

Minnesota State True Team
Section 4AA Track and Field Championships
Holy Family Catholic High School - 5/5/2009
Results

Girls 100 Meter Dash Girls

Name	Yr	School	Finals
1 Nikki Elliot	11	Holy Family	13.17
2 Alyssa Rasmussen	12	Delano	13.22
3 Melanie Grangaard	12	Waconia	13.42
4 Erin Sand	12	New Prague	13.44
5 Alex Hartman	10	Belle Plaine	13.47
6 Amanda Wagner	12	New Prague	13.48
7 Kayla Christensen	8	Waconia	13.51
8 Erin Sherman	12	Benilde-St.	13.59
9 Emi Ede	11	Mound-Weston	13.61
9 Chelsea Fogarty	12	Belle Plaine	13.61
11 Katie Kemmerer	11	Holy Family	13.69
12 Erin Walters	10	Delano	13.71
13 Catherine Puckett	12	Benilde-St.	13.84
14 Korleki Akiti	10	Blake School	13.89
15 Danielle Brewer	9	Blake School	14.01
16 Brittany Beauchamp	10	Mound-Weston	14.07
17 Bethany Lewis	10	Rockford	14.64
18 Jenna Dietel	9	Jordan	15.06
19 Sarah Graham	10	Jordan	15.34
20 Allison Campbell	11	Rockford	15.67

Girls 200 Meter Dash Girls

Name	Yr	School	Finals
1 Alyssa Rasmussen	12	Delano	26.92
2 Nikki Elliot	11	Holy Family	27.26
3 Dayna Pitts	11	Mound-Weston	27.29
4 Hallie Miller	12	Waconia	27.52
5 Danielle Busch	12	New Prague	27.60
6 Katie Kemmerer	11	Holy Family	27.85
7 Emi Ede	11	Mound-Weston	27.86
8 Kayla Christensen	8	Waconia	27.89
9 Theresa Ford	12	Blake School	27.99
10 Chelsea Fogarty	12	Belle Plaine	28.00
11 Alex Hartman	10	Belle Plaine	28.28
12 Josie Dillon	9	Benilde-St.	28.40
13 Sylvia Bisek	12	New Prague	28.52
14 Ashley Danielson	11	Rockford	28.92
15 Ashley Hartman	12	Jordan	29.09
16 Erin Walters	10	Delano	29.09
17 Dakota Suko	10	Rockford	29.19
18 Hannah Horner	11	Benilde-St.	29.38
19 Audrey Fricke	10	Jordan	29.51
20 Emily Longley	9	Blake School	31.85

Girls 400 Meter Dash Girls

Name	Yr	School	Finals
1 Brit Rynda	12	New Prague	60.66
2 Alyssa Rasmussen	12	Delano	61.12
3 Chelsea Fogarty	12	Belle Plaine	62.24
4 Mary Nelson	9	Rockford	62.26
5 Jenny Fatz	10	Belle Plaine	62.58
6 Hailey Jerabek	8	Benilde-St.	63.35
7 Amanda Iverson	12	Waconia	63.40

8 Stacy Christensen	10	Waconia	63.48
9 Sarah Matthesen	10	Delano	64.18
10 Regina Joyce	10	Holy Family	64.35
11 Taylor Rookaird	10	New Prague	64.56
12 Erin Katopodis	11	Benilde-St.	65.02
13 Emma Reid	9	Blake School	65.83
14 Brittany Beauchamp	10	Mound-Weston	65.93
15 Abby Engelhart	11	Mound-Weston	66.14
16 Eva Smith	11	Blake School	67.55
17 Hannah Schonhardt	9	Holy Family	68.31
18 Jeanette Olson	10	Jordan	71.29
19 Rachel Pliego	12	Rockford	74.16
20 Britney Olson	9	Jordan	74.61

Girls 800 Meter Run Girls

Name	Yr	School	Finals
1 Elle Case	8	Jordan	2:23.72
2 Haley Fogarty	8	Belle Plaine	2:24.24
3 Jenny Hendricks	12	New Prague	2:27.76
4 Anna Pioske	8	Waconia	2:32.20
5 Julia Johnson	10	Waconia	2:32.48
6 Emily Behrman	9	Delano	2:33.90
7 Abra Owens	10	Blake School	2:34.10
8 Amanda Wagner	12	New Prague	2:34.25
9 Maureen Booth	7	Delano	2:35.45
10 Paige Sotirin	11	Mound-Weston	2:36.20
11 Sarah Koller	12	Benilde-St.	2:38.97
12 Lauren Muscala	10	Benilde-St.	2:39.37
13 Aliya Feroe	8	Blake School	2:39.55
14 Ally Ede	11	Mound-Weston	2:40.02
15 Sara Hanel	11	Holy Family	2:40.19
16 Bridget Stone	11	Holy Family	2:41.02
17 Kate Gunderson	10	Jordan	2:41.79
18 Amy Patnode	9	Rockford	2:41.94
19 Jacqueline Lommen	10	Rockford	2:42.70
20 Cassie Fink	12	Belle Plaine	2:45.44

