

**Minnesota State True Team**  
**Section 6 AAA - Track & Field Championship**  
**Mounds View, Minnesota - 5/5/2009**  
**Results**

**Girls 100 Meter Dash Girls**

Name	Yr	School	Finals
1 Nesbit, Stormy	12	Roseville Ar	12.48
2 Omeoga, Akuoma	11	Irondale	12.98
3 Mullin, Jenny	9	Mounds View	13.29
4 Brown, Mariah	12	St. Paul Cen	13.30
5 Kvidera, Tia	10	Spring Lk Pk	13.36
6 Lindquist, Rachel	10	Spring Lk Pk	13.39
7 Frankenfield, Mara	11	Irondale	13.46
7 Nelson, Anna	11	Mounds View	13.46
9 Titterud, Alexandra	10	Mounds View	13.49
10 Mukete, Tamara	12	Roseville Ar	13.59
11 Karngar, Melody	12	Spring Lk Pk	13.72
12 Adams, Quinesha	11	St. Paul Cen	13.88
13 Bronte, Metzger	11	Minneapolis	13.93
14 Palzer, Rebecca	12	Irondale	14.02
15 Prazak, Amy	11	Cretin-Derha	14.04
16 Prentice, Ashley	11	Minneapolis	14.13
17 El Afandi, Hana	8	Roseville Ar	14.24
18 McDermott, Marinna	10	Cretin-Derha	14.63
19 Berry-Cyprian, DeRae	10	St. Paul Cen	14.67
20 Martino Breanna, Di	9	Minneapolis	14.78
21 Doyle, Rebecca	11	Minneapolis	15.23
22 Bredahl, Madeline	11	Cretin-Derha	15.38
23 Asteu, Hiruth		Minneapolis	16.04

**Girls 200 Meter Dash Girls**

Name	Yr	School	Finals
1 Toninato, Emily	10	Mounds View	26.42
2 Omeoga, Akuoma	11	Irondale	26.70
3 Bannerman-Thompson, M	11	Roseville Ar	27.17
4 Bethke, Kelsey	10	Mounds View	27.19
5 Titterud, Alexandra	10	Mounds View	27.67
6 Brown, Mariah	12	St. Paul Cen	27.77
7 Carter, Kianna	9	Irondale	27.87
8 Sinha, Anita	10	Spring Lk Pk	27.95
9 Lindquist, Rachel	10	Spring Lk Pk	28.05
10 Johanna, Holman	11	Minneapolis	28.15
10 Frankenfield, Mara	11	Irondale	28.15
12 Bruhjell, Gabrielle	9	Cretin-Derha	28.21
13 Brown, Mackenzie	9	Spring Lk Pk	28.31
14 Wong, Sara	10	Roseville Ar	28.56
15 Prentice, Ashley	11	Minneapolis	28.99
16 Adams, Quinesha	11	St. Paul Cen	29.16
17 Flackey, Monica	9	Roseville Ar	29.24
18 Asiyah, Aziz	10	Minneapolis	29.66
19 Berry-Cyprian, DeRae	10	St. Paul Cen	30.28
20 Stephanie, Marker	9	Minneapolis	30.91
21 Odima, Julia	9	Cretin-Derha	31.76

**Girls 400 Meter Dash Girls**

Name	Yr	School	Finals
1 Wilson, Ellie	10	Roseville Ar	58.68
2 Bethke, Kelsey	10	Mounds View	59.54
3 Carter, Kianna	9	Irondale	61.01

4 Titterud, Laurisa	9	Mounds View	62.30
5 Stephanie, Washington	11	Minneapolis	62.45
6 Langlie, Mali	12	Mounds View	62.96
7 Revering, Erica	11	Minneapolis	63.36
8 Bruhjell, Gabrielle	9	Cretin-Derha	63.46
9 Gordhamer, Lauren	10	Spring Lk Pk	64.46
10 Null, Taylor	10	Roseville Ar	64.51
11 Bronte, Metzger	11	Minneapolis	64.67
12 Cloud, Cherlyn	9	Roseville Ar	64.95
13 Edith, Kowduto	12	Minneapolis	65.03
14 Sherman, Leah	9	Irondale	65.29
15 Millett, Alexandra	12	St. Paul Cen	65.37
16 Trappen, Lindsay	9	Spring Lk Pk	65.61
17 Barringer, Danielle	10	Irondale	66.54
18 Dobbs, Delaney	9	Cretin-Derha	67.88
19 Berger, Samantha	10	St. Paul Cen	67.95
20 Adu-Bobi, Pricilla	9	Spring Lk Pk	68.14
21 Robinson, Lexi	10	Minneapolis	70.37
22 Huss, Julia	10	Cretin-Derha	70.71
23 Fassett-Carman, Robin	7	Minneapolis	72.64
24 Spitzer, Emily	12	St. Paul Cen	73.64

**Girls 800 Meter Run Girls**

Name	Yr	School	Finals
1 Shelendich, Missy	12	Mounds View	2:23.69
2 Warnes, Taylor	12	Mounds View	2:25.13
3 Cogan, Elizabeth	10	Roseville Ar	2:26.10
4 Theisen, Maria	12	Minneapolis	2:27.87
5 Cordes, Allison	8	Roseville Ar	2:30.61
6 Hjelm, Lindsey	12	Mounds View	2:31.62
7 Senf, Ellen	11	St. Paul Cen	2:33.74
8 Foss, Megan	12	Roseville Ar	2:34.95
9 Picard, Alexandra	9	Spring Lk Pk	2:35.32
10 Larson, Mekea	10	St. Paul Cen	2:35.33
11 Jenna, Vagts	12	Minneapolis	2:36.48
12 Nygaard, Katrina	12	Minneapolis	2:38.18
13 Nussbaum, Anna	9	Cretin-Derha	2:42.17
14 Gantzer, Edwina	12	Minneapolis	2:42.95
15 Poster, Gretchen	11	Spring Lk Pk	2:48.65
16 McCloughan, Maddie	11	Cretin-Derha	2:50.70
17 Steger, Abigail	9	Cretin-Derha	2:55.04
18 Roy, Ellen	12	Irondale	2:55.43
19 Weber, Kelley	12	Irondale	2:55.79
20 Sophia, Kuusisto	9	Minneapolis	2:58.36
21 Bischof, Susanne	11	Irondale	3:07.82
22 McCartney, Emma	10	St. Paul Cen	3:10.29

