30
22 Coughlin, Daniel	11	Coon Rapids	5:00.80
23 Kelly, Joe	10	Park Center	5:06.10
24 Blonigen, Vince	10	St. Francis	5:09.20
25 Ricke, Kevin	12	Elk River*	5:10.90
26 Oleson, Christopher	12	Champlin Par	5:11.50
27 Thunberg, Kirk	11	St. Francis	5:14.90
28 Novak, Dillion	11	Champlin Par	5:16.40
29 O'Neil, Grant	10	St Michael-Alber	5:20.30
30 Crockett, Jacob	9	Park Center	5:47.70

Boys 110 Meter Hurdles Class AAA

Name	Yr	School	Finals
1 Boye-Weah, Snonsio	12	Park Center	15.12 NWI
2 Barrett, Derek	12	Andover	15.95 NWI
3 Budish, Dave	12	Andover	15.98 NWI
4 Maloney, Ryan	12	Elk River*	16.01 NWI
5 Rice, Mark	11	Maple Grove	16.02 NWI
6 Zachmann, Evan	12	St Michael-Alber	16.38 NWI
7 Djerf, Nick	12	Osseo	16.39 NWI
8 Knoop, Jacob	12	Anoka	16.41 NWI
9 Hansen, Zachary	12	Coon Rapids	16.65 NWI
10 Probert, Michael	11	Andover	16.92 NWI
11 Peterson, Tim	10	Elk River*	16.95 NWI
12 Myren, Lance	12	Anoka	16.96 NWI
13 Buhmann, Matt	11	Elk River*	17.12 NWI
14 Yang, Jason	10	Park Center	17.15 NWI
15 Rader, Christopher	11	Coon Rapids	17.93 NWI
16 Musa, Mubarik	9	Park Center	18.09 NWI
17 Greenberg, Nolan	10	Anoka	18.75 NWI
18 Alexander, Jay	9	Champlin Par	18.81 NWI
19 Kauppi, Mitchell	11	St. Francis	19.09 NWI
20 Cleveland, Phillip	12	Champlin Par	19.12 NWI
21 Kleba, Jonathan	10	Coon Rapids	19.29 NWI
22 Foley, Alexander	11	St. Francis	19.48 NWI
23 Schmidt, Colin	12	St Michael-Alber	19.93 NWI
24 Zaiger, Baxter	9	St Michael-Alber	20.05 NWI
25 Yang, Nhia	10	St. Francis	20.15 NWI
26 Thielen, Ryan	11	Maple Grove	20.62 NWI
27 Oludayo, Daniel	11	Champlin Par	21.53 NWI
28 Erickson, Luke	11	Maple Grove	22.05 NWI

Boys 300 Meter Hurdles Class AAA

Name	Yr	School	Finals
1 Boye-Weah, Snonsio	12	Park Center	37.99
2 Djerf, Nick	12	Osseo	40.10
3 Maloney, Ryan	12	Elk River*	40.71
4 Yseth, Gavin	12	St. Francis	41.20
5 Budish, Dave	12	Andover	41.30
6 Schneider, Jason	11	Andover	41.70
7 Barrett, Derek	12	Andover	41.89
8 Myren, Lance	12	Anoka	42.97
9 Browne, Whitney	12	Osseo	42.98
10 Hansen, Zachary	12	Coon Rapids	43.44
11 Buhmann, Matt	11	Elk River*	43.49
12 Rice, Mark	11	Maple Grove	43.51
13 Rader, Christopher	11	Coon Rapids	43.73
14 Greenberg, Nolan	10	Anoka	44.64
15 Yang, Jason	10	Park Center	44.80
16 Ablamunets, Andrey	12	Maple Grove	45.13
17 Alexander, Jay	9	Champlin Par	45.34
17 Schuldt, Ben	12	Anoka	45.34
19 Peterson, Tim	10	Elk River*	45.51
20 Jacox-Mann, Arnytt	9	Osseo	46.38
21 Marsh, Taylor	11	St Michael-Alber	46.41

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

(Boys 300 Meter Hurdles Class AAA)