Girls 1600 Meter Run Girls

Name	Yr	School	Finals
1 Larissa Halonen	10	Delano	5:23.92
2 Haley Fogarty	8	Belle Plaine	5:27.02
3 Molly Wick	9	New Prague	5:29.44
4 Julia Harrison	10	Mound-Weston	5:29.55
5 Alexis Willems	7	Waconia	5:33.71
6 Sarah Berlin	11	Mound-Weston	5:38.83
7 Aly Hoffman	9	Benilde-St.	5:41.03
8 Chelsea Wickenhauser	11	Waconia	5:42.87
9 Courtney Kotek	9	New Prague	5:43.00
10 Ellie Ross	9	Delano	5:50.02
11 Lauren Muscala	10	Benilde-St.	5:56.16
12 Brenna Wetsch	12	Holy Family	5:59.30
13 Kelsey Mullen	11	Holy Family	6:03.50
14 Kelsey Chambers	9	Jordan	6:05.41
15 Mikayla Bartlett	9	Rockford	6:12.76
16 KaLeigh Dwinell	8	Rockford	6:22.11

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(Girls 1600 Meter Run Girls)

Name	Yr	School	Finals
17 Audrey Greene	10	Blake School	6:22.89
18 Rachel Petroski	7	Jordan	6:32.45
19 Molly Lawson	11	Belle Plaine	6:39.02

Girls 3200 Meter Run Girls

Name	Yr	School	Finals
1 Larissa Halonen	10	Delano	11:31.06
2 Julia Harrison	10	Mound-Weston	11:47.49
3 Alexis Willems	7	Waconia	11:50.98
4 Molly Wick	9	New Prague	12:10.55
5 Clare Flanagan	7	Blake School	12:13.53
6 Sarah Berlin	11	Mound-Weston	12:15.40
7 Mackenzie Krause	9	Delano	12:17.69
8 Lauren Schoenbauer	9	New Prague	12:18.34
9 Chelsea Wickenhauser	11	Waconia	12:19.82
10 Michaela Vogel	8	Jordan	12:25.91
11 Brenna Wetsch	12	Holy Family	12:47.83
12 Hannah Orlov	12	Jordan	13:00.86
13 Ellen Schneider	12	Belle Plaine	13:11.67
14 Courtney Alpeter	10	Blake School	13:27.89
15 Kelsey Mullen	11	Holy Family	13:40.24
16 Kelly Morrison	8	Belle Plaine	13:47.93
17 Lydia Buffie	8	Rockford	14:25.80
18 Meghan VanDanacker	10	Rockford	14:38.26
19 Monica Shaffer	11	Benilde-St.	14:56.13
--- Hailey Jerabek	8	Benilde-St.	NT

Girls 100 Meter Hurdles Girls

Name	Yr	School	Finals
1 Rebecca Pederson	10	Waconia	16.79
2 Emma Brown	11	Mound-Weston	17.17
3 Sylvia Bisek	12	New Prague	17.17
4 Krista Braegelmann	9	Delano	17.47
5 Brianna Brown	10	New Prague	17.80
6 Taylor Best	10	Benilde-St.	17.99
7 Hallie Wollner	10	Mound-Weston	18.11
8 Celia Fulco	12	Benilde-St.	18.14
9 Caroline Ricard	11	Blake School	18.24
10 Clair Stier	9	Belle Plaine	18.34
11 Emily Klehr	12	Belle Plaine	18.55
12 Michelle Brickley	11	Rockford	18.72
13 Michelle O'Malley	12	Jordan	18.76
14 Ebony Panna	9	Blake School	18.79
15 Andrea Langen	11	Delano	19.41
16 Haley Kruchten	10	Waconia	19.52
17 Jordan Weeding	7	Rockford	20.12
18 Kenzi Kruger	10	Jordan	20.47
19 Rachel Baker	10	Holy Family	20.89
20 Lauren LaVelle	9	Holy Family	27.43

Girls 300 Meter Hurdles Girls

Name	Yr	School	Finals
1 Rena Kneeland	11	New Prague	46.88
2 Hallie Wollner	10	Mound-Weston	48.40

3 Laura Wondra	11	Holy Family	49.71
4 MaKayla Reimers	9	New Prague	50.48
5 Brittany Chambers	12	Jordan	50.85
6 Emma Brown	11	Mound-Weston	51.44
7 Krista Braegelmann	9	Delano	52.08
8 Celia Fulco	12	Benilde-St.	52.29
9 Lauren LaVelle	9	Holy Family	52.49
10 Katie Read	11	Belle Plaine	52.67
11 Michelle O'Malley	12	Jordan	52.70
12 Rebecca Pederson	10	Waconia	52.82
13 Taylor Best	10	Benilde-St.	53.48
14 Cathryn Grothe	9	Blake School	54.89
15 Bethany Lewis	10	Rockford	54.92
16 Emily Klehr	12	Belle Plaine	55.20
17 Andrea Langen	11	Delano	56.30
18 Emily Blease	12	Blake School	56.60
19 Paige Ehalt	9	Waconia	58.92
20 Mariah McFarland	8	Rockford	61.29