**Girls 1600 Meter Run Girls**

Name	Yr	School	Finals
1 Dyson, Rebecca	10	Roseville Ar	5:14.37
2 Docherty, Laura	12	Cretin-Derha	5:17.23
3 Warnes, Taylor	12	Mounds View	5:24.47
4 Cordes, Allison	8	Roseville Ar	5:25.78
5 Muellner, Emily	10	Mounds View	5:28.02
6 Johnson, Brittney	10	Mounds View	5:36.87

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**(Girls 1600 Meter Run Girls)**

Name	Yr	School	Finals
7 Picard, Alexandra	9	Spring Lk Pk	5:37.95
8 Poss, Kristina	11	Roseville Ar	5:38.76
9 Gantzer, Beatrice	10	Minneapolis	5:38.98
10 Clara, Schultz	8	Minneapolis	5:42.05
11 Haukkala, Rachel	10	Minneapolis	5:50.95
12 Hoff, Katie	7	Spring Lk Pk	5:54.67
13 Leyden, Antonia	11	Cretin-Derha	5:58.64
14 McGlave, Claire	10	St. Paul Cen	6:10.08
15 Haselmann, Maura	12	Cretin-Derha	6:12.98
16 Jenna, Berkeli	9	Minneapolis	6:14.50
17 Poster, Gretchen	11	Spring Lk Pk	6:17.64
18 Roy, Ellen	12	Irondale	6:22.22
19 Tempas, Nicole	10	St. Paul Cen	6:23.84
20 Michels-Boyce, Madeline	11	Minneapolis	6:29.64
21 Harden, Lauren	12	Irondale	6:32.79
22 Bischof, Susanne	11	Irondale	6:52.55

**Girls 3200 Meter Run Girls**

Name	Yr	School	Finals
1 Dyson, Rebecca	10	Roseville Ar	11:33.90
2 Docherty, Laura	12	Cretin-Derha	11:39.21
3 Gray, Emma	10	Roseville Ar	12:03.49
4 Sally, Donovan	9	Minneapolis	12:07.68
5 Knopf, Beth	9	Mounds View	12:08.01
6 Schmitz, Anna	11	St. Paul Cen	12:08.23
7 Narigon, Lizzy	11	Mounds View	12:14.60
8 Poss, Kristina	11	Roseville Ar	12:27.56
9 Leyden, Antonia	11	Cretin-Derha	12:35.19
10 Willenbring, Laura	11	Mounds View	12:44.85
11 Jaskela, Meagan	11	Spring Lk Pk	13:05.96
12 Larson, Andrea	11	Spring Lk Pk	13:06.49
13 Packer, Kassandra	9	Spring Lk Pk	13:33.07
14 Bissonette, Betsy	12	Minneapolis	13:34.60
15 Lieberman, Jessica	9	Minneapolis	13:41.03
16 Gantzer, Edwina	12	Minneapolis	13:41.79
17 Jameson, Zoe	10	St. Paul Cen	13:51.08
18 Wieffering, Helen	9	St. Paul Cen	13:53.33
19 Johnston, Lauren	12	Irondale	14:41.88
20 Hansen, Alexandra	10	Irondale	14:44.12
21 Douvier, Katelyn	9	Irondale	15:16.91

**Girls 100 Meter Hurdles Girls**

Name	Yr	School	Finals
1 Sawtell, Kayla	11	Mounds View	15.61
2 Blaske, Anna	12	Mounds View	16.38
3 Strong, Molly	10	Cretin-Derha	16.79
4 Jones, Bria	10	Spring Lk Pk	17.00
5 Whitney, Kari	12	Spring Lk Pk	17.30
6 Nelson, Kenna	11	Mounds View	17.79
7 Whitney, Kristen	8	Spring Lk Pk	17.92
8 El Afandi, Hana	8	Roseville Ar	18.01
9 Pascavis, Emily	10	Roseville Ar	18.41
10 Saulsberry, Carolyn	9	Minneapolis	18.86

11 Saulsberry, Marolyn	9	Minneapolis	18.96
12 Asiyah, Aziz	10	Minneapolis	19.07
13 Ellen, Kranz	11	Minneapolis	19.19
14 Jones, Catavia	12	St. Paul Cen	20.06
15 Jackson, Kiara	11	St. Paul Cen	20.19
16 Rogers, Brittney	10	Irondale	20.50
17 Venus, Nakita	9	St. Paul Cen	20.51
18 Awode, Abigail	10	Cretin-Derha	20.55
19 Lee, Maita	9	Roseville Ar	20.59
20 Tosu, Amanda	10	Irondale	21.21
21 Wallace, Autumn	9	Irondale	21.55
22 Vosbeek, Katherine	10	Cretin-Derha	23.21
23 Doyle, Rebecca	11	Minneapolis	24.53

**Girls 300 Meter Hurdles Girls**

Name	Yr	School	Finals
1 Sawtell, Kayla	11	Mounds View	48.07
2 Lucken, Emma	11	Roseville Ar	48.59
3 Blaske, Anna	12	Mounds View	48.64
4 Whitney, Kari	12	Spring Lk Pk	49.04
5 Salmanpour, Sophia	10	Roseville Ar	49.13
6 Flackey, Monica	9	Roseville Ar	50.11
7 Schultz, Lauren	10	Mounds View	50.19
8 Whitney, Kristen	8	Spring Lk Pk	50.65
9 Ellen, Kranz	11	Minneapolis	51.03
10 Sherman, Lauren	12	Irondale	51.94
11 Kiah, Zellner-Smith	11	Minneapolis	52.38
12 Pieper, Sarah	10	Irondale	52.62
13 Krenz, Mina	9	Minneapolis	53.84
14 Venus, Nakita	9	St. Paul Cen	54.42
15 Saulsberry, Marolyn	9	Minneapolis	55.14
16 Saulsberry, Carolyn	9	Minneapolis	56.26
17 Tosu, Amanda	10	Irondale	58.08
18 Vosbeek, Katherine	10	Cretin-Derha	61.25
19 Awode, Abigail	10	Cretin-Derha	71.27
20 Jackson, Kiara	11	St. Paul Cen	73.94
21 Willis, Damionna	9	St. Paul Cen	74.49