Name	Yr	School	Finals
22 Hagerty, Ryan	12	St Michael-Alber	46.63
23 Cleveland, Phillip	12	Champlin Par	46.73
24 Lindsay, Daniel	11	Maple Grove	46.91
25 Foley, Alexander	11	St. Francis	47.41
26 Musa, Mubarik	9	Park Center	47.61
27 Colegrove, Dallin	10	St Michael-Alber	48.48
28 Yang, James	11	St. Francis	48.70
29 Jesmire, Kristian	10	Coon Rapids	48.98
30 Segal, Nathaniel	10	Champlin Par	50.31

Boys 4x100 Meter Relay Class AAA

Team	Relay	Finals
1 Andover	A	43.10
2 Osseo	A	44.21
3 Anoka	A	44.63
4 Champlin Park	A	44.98
5 Coon Rapids	A	45.52
6 St Michael-Alber	A	45.67
7 Maple Grove	A	46.05
8 St. Francis	A	46.73
9 Park Center	A	47.20
10 Elk River*	A	47.52

Boys 4x200 Meter Relay Class AAA

Team	Relay	Finals
1 Coon Rapids	A	1:32.28
2 Osseo	A	1:32.94
3 Andover	A	1:33.75
4 St. Francis	A	1:34.01
5 Maple Grove	A	1:34.11
6 Park Center	A	1:34.81
7 Anoka	A	1:34.95
8 Champlin Park	A	1:35.45
9 St Michael-Alber	A	1:36.41
10 Elk River*	A	1:41.62

Boys 4x400 Meter Relay Class AAA

Team	Relay	Finals
1 Osseo	A	3:30.27
2 Maple Grove	A	3:32.40
3 Andover	A	3:33.71
4 Coon Rapids	A	3:35.94
5 Park Center	A	3:36.51
6 Elk River*	A	3:38.78
7 Anoka	A	3:40.98
8 St Michael-Alber	A	3:41.91
9 Champlin Park	A	3:42.28

Boys 4x800 Meter Relay Class AAA

Team	Relay	Finals
1 St Michael-Alber	A	8:18.20
2 Maple Grove	A	8:25.70
3 Coon Rapids	A	8:32.30
4 Andover	A	8:36.30

5 Anoka	A	8:38.10
6 Champlin Park	A	8:57.90
7 St. Francis	A	8:59.40
8 Osseo	A	9:04.80
9 Park Center	A	9:15.50
10 Elk River*	A	9:18.20

Boys High Jump Class AAA

Name	Yr	School	Finals
1 Ekpo, Eyo	12	Andover	6-02.00
2 Moore, Ian	12	Anoka	6-00.00
2 Mbali, Alex	10	Maple Grove	6-00.00
2 Schaaf, Darik	10	Coon Rapids	6-00.00
2 Hastings, Matt	11	Anoka	6-00.00
6 Boye-Weah, Snonsio	12	Park Center	5-10.00
6 Backous, Jerrick	11	Andover	5-10.00
6 Broman, Dan	12	Maple Grove	5-10.00
6 Djerf, Nick	12	Osseo	5-10.00
6 Berger, Taylor	11	Elk River*	5-10.00
6 Khieu, Randy	12	Champlin Par	5-10.00
12 Doran, Chris	12	Andover	5-08.00
12 Sonnefeld, Joe	10	Osseo	5-08.00
12 Buhmann, Matt	11	Elk River*	5-08.00
12 Carpenter, Joe	10	St Michael-Alber	5-08.00
12 Dixon, Emmitt	10	Osseo	5-08.00
17 Yseth, Gavin	12	St. Francis	5-06.00
17 Sylvers, David	11	Anoka	5-06.00
19 Monkam, Kevin	11	Park Center	5-04.00
19 Hoff, Phillip	10	Elk River*	5-04.00
19 Palmer, Oscar	10	Maple Grove	5-04.00
19 Chretien, Brandon	11	St Michael-Alber	5-04.00
19 McKeon, Adam	11	Champlin Par	5-04.00
24 Autio, Jake	11	St Michael-Alber	5-02.00
25 Musa, Mubarik	9	Park Center	5-00.00
25 Hansen, Zachary	12	Coon Rapids	5-00.00
25 Rios, Jared	9	Champlin Par	5-00.00