Girls 4x100 Meter Relay Girls

Team	Relay	Finals
1 Holy Family Catholic		51.65
2 Waconia		51.85
3 New Prague		52.41
3 Mound-Westonka		52.41
5 Belle Plaine		52.98
6 Benilde-St.		54.24
7 Blake School		54.73
8 Delano		55.26
9 Jordan		56.64
10 Rockford		56.66

Girls 4x200 Meter Relay Girls

Team	Relay	Finals
1 New Prague		1:47.16
2 Waconia		1:49.21
3 Mound-Westonka		1:50.14
4 Benilde-St.		1:54.11
5 Rockford		1:55.48
6 Delano		1:57.51
7 Jordan		1:59.10
8 Belle Plaine		2:00.03
9 Holy Family Catholic		2:03.02
10 Blake School		2:17.75

Girls 4x400 Meter Relay Girls

Team	Relay	Finals
1 New Prague		4:07.24
2 Waconia		4:11.17
3 Belle Plaine		4:12.64
4 Jordan		4:19.50
5 Rockford		4:20.69
6 Mound-Westonka		4:23.03
7 Delano		4:23.19
8 Benilde-St.		4:25.16
9 Blake School		4:25.78

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Team	Relay	Finals
10 Holy Family Catholic		4:29.59

Girls 4x800 Meter Relay Girls		
Team	Relay	Finals
1 New Prague		10:08.70
1) Jenny Hendricks 12	2) MaKayla Reimers 9	
3) Anna Rynda 9	4) Taylor Rookaird 10	
2 Jordan		10:17.14
1) Michaela Vogel 8	2) Kelsey Chambers 9	
3) Alex Sopata 9	4) Elle Case 8	
3 Waconia		10:19.26
4 Mound-Westonka		10:22.81
1) Abby Engelhart 11	2) Ally Ede 11	
3) Heather Hejna 11	4) Paige Sotirin 11	
5 Benilde-St.		10:32.07
1) Georgia Lucas 10	2) Kelsey Jacobson 11	
3) Sarah Koller 12	4) Hailey Jerabek 8	
6 Belle Plaine		10:41.05
1) Ellen Schneider 12	2) Cassie Fink 12	
3) Lindsay Watts 9	4) Jenny Fatz 10	
7 Holy Family Catholic		10:49.39
1) Lisa McGerr 11	2) Madeline Jensen 10	
3) Ally Gerads 12	4) Sara Hanel 11	
8 Delano		10:57.55
1) Kirsten Peterson 8	2) Marcella Pappas 7	
3) Aubrey Huss 11	4) Mackenzie Krause 9	
9 Blake School		11:07.79
1) Hudson Van Slooten 9	2) Perrin Burke 10	
3) Alison McManus 9	4) Rachel Hoops 10	
10 Rockford		11:29.86
1) Briana Gall 8	2) Emily Pothast 8	
3) Lydia Buffie 8	4) Jacqueline Lommen 10	

Girls High Jump Girls			
Name	Yr	School	Finals
1 Hannah Schonhardt	9	Holy Family	5-02.00
2 Clair Stier	9	Belle Plaine	5-00.00
3 Linnea Fitterer	12	New Prague	4-10.00
4 Kristin Carr	11	New Prague	J4-10.00
5 Caroline Ricard	11	Blake School	4-08.00
6 Theresa Ford	12	Blake School	J4-08.00
7 Kelsey Peters	11	Waconia	4-06.00
7 Noelle Wait	9	Mound-Weston	4-06.00
9 Caitie McBride	11	Jordan	J4-06.00
9 Stephanie Smith	9	Delano	J4-06.00
11 Hannah Horner	11	Benilde-St.	J4-06.00
11 Danielle Hron	11	Belle Plaine	J4-06.00
13 Taylor Best	10	Benilde-St.	J4-06.00
14 Ashley Hartman	12	Jordan	4-04.00
14 Elise Joyce	11	Holy Family	4-04.00
14 Dakota Suko	10	Rockford	4-04.00
17 Turi Hjelsand	10	Waconia	J4-04.00
18 Amelia Lax	9	Delano	4-02.00

Girls Pole Vault Girls			
Name	Yr	School	Finals
19 Kaja Huczko	12	Mound-Weston	3-10.00
1 Danielle Busch	12	New Prague	9-06.00
2 Mary Nelson	9	Rockford	J9-06.00
3 Sara Rookaird	10	New Prague	9-00.00
4 Erin Walters	10	Delano	8-06.00
5 Katie Read	11	Belle Plaine	J8-06.00
6 Emma Brown	11	Mound-Weston	8-00.00
7 Emily Balius	10	Holy Family	7-06.00
8 Melanie Grangaard	12	Waconia	J7-06.00
9 Danielle Hron	11	Belle Plaine	7-00.00
9 Molly Wollner	8	Mound-Weston	7-00.00
11 Natalie Perrine	10	Benilde-St.	J7-00.00
12 Makena Weiscamp	7	Jordan	6-00.00
13 Rachel Bilski	10	Benilde-St.	J6-00.00
14 Christina Rupp	12	Waconia	J6-00.00
15 Karly Anderson	12	Delano	J6-00.00
16 Sarah Nielsen	9	Rockford	5-00.00