**Girls 4x100 Meter Relay Girls**

Team	Relay	Finals
1 Roseville Area		49.95
1) Mukete, Tamara 12	2) Bannerman-Thompson, Mar	
3) Wong, Sara 10	4) Nesbit, Stormy 12	
2 Spring Lk Pk		51.20
3 Irondale		52.48
4 St. Paul Central*		52.72
5 Cretin-Derham Hall		55.77
6 Minneapolis South		55.89
7 Minneapolis Southwest		58.28
--- Mounds View		DQ

**Girls 4x200 Meter Relay Girls**

Team	Relay	Finals
1 Roseville Area		1:44.86
1) Bannerman-Thompson, Mar	2) Wong, Sara 10	
3) Wilson, Ellie 10	4) Nesbit, Stormy 12	

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**(Girls 4x200 Meter Relay Girls)**

Team	Relay	Finals
2 Mounds View		1:46.46
3 Irondale		1:48.43
4 Spring Lk Pk		1:51.76
5 Minneapolis South		1:52.45
6 Minneapolis Southwest		1:54.31
7 Cretin-Derham Hall		1:56.12
8 St. Paul Central*		2:04.15

**Girls 4x400 Meter Relay Girls**

Team	Relay	Finals
1 Mounds View		4:05.63
1) Warnes, Taylor 12	2) Langlie, Mali 12	
3) Titterud, Laurisa 9	4) Shelendich, Missy 12	
2 Roseville Area		4:05.73
3 Minneapolis Southwest		4:20.68
4 Minneapolis South		4:23.48
5 Spring Lk Pk		4:29.50
6 St. Paul Central*		4:34.08
7 Irondale		4:37.21
8 Cretin-Derham Hall		4:55.0h

**Girls 4x800 Meter Relay Girls**

Team	Relay	Finals
1 Mounds View		9:42.89
1) Shelendich, Missy 12	2) Knopf, Beth 9	
3) Johnson, Brittney 10	4) Hjelm, Lindsey 12	
2 Roseville Area		9:44.68
3 Minneapolis South		10:24.69
4 St. Paul Central*		10:24.73
5 Spring Lk Pk		10:41.51
6 Minneapolis Southwest		11:34.30
7 Irondale		11:39.96

**Girls High Jump Girls**

Name	Yr	School	Finals
1 Smith, Devyn	12	Roseville Ar	5-00.00
2 Pashibin, Tatyana	9	Minneapolis	5-00.00
3 Trappen, Lindsay	9	Spring Lk Pk	5-00.00
4 Mullin, Jenny	9	Mounds View	4-10.00
5 Hardy, Carlisa	11	St. Paul Cen	4-10.00
6 Whitney, Kari	12	Spring Lk Pk	4-10.00
7 Schendel, Tana	9	Mounds View	4-10.00
8 Lauck, Megan	11	Mounds View	4-08.00
9 Brandt, Mary	11	Irondale	4-06.00
10 Bailey, Keara	11	Minneapolis	4-06.00
11 Strong, Molly	10	Cretin-Derha	4-06.00
12 Jones, Catavia	12	St. Paul Cen	4-06.00
13 Ellen, Kranz	11	Minneapolis	4-06.00
14 Getting, Madeline	9	Roseville Ar	4-04.00
15 Lindsey, Rayna	9	Minneapolis	4-04.00
16 Bronte, Metzger	11	Minneapolis	4-04.00
16 Brintnell, Kristin	11	St. Paul Cen	4-04.00
18 Martino Breanna, Di	9	Minneapolis	4-04.00
19 Jolly, Caitlyn	8	Roseville Ar	4-02.00

20 Tosu, Amanda	10	Irondale	4-00.00
21 Goneau, Lauren	11	Irondale	4-00.00
--- Jones, Bria	10	Spring Lk Pk	NH

**Girls Pole Vault Girls**

Name	Yr	School	Finals
1 Zerfas, Camille	11	Mounds View	9-00.00
1 Swanberg, Emily	10	Irondale	9-00.00
3 Le Garde, Rhiannon	12	Mounds View	9-00.00
4 Whitney, Kristen	8	Spring Lk Pk	8-06.00
5 Pieper, Sarah	10	Irondale	8-06.00
6 Kanning, Emma	9	Irondale	8-06.00
7 Lawrence, Megan	11	Roseville Ar	8-00.00
8 Saiko, Megan	10	Roseville Ar	8-00.00
9 DeMario, Randi	11	Mounds View	7-06.00
10 Hoffman, Amy	9	Spring Lk Pk	7-06.00
11 Dobbs, Delaney	9	Cretin-Derha	6-06.00
12 Krenz, Mina	9	Minneapolis	6-06.00
12 Whiting, Nicole	11	Roseville Ar	6-06.00
--- Lauren, Hansen	12	Minneapolis	NH
--- Rachel, Kranz	9	Minneapolis	NH
--- Michelle, Thomas	11	Minneapolis	NH
--- Smith, Elizabeth	9	Minneapolis	NH
--- Jaskela, Meagan	11	Spring Lk Pk	NH
--- Hanneman, Jane	9	Minneapolis	NH