Boys Pole Vault Class AAA

Name	Yr	School	Finals
1 Schuette, Shaise	12	St. Francis	14-03.00
2 Owens, Joshua	12	Champlin Par	14-00.00
3 Sluis, Christopher	12	Anoka	13-06.00
4 Capman, Joe	12	Anoka	12-00.00
5 Backous, Jerrick	11	Andover	J12-00.00
6 Newtonson, Chase	12	Osseo	11-06.00
7 Zachmann, Evan	12	St Michael-Alber	11-06.00
8 Kuha, Brandon	11	Andover	10-06.00
9 Smulka, Andy	12	Andover	J10-06.00
10 Cardinal, Garrett	12	Champlin Par	10-00.00
11 Ruble, Paul	11	St. Francis	J10-00.00
12 Hale, Timothy	10	St. Francis	J10-00.00
13 Burkland, Clay	11	Elk River*	9-06.00
14 Hendrick, Alex	10	Coon Rapids	J9-06.00
15 Schmidt, Connor	9	St Michael-Alber	9-00.00
16 Weigel, Austin	8	Maple Grove	J9-00.00

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

(Boys Pole Vault Class AAA)

Name	Yr	School	Finals
17 Agamawi, unus	10	Maple Grove	8-00.00
17 Gnandique, Josue	10	Park Center	8-00.00
17 Crowley, Jacob	12	Champlin Par	8-00.00
17 Boggs, Eric	11	Anoka	8-00.00
21 Williams, Donovan	12	Elk River*	J8-00.00
21 Rosenbloom, Donyale	10	Park Center	J8-00.00
21 Phenow, Charlie	11	Osseo	J8-00.00
21 Metz, Zach	12	St Michael-Alber	J8-00.00

Boys Long Jump Class AAA

Name	Yr	School	Finals
1 Khieu, Randy	12	Champlin Par	22-11.00 NWI
2 Ekpo, Eyo	12	Andover	22-00.50 NWI
3 Boye-Weah, Snonsio	12	Park Center	22-00.00 NWI
4 Conner, Sam	10	Osseo	20-10.50 NWI
5 Ondrey, Gabe	12	St. Francis	20-06.25 NWI
6 McKeon, Adam	11	Champlin Par	20-00.00 NWI
7 Carpenter, Joe	10	St Michael-Alber	19-06.50 NWI
8 Palmer, Oscar	10	Maple Grove	19-06.00 NWI
9 Crutch, DeShawn	9	Andover	19-05.00 NWI
10 Giple, Theo	12	St Michael-Alber	19-04.50 NWI
11 Wilson, Daniel	12	Anoka	19-04.00 NWI
11 Hintze, Michael	10	Park Center	19-04.00 NWI
11 Rademacher, Kyle	12	Andover	19-04.00 NWI
14 Amoako, Patrick	12	Osseo	18-11.50 NWI
15 Rice, Mark	11	Maple Grove	18-11.00 NWI
16 Ablamunets, Andrey	12	Maple Grove	18-09.25 NWI
17 Quiram, Charles	10	Elk River*	18-07.50 NWI
18 Zachmann, Evan	12	St Michael-Alber	18-07.50 NWI
19 Schaaaf, Darik	10	Coon Rapids	18-06.50 NWI
20 Sanchez, Emilio	10	Anoka	18-04.50 NWI
21 Bachler, Adam	10	Anoka	18-04.00 NWI
22 Rader, Christopher	11	Coon Rapids	18-00.75 NWI
23 Her, Tonny	12	Champlin Par	17-08.50 NWI
24 Williams, Donovan	12	Elk River*	17-04.75 NWI
25 Togba, Rundell	11	Osseo	17-03.25 NWI
26 Ricke, Kevin	12	Elk River*	16-11.50 NWI
27 Theus, Shaquille	9	Coon Rapids	16-02.50 NWI