Girls Long Jump Girls			
Name	Yr	School	Finals
1 Sylvia Bisek	12	New Prague	16-01.25
2 Rena Kneeland	11	New Prague	15-10.50
3 Audrey Fricke	10	Jordan	15-02.50
4 Erin Sherman	12	Benilde-St.	15-00.75
5 Laura Wondra	11	Holy Family	14-10.75
6 Emily Klehr	12	Belle Plaine	14-10.50
7 Karrie Osborn	9	Waconia	14-09.50
8 Krista Braegelmann	9	Delano	14-07.50
9 Korleki Akiti	10	Blake School	14-06.75
10 Erin Moriarty	12	Belle Plaine	14-06.25
11 Danielle Brewer	9	Blake School	14-05.50
12 Hallie Wollner	10	Mound-Weston	J14-05.50
13 Miranda Berg	9	Mound-Weston	14-02.50
14 Kayla Christensen	8	Waconia	14-00.50
15 Emily Behrman	9	Delano	13-09.25
16 Casey Teichert	11	Benilde-St.	13-07.25
17 Haley Epping	9	Holy Family	11-09.00
18 Jenna Dietel	9	Jordan	11-08.25
--- Elizabeth Riedburger	8	Rockford	ND

Girls Triple Jump Girls			
Name	Yr	School	Finals
1 Brit Rynda	12	New Prague	35-05.00
2 Alyssa Rasmussen	12	Delano	35-02.50
3 Chelsea Fogarty	12	Belle Plaine	34-11.25
4 Haley Fogarty	8	Belle Plaine	33-00.00
5 Claire Hayden	10	Benilde-St.	31-06.00
6 Erin Sherman	12	Benilde-St.	30-11.50
7 Korleki Akiti	10	Blake School	30-08.50
8 Anna Rynda	9	New Prague	30-07.50
9 Lauren Deadrick	9	Waconia	29-10.00
10 Hallie Wollner	10	Mound-Weston	29-02.50
11 Alex Sopata	9	Jordan	28-10.75

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(Girls Triple Jump Girls)

Name	Yr	School	Finals
12 Miranda Berg	9	Mound-Weston	28-07.50
13 Melanie Grangaard	12	Waconia	28-05.50
14 Rachel Hoops	10	Blake School	28-03.00
15 Jenny Gallagher	10	Delano	28-02.50
16 Meghan VanDanacker	10	Rockford	26-11.50
--- Sarah Knutson	9	Jordan	ND
--- Ashley Love	11	Rockford	ND

Girls Shot Put Girls

Name	Yr	School	Finals
1 Leah Dietel	12	Jordan	36-00.75
2 Alana Profit	11	Benilde-St.	34-01.50
3 Lindsey Reinke	10	New Prague	33-05.25
4 Alejandra Redwing	9	Holy Family	32-11.50
5 Amanda Wagner	12	New Prague	32-09.75
6 Reba Van Beusekom	11	Delano	31-08.50
7 Dakota Smith	11	Waconia	30-06.00
8 Katie Goggin	11	Holy Family	29-11.50
9 Andrea Foss	11	Blake School	29-09.50
10 Sydney Perkins	10	Blake School	29-04.25
11 Heather Hejna	11	Mound-Weston	28-10.00
12 Kelsey Lambrecht	11	Jordan	28-07.75
13 Allison Malecek	12	Delano	28-07.50
14 Cassandra Johnson	10	Rockford	26-10.25
15 Cindi Kroells	9	Belle Plaine	26-06.25
16 Caity Krieg	11	Waconia	26-05.75
17 Natalie Perrine	10	Benilde-St.	26-03.00
18 Michelle Brickley	11	Rockford	26-01.50
19 Sandy Morande	11	Mound-Weston	25-09.75
20 Elizabeth Haefner	10	Belle Plaine	23-10.25

Girls Discus Throw Girls

Name	Yr	School	Finals
1 Kristin Carr	11	New Prague	109-03
2 Elly Reinke	10	New Prague	108-07
3 Leah Dietel	12	Jordan	106-10
4 Theresa Ford	12	Blake School	104-05
5 Sarah Carthen Watson	10	Blake School	90-00
6 Kelsey Lambrecht	11	Jordan	86-05
7 Katie Goggin	11	Holy Family	84-07
8 Alejandra Redwing	9	Holy Family	84-07
9 Meghan Radde	10	Waconia	82-11
10 Reba Van Beusekom	11	Delano	82-00
11 Sara Wachholz	10	Waconia	77-07
12 Bethany Locklear	12	Delano	77-00
13 Taylor Curtiss	10	Benilde-St.	76-02
14 Cindi Kroells	9	Belle Plaine	74-10
15 Taylor Hoffman	12	Mound-Weston	72-05
16 Michelle Brickley	11	Rockford	71-11
17 Miranda Koenig	11	Belle Plaine	71-02
18 Elizabeth Klein	9	Rockford	70-03
19 Sandy Morande	11	Mound-Weston	68-07
--- Alana Profit	11	Benilde-St.	ND