**Girls Long Jump Girls**

Name	Yr	School	Finals
1 Sawtell, Kayla	11	Mounds View	17-00.25
2 Wong, Sara	10	Roseville Ar	16-10.25
2 Toninato, Emily	10	Mounds View	16-10.25
4 Christenson, Francie	12	Cretin-Derha	16-01.25
5 Omeoga, Akuoma	11	Irondale	16-00.25
6 Whitney, Kari	12	Spring Lk Pk	15-06.25
7 Brown, Mariah	12	St. Paul Cen	15-05.00
7 Pascavis, Emily	10	Roseville Ar	15-05.00
9 Karngar, Melody	12	Spring Lk Pk	14-11.75
10 Wiese, Sarah	10	Irondale	14-08.75
11 Whitney, Kristen	8	Spring Lk Pk	14-07.75
12 El Afandi, Hana	8	Roseville Ar	14-06.00
13 Schletty, Anne	10	Cretin-Derha	14-04.25
14 Jenna, Vagts	12	Minneapolis	14-03.00
15 de Meireles, Camille	12	Mounds View	14-02.25
16 Pashibin, Tatyana	9	Minneapolis	14-01.25
17 Adams, Quinesha	11	St. Paul Cen	13-07.00
18 Goneau, Lauren	11	Irondale	13-03.25
19 Prentice, Ashley	11	Minneapolis	13-03.00
20 Anderson, Gretchen	11	Minneapolis	13-00.50
21 Holmes, Erin	9	St. Paul Cen	12-07.00
--- Chloe, Collins	11	Minneapolis	ND

**Girls Triple Jump Girls**

Name	Yr	School	Finals
1 Nesbit, Stormy	12	Roseville Ar	38-00.50
2 Christenson, Francie	12	Cretin-Derha	33-08.00
3 Stuart, Megan	10	Roseville Ar	32-11.00

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**Section 6 AAA - Track & Field Championship**  
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**Results**

**(Girls Triple Jump Girls)**

Name	Yr	School	Finals
4 Millett, Alexandra	12	St. Paul Cen	32-04.00
5 de Meireles, Camille	12	Mounds View	32-00.50
5 Roberts, Makela	12	Irondale	32-00.50
7 Pascavis, Emily	10	Roseville Ar	31-09.50
8 Jackson, Bri	11	Cretin-Derha	31-09.00
9 Pieper, Sarah	10	Irondale	31-05.50
10 Senyk, Erika	10	Mounds View	31-04.50
11 Justinak, Sophie	9	Spring Lk Pk	31-02.00
12 Mueller, Emily	10	Mounds View	30-11.50
13 Schletty, Anne	10	Cretin-Derha	30-10.50
14 Eckman, Erin	12	Spring Lk Pk	30-10.00
15 Sherman, Lauren	12	Irondale	30-09.00
16 Justinak, Hayley	9	Spring Lk Pk	30-07.00
17 Jones, Catavia	12	St. Paul Cen	29-07.00
18 Lindsey, Rayna	9	Minneapolis	28-07.00
19 Bailey, Brenna	9	Minneapolis	25-10.50
20 Hanneman, Jane	9	Minneapolis	25-04.50
--- Brintnell, Kristin	11	St. Paul Cen	ND

**Girls Shot Put Girls**

Name	Yr	School	Finals
1 Burich, Janae	12	Roseville Ar	38-08.00
2 Nyquist, Ashley	12	Mounds View	37-05.50
3 de Meireles, Camille	12	Mounds View	36-09.50
4 Miko, Gizella	12	Spring Lk Pk	33-01.00
5 Windsor, Katherine	11	Roseville Ar	32-11.00
6 Gelbmann, Christine	10	Mounds View	31-05.00
7 Hardy, Carlisa	11	St. Paul Cen	31-04.50
8 Jackson, Bri	11	Cretin-Derha	31-03.50
9 Ejiofor, Marylovelyn	11	Irondale	30-06.50
10 Wilson, LeNora	12	St. Paul Cen	30-05.00
11 Fraser, Anna	11	Cretin-Derha	30-04.00
11 Krumme, Paige	11	Spring Lk Pk	30-04.00
13 Conley, Jasmine	12	St. Paul Cen	28-02.50
14 Dunnigan, Elisha	10	Irondale	28-01.50
15 Ojika, Emily	9	Irondale	27-01.00
16 Kuhens, Kristin	11	Roseville Ar	25-09.50
17 Jazzmin, Bauer	10	Minneapolis	25-03.00
18 Dianna, Martin	11	Minneapolis	23-11.00
19 Prazak, Amy	11	Cretin-Derha	23-05.50
20 Johnson, Annalesa	10	Minneapolis	23-02.00
21 Revering, Erica	11	Minneapolis	20-09.50
22 Deanna, Smith	9	Minneapolis	20-01.00
23 Bickal, Lydia	10	Minneapolis	18-10.00
--- Jochum, Kayla	11	Spring Lk Pk	ND

**Girls Discus Throw Girls**

Name	Yr	School	Finals
1 Wilson, LeNora	12	St. Paul Cen	117-06
2 Stoltz, Natalie	10	Mounds View	115-05
3 Lauck, Megan	11	Mounds View	113-08
4 Windsor, Katherine	11	Roseville Ar	112-05
5 Schmidt, Erica	11	Roseville Ar	109-00

6 Wedell, Natalie	12	Mounds View	105-11
7 Burich, Janae	12	Roseville Ar	103-09
8 Miko, Gizella	12	Spring Lk Pk	101-03
9 Krumme, Paige	11	Spring Lk Pk	101-00
10 Mallory, Cramer	12	Minneapolis	88-07
11 Dunnigan, Elisha	10	Irondale	88-01
12 Conley, Jasmine	12	St. Paul Cen	84-01
13 Ejiofor, Marylovelyn	11	Irondale	76-05
14 Stafford, Britney	10	Spring Lk Pk	76-02
15 Larson, Alexandra	12	Irondale	76-01
16 Hardy, Carlisa	11	St. Paul Cen	75-02
17 Johnson, Annalesa	10	Minneapolis	71-03
18 Jackson, Bri	11	Cretin-Derha	70-05
19 Diehl, Briget	10	Minneapolis	69-01
20 Prazak, Amy	11	Cretin-Derha	61-08
21 Deanna, Smith	9	Minneapolis	61-02
22 Fraser, Anna	11	Cretin-Derha	59-07
23 Summer, Gonzalez-Ouitt	9	Minneapolis	56-09