Boys Triple Jump Class AAA

Name	Yr	School	Finals
1 Ekpo, Eyo	12	Andover	44-11.50 NWI
2 Amoako, Patrick	12	Osseo	43-01.50 NWI
3 Wilson, Daniel	12	Anoka	41-11.50 NWI
4 Moore, Ian	12	Anoka	41-09.00 NWI
5 Rademacher, Kyle	12	Andover	41-06.50 NWI
6 Shaw, Jaunte	12	Park Center	41-00.00 NWI
7 Geier, Jeff	11	Andover	40-10.00 NWI
8 Carpenter, Joe	10	St Michael-Alber	40-08.00 NWI
9 Dowdy, Torren	11	Coon Rapids	40-03.00 NWI
10 Rice, Mark	11	Maple Grove	40-02.50 NWI
11 Hastings, Matt	11	Anoka	38-09.00 NWI
12 Rader, Christopher	11	Coon Rapids	38-03.50 NWI

13 Palmer, Oscar	10	Maple Grove	38-03.00 NWI
14 McKeon, Adam	11	Champlin Par	37-09.00 NWI
15 Dawson, Adam	12	Osseo	37-06.00 NWI
16 Quiram, Charles	10	Elk River*	37-00.00 NWI
17 Her, Tonny	12	Champlin Par	36-10.00 NWI
18 Lynn, Jordan	11	Park Center	36-08.00 NWI
19 Zachmann, Evan	12	St Michael-Alber	36-00.00 NWI
20 Givens, Quinten	11	Park Center	35-08.00 NWI
21 Ricke, Kevin	12	Elk River*	35-07.50 NWI
22 McConnell, Je'Bruan	12	Champlin Par	35-02.00 NWI
23 Butler, Mikhail	9	Coon Rapids	35-01.50 NWI
24 Erdahl, Dallas	10	Elk River*	34-07.00 NWI
25 Thunberg, Kirk	11	St. Francis	34-06.00 NWI
26 Chretien, Brandon	11	St Michael-Alber	34-03.00 NWI
27 Sutton, Jevell	9	Osseo	34-02.00 NWI
28 Malone, Christopher	11	Maple Grove	33-10.50 NWI

Boys Shot Put Class AAA

Name	Yr	School	Finals
1 Thompson, Chad	11	Maple Grove	51-01.00
2 Anderson, Thomas	9	Andover	50-09.00
3 Mulrooney, Kyle	12	Andover	49-02.50
4 Egan, Thomas	11	Coon Rapids	48-00.50
5 Samuelson, Nicholas	11	Coon Rapids	47-04.50
6 Amoako, Patrick	12	Osseo	46-11.50
7 Johnson, Bryce	9	Champlin Par	45-10.00
8 Heidelberg, Justin	12	Park Center	45-02.00
9 Mestrich, Phil	12	Andover	45-01.50
10 Hixson, Brandon	11	Champlin Par	44-05.50
11 Blais, Nathan	12	Champlin Par	43-09.50
12 Grengs, Shawn	12	Osseo	43-02.50
13 Otto, Ross	11	Coon Rapids	42-06.00
14 Blahut, Christoph	12	Anoka	41-03.50
15 Day, Sam	11	Anoka	40-08.50
16 Sullivan, Joe	12	Anoka	39-11.50
17 Block, Doug	12	Park Center	39-10.00
18 Voss, Zach	11	St Michael-Alber	39-04.00
19 Flower, Don	12	Osseo	38-08.00
20 Haus, Nathan	11	St. Francis	38-06.50
21 Crotteau, Joshua	11	St. Francis	38-02.00
22 Smith, Nick	10	Elk River*	37-11.00
23 Graber, Michael	10	Elk River*	36-05.00
24 Brown, Jake	11	St Michael-Alber	36-04.00
25 Kircher, Benjamin	12	St. Francis	36-03.00
26 Wallace, Tony	12	St Michael-Alber	36-02.50
27 Neisen, Sam	11	Maple Grove	35-03.00
28 Jellum, Tyler	11	Park Center	35-02.50
29 Wiemann, Kyle	9	Elk River*	33-03.00
30 Bedford, Christopher	11	Maple Grove	33-01.50

Boys Discus Throw Class AAA

Name	Yr	School	Finals
1 Lehman, Jonathan	12	Coon Rapids	170-10
2 Blais, Nathan	12	Champlin Par	150-09
3 Johnson, Bryce	9	Champlin Par	138-05