Boys 100 Meter Dash Boys

Name	Yr	School	Finals
1 Justin Collins	12	Delano	11.60
2 Gavin Woodland	12	Waconia	11.74
3 Chris Holloman	11	Holy Family	11.81
4 Joseph Jetland	12	Benilde-St.	11.89
5 John Westerhaus	11	Holy Family	11.89
6 Alex Hennes	11	New Prague	11.95
7 Kyler Anderson	11	Delano	11.98
8 Kyle Wolke	10	Belle Plaine	12.11
9 Nicholas Schwartz	10	Mound-Weston	12.18
10 Austin Gould	9	New Prague	12.21
11 Darin Gregory	11	Belle Plaine	12.23
12 Nicholas Schaub	10	Rockford	12.25
13 Cody Swier	12	Waconia	12.32
14 Bryce Bolduc	12	Rockford	12.38
15 Kasey Boyd	11	Blake School	12.51
16 Benjamin Krebsbach	11	Benilde-St.	12.65
17 Tyler Othen	11	Mound-Weston	12.83
18 Lucas Simmons	9	Blake School	12.88
19 Jacob Stemig	9	Jordan	13.57

Boys 200 Meter Dash Boys

Name	Yr	School	Finals
1 Justin Collins	12	Delano	23.24
2 Kyle Buro	11	New Prague	23.78
3 Drew Revak	12	New Prague	23.83
4 Gavin Woodland	12	Waconia	23.96
5 Chris Holloman	11	Holy Family	24.24
6 Matt Linden	10	Delano	24.38
7 Andrew Schulenberg	10	Waconia	24.46
8 Kevin Hopke	12	Benilde-St.	24.51
9 Darin Gregory	11	Belle Plaine	24.88
10 Nicholas Schwartz	10	Mound-Weston	24.98
11 Michael Geer	11	Benilde-St.	25.36
12 Randy Bernal	9	Mound-Weston	25.45
13 Charlie Kern	11	Belle Plaine	25.60
14 Chris Madsen	11	Blake School	25.84
15 Patrick Christensen	12	Holy Family	25.88
16 Cameron Hastings	7	Blake School	27.10
17 Tom Fricke	11	Jordan	27.13
18 Daniel Vinson	7	Rockford	28.20
19 Kyle Hendricks	10	Jordan	29.10
20 Skyler Munch	11	Rockford	6:27.48

Boys 400 Meter Dash Boys

Name	Yr	School	Finals
1 Cameron Boy	12	Jordan	51.46
2 Justin Collins	12	Delano	52.28
3 Gavin Woodland	12	Waconia	52.60
4 Michael Kemmerer	10	Holy Family	52.89
5 Nate Schrot	10	Belle Plaine	53.21
6 Ben Verchota	12	Delano	53.23
7 Kyle Peterson	12	Mound-Weston	54.28
8 Fabien Dubbe	10	New Prague	54.51

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Name	Yr	School	Finals
9 Nic Simon	12	New Prague	54.76
10 Zack Rockers	12	Holy Family	55.01
11 Nicholas Schwartz	10	Mound-Weston	55.16
12 Soren Knutson	12	Benilde-St.	56.79
13 Arturo Schultz	11	Benilde-St.	57.07
14 Chris Madsen	11	Blake School	57.17
15 Cameron Hastings	7	Blake School	57.46
16 Pat Hartmann	12	Belle Plaine	58.13
17 Skyler Munch	11	Rockford	61.69
18 Sasha Galka	7	Rockford	64.55
19 Manuel Garcia	11	Jordan	67.36

Boys 800 Meter Run Boys

Name	Yr	School	Finals
1 Andy Wacha	12	Rockford	2:02.36
2 Byron Synstegaard	10	Waconia	2:02.88
3 Matt Rasmussen	12	Holy Family	2:03.20
4 Zach Synstegaard	10	Waconia	2:04.60
5 Scott Jensen	11	New Prague	2:05.58
6 Marty Herrmann	12	New Prague	2:06.51
7 Matthew Harrison	12	Mound-Weston	2:07.62
8 John Carney	11	Benilde-St.	2:08.03
9 Paul Greenwood	11	Delano	2:08.58
10 Mike Roth	12	Delano	2:08.82
11 Joe Smith	12	Belle Plaine	2:11.64
12 Anders Hendrickson	10	Benilde-St.	2:12.88
13 Parker Wharram	9	Mound-Weston	2:13.73
14 Adam Iversen	12	Holy Family	2:14.48
15 Tom Commers	9	Blake School	2:20.65
16 Marty Walsh	10	Belle Plaine	2:24.77
17 Kent Carlson	11	Blake School	2:25.68
18 Zachary Johnson	9	Rockford	2:26.81
19 Ezequiel Lopez	10	Jordan	2:37.70
20 Jamen Neisis	8	Jordan	2:45.57