**Boys 100 Meter Dash Boys**

Name	Yr	School	Finals
1 Lewis, Andrew	10	St. Paul Cen	11.19
2 Ojika, ChiChi	12	Irondale	11.21
3 Mbayu, Larry	11	Roseville Ar	11.38
4 Krause, Mitchell	10	Mounds View	11.48
5 Johnson, Daanjerae	12	St. Paul Cen	11.49
5 Hawkins, Davonte	11	St. Paul Cen	11.49
7 Amoloja, Henry	11	Roseville Ar	11.64
8 El-Afandi, Caleb	10	Roseville Ar	11.69
9 Sunderland, Kegan	12	Spring Lk Pk	11.73
10 McKay, Eric	12	Mounds View	11.76
11 Emberly, Sean	10	Mounds View	11.79
12 Fleck, Devon	10	Spring Lk Pk	11.96
13 Joshua, Ellis	12	Minneapolis	12.03
14 Little, Justin	10	Spring Lk Pk	12.05
15 Perron, Spencer	11	Cretin-Derha	12.16
16 March, Zachery	10	Cretin-Derha	12.17
17 Gandy, Reginald	10	Minneapolis	12.42
18 Mark, Akpaka	9	Minneapolis	12.44
19 Schultz, Karl	10	Irondale	12.54
20 Linehan, Bryan	10	Cretin-Derha	12.90
21 Gandy, Greg	12	Minneapolis	13.03
22 Franklin, Laking	11	Irondale	13.06

**Boys 200 Meter Dash Boys**

Name	Yr	School	Finals
1 Lewis, Andrew	10	St. Paul Cen	22.41
2 Ojika, ChiChi	12	Irondale	22.53
3 Amoloja, Charles	12	Roseville Ar	22.89
4 Galss, Malik	10	St. Paul Cen	23.02
5 McKay, Eric	12	Mounds View	23.30
6 Mbayu, Larry	11	Roseville Ar	23.40
7 Hawkins, Davonte	11	St. Paul Cen	23.53
7 Sunderland, Kegan	12	Spring Lk Pk	23.53
9 Krause, Mitchell	10	Mounds View	23.54

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**(Boys 200 Meter Dash Boys)**

Name	Yr	School	Finals
10 Korngor, Karimu	10	Irondale	23.81
11 Ambrose, Achua	12	Minneapolis	23.88
12 Tarlue, Zarkpa	12	Spring Lk Pk	24.42
13 Hubbard, Wilbur	10	Roseville Ar	24.49
14 Goodin, Corey	12	Irondale	24.69
15 Emberly, Sean	10	Mounds View	24.90
16 Dykes, Zach	11	Spring Lk Pk	24.93
17 March, Zachery	10	Cretin-Derha	25.03
18 Townsend, Marques	12	Minneapolis	25.20
19 Gardner, Max	9	Cretin-Derha	25.52
20 Wikstrom, Jake	10	Cretin-Derha	25.58
21 Naga, Romicho	11	Minneapolis	25.90

**Boys 400 Meter Dash Boys**

Name	Yr	School	Finals
1 Amoloja, Charles	12	Roseville Ar	50.15
2 McKay, Eric	12	Mounds View	51.43
3 Tarlue, Zarkpa	12	Spring Lk Pk	52.16
4 Allen, Zach	11	Roseville Ar	53.23
5 Holt, Jason	10	Roseville Ar	53.40
6 Russel, Josh	10	Cretin-Derha	53.60
7 Miller, Tony	12	Mounds View	54.57
8 Dornbush, Jordan	10	Mounds View	54.81
9 Alexander, Zachary	12	Minneapolis	55.20
10 Ambrozich, Chris	9	Spring Lk Pk	55.56
11 Henderson, Martin	10	St. Paul Cen	55.78
12 Dykes, Zach	11	Spring Lk Pk	55.90
13 Johnson, Ezekiel	10	Irondale	55.99
14 Cooper, Grant	12	Irondale	56.16
15 Wehrwein, David	10	St. Paul Cen	57.09
16 Olson, Nathan	9	Minneapolis	57.53
17 Dehnbostel, Mike	12	Irondale	57.85
18 Roth, Evan	9	Cretin-Derha	58.10
19 Gardner, Max	9	Cretin-Derha	59.22
20 Devante, Kearney	9	Minneapolis	59.75
21 Johnson, Eli	10	Minneapolis	59.80
22 Carlo, Balleria	10	Minneapolis	61.21
23 Parens, Elliot	10	St. Paul Cen	61.62

**Boys 800 Meter Run Boys**

Name	Yr	School	Finals
1 Holt, John	12	Roseville Ar	1:58.37
2 Ben, Halbach	11	Minneapolis	2:00.65
3 Cheever, Dylan	12	Minneapolis	2:00.68
4 Schafer, Matt	12	Irondale	2:01.28
5 Dunfee, Kelin	12	St. Paul Cen	2:01.55
6 Graham, Colton	12	Roseville Ar	2:01.93
7 Magnuson, David	11	Mounds View	2:03.56
8 Peterson, John	10	Irondale	2:04.61
9 Haas, Mark	11	Roseville Ar	2:06.35
10 Carlson-Stevermer, Jared	12	Mounds View	2:06.59
11 Wiley, Daron	12	Irondale	2:10.68
12 Michael, Seely	12	Minneapolis	2:13.97

13 Bue, Milo	9	Cretin-Derha	2:14.99
14 Wehrwein, David	10	St. Paul Cen	2:15.54
15 Storrar, Robert	12	Mounds View	2:15.63
16 Jancik, Thomas	10	Cretin-Derha	2:16.62
17 Radecki, Zachary	10	Spring Lk Pk	2:17.03
18 Monson, Reed	10	Minneapolis	2:17.64
19 Chace, Russell	10	Minneapolis	2:18.43
20 Tibstra, Michael	12	Spring Lk Pk	2:20.46
21 Opdahl, Mitch	10	Spring Lk Pk	2:22.45
22 Alexander, Jesse	11	Minneapolis	2:25.97