Section 4AAA True Team - 5/5/2009

Section 4AAA True Team

St Michael-Albertville HS

Results

(Boys Discus Throw Class AAA)

Name	Yr	School	Finals
4 Harper, William	11	Coon Rapids	135-11
5 Otto, Ross	11	Coon Rapids	129-11
6 Heidelberg, Justin	12	Park Center	126-01
7 Grengs, Shawn	12	Osseo	122-01
8 Mulrooney, Kyle	12	Andover	J122-01
9 Marigi, Erick	11	Champlin Par	120-11
10 Thompson, Chad	11	Maple Grove	120-07
11 Anderson, Thomas	9	Andover	120-05
12 Mestrich, Phil	12	Andover	119-06
13 Neisen, Sam	11	Maple Grove	116-08
14 Block, Doug	12	Park Center	112-00
15 Dahl-Sparks, Derek	11	Anoka	111-04
16 Hollermann, Zac	12	St Michael-Alber	111-00
17 Wallace, Tony	12	St Michael-Alber	109-05
18 Abumayaleh, Mohammed	12	Anoka	105-10
19 Haus, Nathan	11	St. Francis	105-04
20 Olson, Evan	10	Elk River*	105-02
21 Kircher, Benjamin	12	St. Francis	105-01
22 Beard, James	10	Anoka	105-00
23 Crotteau, Joshua	11	St. Francis	99-11
24 Hegland, Lucas	11	St Michael-Alber	98-08
25 Laberda, Cody	12	Osseo	95-05
26 Jellum, Tyler	11	Park Center	90-09
27 Graber, Michael	10	Elk River*	90-01
28 Flower, Don	12	Osseo	87-07
29 Nerison, Grant	10	Maple Grove	85-00
30 Meyer, Conner	10	Elk River*	84-08

Men 3200 Meter Run Class AAA

Name	Yr	School	Finals
1 Zutz, Adam	10	St. Francis	9:48.30
2 Eason, Ryan	12	Coon Rapids	9:52.50
3 Fenske, Andy	11	Park Center	9:52.80
4 Richards, Kyle	12	Champlin Par	10:07.70
5 Hartmann, Jeff	12	Osseo	10:09.60
6 Rose, John	11	Champlin Par	10:10.10
7 Mason, Jake	11	Osseo	10:11.90
8 Olson, Tyler	10	Maple Grove	10:12.80
9 Celis, Renzo	11	Anoka	10:14.10
10 Schmidt, Adam	12	Andover	10:15.40
11 Johanson, Peter	10	Anoka	10:18.30
12 Nielsen, Dan	10	Andover	10:21.30
13 Stevens, Tyler	11	Elk River*	10:23.30
14 Salonek, Carl	12	St Michael-Alber	10:24.40
15 Beyer, Matthew	12	Maple Grove	10:25.10
16 Handorff, Aaron	11	Andover	10:28.60
17 Hartmann, Brad	10	Osseo	10:30.30
18 Volk, Eric	12	Elk River*	10:34.90
19 Schroer, Sam	11	Anoka	10:51.20
20 Mann, Adam	10	Maple Grove	10:54.60
21 Phenegar, Caleb	12	Champlin Par	11:00.10
22 Nordahl, Mitchel	10	Elk River*	11:00.30
23 O'Grady, Timothy	12	Coon Rapids	11:11.90

24 Stocker, Luke	11	Coon Rapids	11:27.70
25 Nerdahl, Dan	12	St Michael-Alber	11:38.30
26 Hastings, Taylor	10	St Michael-Alber	11:44.90
27 Heimark, Drew	9	Park Center	12:15.90
28 Ehlert, Ben	9	Park Center	12:54.50

Men - Class AAA - Team Rankings - 18 Events Scored

1) Andover	1083.5
2) Anoka	913
3) Coon Rapids	811.5
4) Osseo	803
5) Champlin Park	780
6) Maple Grove	732.5
7) St. Michael-Albertville	662
8) Park Center	609.5
9) Elk River*	485.5
10) St. Francis	458.5