Boys 1600 Meter Run Boys

Name	Yr	School	Finals
1 Ethan Armbruster	11	Delano	4:42.02
2 Adam Arveson	11	Delano	4:43.02
3 Pedro Velasco	11	Jordan	4:44.95
4 Drew Revak	12	New Prague	4:48.47
5 Parker Wharram	9	Mound-Weston	4:49.21
6 Neal Lambrecht	12	New Prague	4:52.69
7 Will LaVelle	11	Holy Family	4:53.21
8 Gattlin Miller	12	Waconia	4:54.55
9 Michael Schepers	12	Holy Family	4:59.70
10 Matt Barrett	12	Mound-Weston	5:02.60
11 Nick Carson	9	Waconia	5:10.54
12 Michael Sather	11	Benilde-St.	5:18.77
13 Sam Bremseth	11	Belle Plaine	5:27.40
14 Kent Carlson	11	Blake School	5:34.87
15 Dillon Stebbins	10	Belle Plaine	5:36.80
16 Tony Eichten	7	Jordan	5:41.18

17 Sam Conley	9	Benilde-St.	5:41.71
18 Dylan O'Brien	12	Rockford	5:55.16
19 Zachary Jungers	12	Rockford	6:14.29
--- Stewart Richardson	12	Blake School	NT

Boys 3200 Meter Run Boys

Name	Yr	School	Finals
1 Ethan Armbruster	11	Delano	10:17.45
2 Adam Arveson	11	Delano	10:23.16
3 Jensen Orlow	9	Holy Family	10:23.82
4 Preston Tomlinson	12	New Prague	10:25.11
5 Will LaVelle	11	Holy Family	10:25.12
6 Pedro Velasco	11	Jordan	10:26.39
7 Matthew Oestreich	12	Benilde-St.	10:29.88
8 A.J. Vanecek	10	Mound-Weston	10:36.79
9 Neal Lambrecht	12	New Prague	10:54.94
10 Gattlin Miller	12	Waconia	11:02.76
11 Brandon Clark	9	Blake School	11:05.13
12 Joe O'Neil	12	Mound-Weston	11:15.22
13 Philip Dvorak	9	Belle Plaine	11:17.84
14 Chase Grieves	9	Belle Plaine	11:20.43
15 Matthew Racchini	8	Benilde-St.	11:24.42
16 Blake Willems	9	Waconia	11:55.78
17 Marty Mercer	11	Jordan	12:27.33
18 Jordan O'Reilly	7	Rockford	12:37.37
19 Tsubasa Takaoka	10	Rockford	12:56.71

Boys 110 Meter Hurdles Boys

Name	Yr	School	Finals
1 Eric Dahl	12	Delano	16.22
2 1 WACONIA		Waconia	16.42
3 Sebastian Lindeman	12	Mound-Weston	16.62
4 Travis Collins	10	Delano	17.47
5 Dan Gauby	10	New Prague	18.68
6 Tannor Court	10	New Prague	18.79
7 Mark Kapuska	10	Waconia	19.00
8 William Lajeunesse	10	Belle Plaine	19.10
9 Christian Watts	10	Belle Plaine	19.30
10 Adam Clark	10	Holy Family	19.97
11 Patrick Christensen	12	Holy Family	20.15
12 A.J. Sherman	10	Benilde-St.	20.47
13 Zach Scheppa	12	Mound-Weston	20.47
14 Kyle Ribich	10	Benilde-St.	21.00
15 Alex Beard	10	Blake School	21.04

Boys 300 Meter Hurdles Boys

Name	Yr	School	Finals
1 Eric Dahl	12	Delano	42.27
2 Sebastian Lindeman	12	Mound-Weston	43.24
3 Travis Collins	10	Delano	43.43
4 Sean Tyree	11	Blake School	44.34
5 Nate Ristow	12	Waconia	44.86
6 Preston Tomlinson	12	New Prague	45.24
7 Andrew Schulenberg	10	Waconia	46.29
8 Dan Gauby	10	New Prague	46.99
9 William Lajeunesse	10	Belle Plaine	47.91

Minnesota State True Team
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(Boys 300 Meter Hurdles Boys)

Name	Yr	School	Finals
10 A.J. Sherman	10	Benilde-St.	48.04
11 Adam Clark	10	Holy Family	49.00
12 Brady Simonson	11	Rockford	49.51
13 Christian Watts	10	Belle Plaine	49.60
14 Zach Scheppa	12	Mound-Weston	49.60
15 Cody Pelowski	9	Jordan	49.86
16 Tom Green	8	Holy Family	49.88
17 Alex Beard	10	Blake School	51.00
18 Joe Sutton	9	Benilde-St.	52.50
19 Lee Vest	9	Jordan	54.27

Boys 4x100 Meter Relay Boys

Team	Relay	Finals
1 Holy Family Catholic		46.25
2 Delano		46.31
3 New Prague		46.63
4 Benilde-St.		47.46
5 Waconia		47.82
6 Belle Plaine		48.57
7 Mound-Westonka		48.73
8 Rockford		48.92
9 Blake School		51.74
--- Jordan		NT