**Boys 1600 Meter Run Boys**

Name	Yr	School	Finals
1 Holt, John	12	Roseville Ar	4:19.98
2 Robel, Kebede	12	Minneapolis	4:30.75
3 Slavomir, Tkac	12	Minneapolis	4:33.13
4 Graham, Colton	12	Roseville Ar	4:33.75
5 Van Voorhis-Horn, Michae	11	St. Paul Cen	4:35.81
6 Mountain, Tom	11	Cretin-Derha	4:36.69
7 Alex, Ciesielski	11	Minneapolis	4:37.17
8 Cockriel, Nick	10	Spring Lk Pk	4:40.37
9 Peterson, John	10	Irondale	4:40.71
10 Schafer, Matt	12	Irondale	4:43.01
11 Magnuson, David	11	Mounds View	4:45.02
12 Hess, Devin	11	Mounds View	4:46.01
13 Roozen, Zachary	9	Mounds View	4:47.28
14 Brisbois, James	11	Roseville Ar	4:48.65
15 Hobson, Marquez	11	Minneapolis	4:48.83
16 Darkstar, Dakota	11	Minneapolis	4:49.18
17 Benti, Surra	11	Irondale	4:53.95
18 Kraska, Joseph	12	Spring Lk Pk	4:56.14
19 Lawson, Chris	9	Spring Lk Pk	4:56.18
20 Anderson, Brett	12	Minneapolis	5:08.61
21 Kendrick, Thomas	10	St. Paul Cen	5:25.52
22 Schreier, Zachary	9	Cretin-Derha	6:25.61

**Boys 3200 Meter Run Boys**

Name	Yr	School	Finals
1 Abdelkhalig, Tarek	11	Irondale	10:03.49
2 Jarso, Kamal	11	St. Paul Cen	10:10.06
3 Smith, Sam	12	St. Paul Cen	10:12.21
4 McBurney, Michael	10	Roseville Ar	10:12.67
5 Johnson, Matt	9	Irondale	10:16.96
6 Hess, Devin	11	Mounds View	10:22.86
7 Mountain, Tom	11	Cretin-Derha	10:24.90
8 Elfstrom, Sam	9	Roseville Ar	10:26.03
9 Stenlund, Tim	12	Roseville Ar	10:33.92
10 Kahat, David	10	Mounds View	10:34.19
11 Andy, Keefe	11	Minneapolis	10:42.20
12 Wieffering, Freddy	12	St. Paul Cen	10:43.40
13 Dehnbostel, Mike	12	Irondale	10:58.62
14 Winter, Maxwell	9	Minneapolis	10:59.88
15 Nelson, Michael	12	Mounds View	11:01.00
16 Bye, Alex	10	Minneapolis	11:29.15
17 Anderson, Brett	12	Minneapolis	11:31.56

**Minnesota State True Team**  
**Section 6 AAA - Track & Field Championship**  
**Mounds View, Minnesota - 5/5/2009**

**Results**

**(Boys 3200 Meter Run Boys)**

Name	Yr	School	Finals
18 Hamdi, Ahbulohi	9	Minneapolis	11:41.63
19 Temesgen, Fekadu	10	Minneapolis	11:44.26
20 Heinz, Christopher	10	Cretin-Derha	11:46.77

**Boys 110 Meter Hurdles Boys**

Name	Yr	School	Finals
1 Warren, Matt	12	Roseville Ar	16.07
2 Lee, Cameron	12	Irondale	16.18
3 Kablan, Anthony	12	Roseville Ar	16.28
4 Fleigle, Kristopher	11	Mounds View	16.29
5 Vollhaber, Charles	12	Mounds View	16.33
6 Wells, Emeche	9	Roseville Ar	16.59
7 Mikulic, Dennis	11	Mounds View	17.24
8 Parrill, Chris	11	Irondale	17.33
9 Morris, Walter	12	Spring Lk Pk	18.00
10 Seevers, Yoni	12	Irondale	18.23
11 Hesse, Anton	10	Minneapolis	19.08
12 Vanderwall, Cameran	10	St. Paul Cen	19.20
13 Perra, Cameron	10	Cretin-Derha	19.22
14 Sherman, Alexander	9	St. Paul Cen	20.29
15 Elijah, Ellison	9	Minneapolis	20.38
16 Whitney, Trevor	10	Spring Lk Pk	20.75
17 Hennessey, Shane	9	Cretin-Derha	20.93
18 Bonniwell, Steven	9	Minneapolis	21.59
19 Washington, Javante	9	Cretin-Derha	21.67

**Boys 300 Meter Hurdles Boys**

Name	Yr	School	Finals
1 Kablan, Anthony	12	Roseville Ar	41.13
2 Parrill, Chris	11	Irondale	41.97
3 El-Afandi, Caleb	10	Roseville Ar	42.03
4 Mikulic, Dennis	11	Mounds View	42.40
5 Wells, Emeche	9	Roseville Ar	42.58
6 Vollhaber, Charles	12	Mounds View	42.69
7 Morris, Walter	12	Spring Lk Pk	43.72
8 Fleigle, Kristopher	11	Mounds View	44.72
9 Hesse, Anton	10	Minneapolis	44.93
10 Whitney, Trevor	10	Spring Lk Pk	45.43
11 Houfek, Brad	9	Irondale	45.83
12 Lee, Cameron	12	Irondale	45.85
13 Sherman, Alexander	9	St. Paul Cen	46.56
14 Perra, Cameron	10	Cretin-Derha	46.72
15 John, Spruth	11	Minneapolis	47.90
16 Thomazin, Matthew	9	Minneapolis	49.19
17 Elijah, Ellison	9	Minneapolis	49.22
18 Bonniwell, Steven	9	Minneapolis	49.92
19 Hennessey, Shane	9	Cretin-Derha	50.42
20 Washington, Javante	9	Cretin-Derha	57.45