Boys 4x200 Meter Relay Boys

Team	Relay	Finals
1 Delano		1:36.81
2 Benilde-St.		1:37.01
3 Belle Plaine		1:37.26
4 New Prague		1:37.80
5 Jordan		1:38.85
6 Rockford		1:39.77
7 Waconia		1:41.43
8 Holy Family Catholic		1:42.76
9 Blake School		1:52.00
--- Mound-Westonka		DQ

Boys 4x400 Meter Relay Boys

Team	Relay	Finals
1 New Prague		3:29.82
2 Holy Family Catholic		3:34.59
3 Delano		3:35.98
4 Belle Plaine		3:40.51
5 Mound-Westonka		3:41.64
6 Rockford		3:45.46
7 Waconia		3:45.57
8 Benilde-St.		3:49.28
9 Jordan		3:55.94
10 Blake School		4:07.45

Boys 4x800 Meter Relay Boys

Team	Relay	Finals
1 New Prague		8:32.60
1) Nick Hirdler 11	2) Nic Simon 12	
3) Marty Herrmann 12	4) Scott Jensen 11	
2 Waconia		8:36.22
3 Delano		8:38.14
1) Mike Roth 12	2) Ben Estby 10	
3) Lee Johnson 12	4) Paul Greenwood 11	
4 Holy Family Catholic		8:43.48
1) Michael Kemmerer 10	2) Adam Iversen 12	
3) Sam Prosser 12	4) Matt Rasmussen 12	
5 Mound-Westonka		8:55.17
1) Sergei Panchyshyn 9	2) Matthew Harrison 12	
3) A.J. Vanecek 10	4) Kyle Peterson 12	
6 Benilde-St.		9:04.35
1) Matthew Oestreich 12	2) Sam Ingbar 9	
3) Anders Hendrickson 10	4) John Carney 11	
7 Belle Plaine		9:06.62
1) Marty Walsh 10	2) Philip Dvorak 9	
3) Chase Grieves 9	4) Joe Smith 12	
8 Rockford		10:01.67
1) Dylan O'Brien 12	2) Jordan O'Reilly 7	
3) Tsubasa Takaoka 10	4) Brady Simonson 11	
9 Blake School		10:17.42
1) Korle Akiti 7	2) Tom Commers 9	
3) Lars Berg 9	4) Nick Warner 11	
10 Jordan		10:37.66
1) Tony Eichten 7	2) David Wick 8	
3) Ezequiel Lopez 10	4) Jamen Neisis 8	

Boys High Jump Boys

Name	Yr	School	Finals
1 Henry Roberts	12	Holy Family	6-00.00
2 Isaac Cross	12	New Prague	5-10.00
3 2 BELLE PLAINE		Belle Plaine	5-08.00
3 Robin Beaudot	12	Mound-Weston	5-08.00
5 Ben Smith	12	Holy Family	J5-08.00
6 Nicholas Hennen	12	Waconia	5-06.00
6 Andy Lundgren	11	Mound-Weston	5-06.00
8 Fabien Dubbe	10	New Prague	J5-06.00
9 Nate Schrot	10	Belle Plaine	5-04.00
10 Ben Grunewald	9	Benilde-St.	5-02.00
11 Ben Estby	10	Delano	J5-02.00
12 Tommy Nelson	10	Benilde-St.	J5-02.00
12 Mike Yahnke	10	Delano	J5-02.00
14 Erik Floren	10	Blake School	J5-02.00
15 Tyler Moylan	9	Belle Plaine	5-00.00
16 Lucas Simmons	9	Blake School	4-10.00
--- Cody Pelowski	9	Jordan	NH

Boys Pole Vault Boys

Name	Yr	School	Finals
1 Devon Wright	12	Belle Plaine	12-06.00
2 Noah Mooney	12	New Prague	12-00.00

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(Boys Pole Vault Boys)

Name	Yr	School	Finals
3 Alex Hennes	11	New Prague	11-06.00
4 Zach Scheppa	12	Mound-Weston	10-06.00
5 Will Wacholz	11	Delano	10-00.00
6 Gerrit Bass	10	Waconia	9-06.00
6 Brian Radick	9	Holy Family	9-06.00
8 Grant Krieger	8	Blake School	J9-06.00
9 Marty Walsh	10	Belle Plaine	9-00.00
10 Peter Mayer	11	Holy Family	J9-00.00
11 Adam Arveson	11	Delano	J9-00.00
12 Jake DeWeese	9	Jordan	8-00.00
13 Kyle Wall	12	Waconia	J8-00.00
14 Gabe Fogarty	9	Jordan	J8-00.00
15 Jared Mazurek	11	Mound-Weston	7-00.00
16 Michael Meline	9	Blake School	J7-00.00

Boys Long Jump Boys

Name	Yr	School	Finals
1 Kyle Buro	11	New Prague	19-11.25
2 Jared Wimmer	12	Holy Family	19-05.50
3 Austin Gould	9	New Prague	19-04.50
4 John Westerhaus	11	Holy Family	18-10.50
5 Nicholas Hennen	12	Waconia	18-05.00
6 Gavin Woodland	12	Waconia	18-01.75
7 Darin Gregory	11	Belle Plaine	18-01.50
8 Michael Geer	11	Benilde-St.	17-08.75
9 William Malecchan	9	Mound-Weston	17-01.50
10 Scott Dvorak	10	Jordan	16-10.50
11 Sebastian Lindeman	12	Mound-Weston	16-07.00
12 Cameron Hastings	7	Blake School	16-06.50
13 Joe Sutton	9	Benilde-St.	16-02.25
14 Justin Collins	12	Delano	15-02.50
15 Trent Epps	10	Jordan	15-02.25
16 Jordan O'Reilly	7	Rockford	12-07.25
17 Robert Brooks	8	Rockford	11-00.25
--- Ben Verchota	12	Delano	ND
--- Charlie Kern	11	Belle Plaine	ND

Boys Triple Jump Boys

Name	Yr	School	Finals
1 Jared Wimmer	12	Holy Family	40-04.25
2 Kyle Buro	11	New Prague	39-10.50
3 Alex Krause	11	Holy Family	39-06.50
4 Jay Reinke	11	New Prague	38-06.50
5 Nicholas Hennen	12	Waconia	38-04.00
6 Michael Geer	11	Benilde-St.	37-09.25
7 Joe Smith	12	Belle Plaine	37-05.50
8 Kevin Long	12	Belle Plaine	37-04.50
9 Erik Floren	10	Blake School	36-03.50
10 Reese Weber	11	Waconia	36-02.75
11 Matthew Harrison	12	Mound-Weston	35-11.75
12 Anders Hendrickson	10	Benilde-St.	35-08.75
13 Matt Linden	10	Delano	35-01.00
14 Yusuke Nakamura	12	Mound-Weston	34-11.50

15 Kasey Boyd	11	Blake School	33-08.00
16 Karsten Poulsen	8	Rockford	27-03.00
--- Jerry Wacholtz	10	Delano	ND
--- Robert Brooks	8	Rockford	ND

Boys Shot Put Boys

Name	Yr	School	Finals
1 Ben Dvorak	12	New Prague	49-02.00
2 Isaac Cross	12	New Prague	48-07.00
3 Tom Morton	12	Holy Family	48-05.50
4 Matt Green	12	Holy Family	48-00.50
5 Mike Yahnke	10	Delano	46-08.50
6 Eric Dahl	12	Delano	44-09.00
7 Patrick Krieger	10	Benilde-St.	40-09.25
8 Cody Swier	12	Waconia	40-03.50
9 Joe Sverdrup	12	Mound-Weston	39-08.00
10 William Duran-Lynn	10	Waconia	37-07.50
11 Kasey Boyd	11	Blake School	37-04.00
11 Blake Hull	10	Jordan	37-04.00
13 Joseph Hafermann	11	Benilde-St.	37-03.00
14 Nathan Kramm	11	Jordan	37-00.00
15 Roy Wordlaw	12	Rockford	36-08.00
16 Sebastian Lindeman	12	Mound-Weston	36-07.75
17 Zach Swanson	11	Rockford	36-04.00
18 Erik Floren	10	Blake School	33-03.00
19 TJ Kisor	12	Belle Plaine	32-05.00
20 Justin Dodd	10	Belle Plaine	31-02.50

Boys Discus Throw Boys

Name	Yr	School	Finals
1 Tanner Luke	11	Holy Family	130-00
2 Ben Dvorak	12	New Prague	128-00
3 Matt Green	12	Holy Family	125-08
4 Devin Sowers	11	Delano	125-07
5 Eric Dahl	12	Delano	124-10
6 Isaac Cross	12	New Prague	117-06
7 Joe Sverdrup	12	Mound-Weston	114-06
8 TJ Kisor	12	Belle Plaine	110-07
9 William Duran-Lynn	10	Waconia	106-08
10 Nathan Kramm	11	Jordan	105-07
11 Andy Olson	10	Belle Plaine	105-00
12 1 BENILDE ST MARGA		Benilde-St.	102-11
13 Joseph Hafermann	11	Benilde-St.	97-02
14 Andrew Schulenberg	10	Waconia	97-01
15 Zach Swanson	11	Rockford	93-05
16 Blake Hull	10	Jordan	92-02
17 Chris Bessette	10	Blake School	88-06
18 David Folz	11	Mound-Weston	82-01
19 John Dunn	9	Blake School	71-09
20 Karsten Poulsen	8	Rockford	70-09

Women - Girls - Team Rankings - 18 Events Scored

Minnesota State True Team
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1) New Prague	578.5
2) Waconia	441.5
3) Mound-Westonka	394
4) Delano	386.5
5) Belle Plaine/Holy Family Acade	374.5
6) Benilde-St. Margaret's	333.5
7) Holy Family Catholic	324
8) Jordan	293.5
9) Blake School	274
10) Rockford	173

Men - Boys - Team Rankings - 18 Events Scored

1) New Prague	560
2) Delano	507.5
3) Holy Family Catholic	500.5
4) Waconia	421
5) Mound-Westonka	359
6) Belle Plaine/Holy Family Acade	353.5
7) Benilde-St. Margaret's	322.5
8) Blake School	185.5
9) Jordan	175.5
10) Rockford	148