**Boys 4x100 Meter Relay Boys**

Team	Relay	Finals
1 St. Paul Central*		43.96
1) Lewis, Andrew 10	2) Montgomery, Keenan 11	
3) Galss, Malik 10	4) Johnson, Daanjeræe 12	

2 Irondale	44.71
3 Roseville Area	44.79
4 Spring Lk Pk	44.93
5 Mounds View	45.69
6 Cretin-Derham Hall	46.81
7 Minneapolis South	48.04
8 Minneapolis Southwest	48.73

**Boys 4x200 Meter Relay Boys**

Team	Relay	Finals
1 Minneapolis South		1:30.77
1) Ambrose, Achua 12	2) Joshua, Ellis 12	
3) Alex, Nelson 12	4) Christopher, Hatcher 11	
2 St. Paul Central*		1:31.57
3 Roseville Area		1:34.09
4 Spring Lk Pk		1:35.39
5 Irondale		1:36.12
6 Mounds View		1:37.99
7 Minneapolis Southwest		1:38.46
8 Cretin-Derham Hall		1:40.46

**Boys 4x400 Meter Relay Boys**

Team	Relay	Finals
1 Minneapolis South		3:30.21
1) Christopher, Hatcher 11	2) Slavomir, Tkac 12	
3) Robel, Kebede 12		
2 Spring Lk Pk		3:34.49
3 Roseville Area		3:35.55
4 Irondale		3:36.42
5 Mounds View		3:38.63
6 Minneapolis Southwest		3:46.92
7 St. Paul Central*		3:49.05
8 Cretin-Derham Hall		3:59.92

**Boys 4x800 Meter Relay Boys**

Team	Relay	Finals
1 Minneapolis Southwest		8:19.83
2 St. Paul Central*		8:26.45
3 Roseville Area		8:29.29
4 Mounds View		8:34.07
5 Irondale		8:43.62
6 Minneapolis South		9:07.03
7 Cretin-Derham Hall		9:24.69
8 Spring Lk Pk		9:32.73

**Boys High Jump Boys**

Name	Yr	School	Finals
1 Kablan, Anthony	12	Roseville Ar	6-06.00
2 Wigfall, Carlos	12	Minneapolis	6-04.00
3 Gehlen, Gus	11	Cretin-Derha	6-02.00
4 Cheever, Dylan	12	Minneapolis	6-00.00
5 Adams, Justin	10	Roseville Ar	6-00.00
6 Carroll, Jacob	10	Mounds View	6-00.00
7 Bazan, Bryce	10	Mounds View	5-10.00
8 Ojika, ChiChi	12	Irondale	5-08.00
9 Naga, Romicho	11	Minneapolis	5-08.00

**Minnesota State True Team**  
**Section 6 AAA - Track & Field Championship**  
**Mounds View, Minnesota - 5/5/2009**

**Results**

**(Boys High Jump Boys)**

Name	Yr	School	Finals
10 Mitchell, Davontay	12	Roseville Ar	5-08.00
11 Todd, Brandon	12	Spring Lk Pk	5-06.00
12 Bradway, Samuel	11	Mounds View	5-06.00
13 Sprang, Derek	10	Irondale	5-04.00
13 Sunderland, Kegan	12	Spring Lk Pk	5-04.00
13 Galss, Malik	10	St. Paul Cen	5-04.00
16 Shadduck, David	9	Spring Lk Pk	5-02.00
17 Anderson, Shawn	9	Minneapolis	5-00.00
--- Houfek, Brad	9	Irondale	NH

**Boys Pole Vault Boys**

Name	Yr	School	Finals
1 Kosiak, Mike	12	Mounds View	13-07.00
2 Khong, Victor	12	Mounds View	13-07.00
3 Johnson, Connor	11	Mounds View	13-00.00
4 Seevers, Yoni	12	Irondale	12-06.00
5 Weber, Matthew	12	Spring Lk Pk	12-06.00
6 Nemec, Matt	12	Roseville Ar	12-00.00
7 Morris, Walter	12	Spring Lk Pk	12-00.00
8 Spencer, Dean	11	Roseville Ar	11-00.00
9 O'Connor, Kyle	11	Roseville Ar	10-06.00
10 Abel, Timothy	10	Irondale	10-00.00
11 Stromme, Max	11	Cretin-Derha	10-00.00
12 Perron, Spencer	11	Cretin-Derha	9-00.00
12 Sprang, Josh	12	Irondale	9-00.00
14 Dering, Jacob	10	Spring Lk Pk	8-00.00
--- John, Thome	10	Minneapolis	NH
--- Alex, Deparde	10	Minneapolis	NH
--- Rotvold, Scott	11	Cretin-Derha	NH
--- Porter, Jonathan	9	Minneapolis	NH

**Boys Long Jump Boys**

Name	Yr	School	Finals
1 Lewis, Andrew	10	St. Paul Cen	20-07.50
2 Hengstler, Tony	11	Mounds View	19-08.00
3 Montgomery, Keenan	11	St. Paul Cen	19-07.00
4 Wells, Emeche	9	Roseville Ar	19-06.00
5 Moran, Alexi	11	Roseville Ar	19-05.50
6 Shadduck, David	9	Spring Lk Pk	19-04.50
7 Vollhaber, Charles	12	Mounds View	19-04.00
7 Carroll, Jacob	10	Mounds View	19-04.00
9 Adams, Justin	10	Roseville Ar	19-02.50
10 Barringer, Zach	12	Irondale	18-10.50
11 McKinney, Trayvon	9	Minneapolis	17-05.50
12 Sunderland, Colton	10	Spring Lk Pk	17-04.50
13 Dykes, Nathan	9	Spring Lk Pk	17-03.50
14 Roth, Evan	9	Cretin-Derha	17-00.75
15 Gandy, Greg	12	Minneapolis	16-11.50
15 Russel, Josh	10	Cretin-Derha	16-11.50
17 Prange, Austin	11	Irondale	16-09.25
18 Williams, Shannon	9	Irondale	16-08.00
19 Bue, Milo	9	Cretin-Derha	15-08.00
20 Haugen, Gustavo	10	Minneapolis	15-07.00

21 Johnson, Daanjeræe	12	St. Paul Cen	15-05.00
22 Champion, Daniel	9	Minneapolis	14-07.00
--- Aaron, Droege	11	Minneapolis	ND

**Boys Triple Jump Boys**

Name	Yr	School	Finals
1 Kablan, Anthony	12	Roseville Ar	42-02.00
2 Hengstler, Tony	11	Mounds View	41-09.50
3 Anderson-Walker, Aaron	11	Roseville Ar	39-04.00
4 Javenkoski, Shawn	11	Mounds View	39-03.00
5 Vollhaber, Charles	12	Mounds View	39-00.00
6 Miles, Evan	11	Roseville Ar	38-07.00
7 Montgomery, Keenan	11	St. Paul Cen	38-03.50
8 Wiley, Daron	12	Irondale	37-07.00
9 Prange, Austin	11	Irondale	36-06.50
10 Gehlen, Gus	11	Cretin-Derha	36-05.50
11 Oji, Nnaoma	10	Irondale	35-11.50
12 Vanderwall, Cameran	10	St. Paul Cen	35-08.50
12 Todd, Brandon	12	Spring Lk Pk	35-08.50
14 Lymburn, Bryant	9	Spring Lk Pk	35-08.00
15 Anderson, Brett	12	Minneapolis	35-07.00
16 Ambrozich, Chris	9	Spring Lk Pk	35-05.50
17 Lockhart, Leon	11	St. Paul Cen	34-10.00
18 Champion, Daniel	9	Minneapolis	33-05.50
19 Anderson, Shawn	9	Minneapolis	31-04.00

**Boys Shot Put Boys**

Name	Yr	School	Finals
1 Reemstma, Jesse	10	Spring Lk Pk	49-10.00
2 Frey, Jacob	10	Roseville Ar	45-04.00
3 Anderson-Walker, Aaron	11	Roseville Ar	43-10.00
4 Carlson, Matt	12	Irondale	43-06.00
5 Roden, Donald	10	Mounds View	43-01.50
6 Hunt, Eric	12	Spring Lk Pk	43-00.00
7 Benson, Scott	11	Spring Lk Pk	42-11.00
8 Chalmers, Mike	12	Mounds View	42-07.00
9 Abrahamson, Tyler	12	Irondale	41-11.00
10 Piche, Anthony	11	Roseville Ar	41-02.00
11 Hanson, Sam	12	St. Paul Cen	40-06.50
12 Sobande, Ade	12	St. Paul Cen	39-09.00
13 Hopkins, Shane	10	Mounds View	39-04.50
14 Calistro, Vincent	10	Irondale	37-07.25
15 Vanderwall, Cameran	10	St. Paul Cen	37-01.00
16 Gandy, Greg	12	Minneapolis	36-02.00
17 Mark, Melius	12	Minneapolis	34-06.50
18 Tyler, Salone	11	Minneapolis	33-01.00
19 Bonniwell, Steven	9	Minneapolis	32-06.00
20 Smith, Will	9	Cretin-Derha	31-07.00
21 Balamut, Tony	11	Cretin-Derha	31-03.50
22 Fischer, Shawn	12	Minneapolis	29-05.00
23 Weimer, Ian	10	Cretin-Derha	29-00.00

**Boys Discus Throw Boys**

Name	Yr	School	Finals
1 Carlson, Matt	12	Irondale	143-06
2 Hanson, Benjamin	10	Mounds View	139-02

**Minnesota State True Team**  
**Section 6 AAA - Track & Field Championship**  
**Mounds View, Minnesota - 5/5/2009**  
**Results**

**(Boys Discus Throw Boys)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
3 Lehman, David	11	Spring Lk Pk	138-06
4 Reemstsma, Jesse	10	Spring Lk Pk	129-03
5 Abrahamson, Tyler	12	Irondale	124-09
6 Pierce, Brandon	10	Roseville Ar	124-01
7 Hunt, Eric	12	Spring Lk Pk	120-09
8 Bush, Dallas	12	Roseville Ar	120-00
9 Chalmers, Mike	12	Mounds View	117-11
10 Hopkins, Shane	10	Mounds View	114-09
11 Vanderwall, Cameran	10	St. Paul Cen	114-05
12 Sobande, Ade	12	St. Paul Cen	113-07
13 Wikstrom, Jake	10	Cretin-Derha	112-06
14 Piche, Anthony	11	Roseville Ar	109-09
15 Hanson, Sam	12	St. Paul Cen	107-08
16 Calistro, Vincent	10	Irondale	107-00
17 Kline, Theodore	10	Cretin-Derha	100-10
18 Harder, Donny	11	Minneapolis	98-05
19 Bonniwell, Steven	9	Minneapolis	83-05
20 Justin, Sideen	11	Minneapolis	81-01
21 Balamut, Tony	11	Cretin-Derha	77-07
22 Tyler, Salone	11	Minneapolis	76-09

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**Women - Girls - Team Rankings - 18 Events Scored**

1) Mounds View	935
2) Roseville Area	862.5
3) Spring Lk Pk/St. Anthony Villa	647.5
4) Irondale	560
5) St. Paul Central*	474
6) Cretin-Derham Hall	414.5
7) Minneapolis Southwest	398.5
8) Minneapolis South	360

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**Men - Boys - Team Rankings - 18 Events Scored**

1) Roseville Area	911
2) Mounds View	804
3) Irondale	698.5
4) Spring Lk Pk/St. Anthony Villa	588
5) St. Paul Central*	570
6) Minneapolis Southwest	375.5
7) Cretin-Derham Hall	342
8) Minneapolis South	328