

Minnesota State True Team
Section 7 A - Track & Field Championship
Pillager, Minnesota - 5/5/2009

Results**Girls 100 Meter Dash Girls**

Name	Yr	School	Finals
1 Alm, Jacki	11	St. John's P	12.85
2 Lisson, Ashley	11	Staples-Motl	12.92
3 Glumac, Alyson	10	Esko	13.42
4 Pearson, Delany	9	Esko	13.44
5 Berscheid, Nicole	11	Holdingford	13.56
6 Krause, Katlin	12	Pillager	13.60
7 Pilgrim, Josie	12	Staples-Motl	13.64
8 Myrdal, Lacey	9	Two Harbors	13.70
9 Edgerton, Shae	12	Hinckley-Fin	13.83
10 Nokken, Shelby	11	Pillager	13.89
11 Root, Samantha	11	Mille Lacs	13.91
12 Witz, Amber	10	Cromwell	13.91
13 Scott, Chelsey	10	Hinckley-Fin	13.96
14 Barsody, Alex	8	Mille Lacs	14.15
15 Knese, Renita	11	Maple Lake	14.17
16 Haukos, Brooke	9	Crosby-Iront	14.27
17 Wagner, Laura	9	Maple Lake	14.29
18 Langer, Rochelle	12	Pierz	14.29
19 Zeimet, Emily	10	Two Harbors	14.33
20 Korpela, Ari	11	Cromwell	14.34
21 Herriges, Maria	8	Nashwauk-Kee	14.56
22 Casillas, Sarahi	10	St. John's P	14.56
23 Stangl, Cassie	9	Pierz	14.60
24 Pierskalla, Mariya	9	Holdingford	15.06
25 Stroschein, Kristi	10	Crosby-Iront	15.22
26 Bender, Aerial	7	Nashwauk-Kee	15.96

Girls 200 Meter Dash Girls

Name	Yr	School	Finals
1 Alm, Jacki	11	St. John's P	26.37
2 Lisson, Ashley	11	Staples-Motl	26.86
3 Jensen, Kaari	12	Pierz	27.06
4 Tonner, Katie	11	Esko	27.39
5 Hamson, Meghan	12	Pillager	27.86
6 Glumac, Alyson	10	Esko	28.17
7 Myrdal, Lacey	9	Two Harbors	28.47
8 Bruns, Danni	9	Nashwauk-Kee	28.69
9 Scott, Chelsey	10	Hinckley-Fin	28.86
10 Merten-Flagstad, Ilexa	10	Holdingford	28.87
11 Krokus, Carolyn	9	St. John's P	29.02
12 Peterson, Logan	8	Staples-Motl	29.09
13 Hasse, Kayla	11	Mille Lacs	29.17
14 Steffenson, Mia	8	Mille Lacs	29.19
15 Anderson, Jordan	12	Maple Lake	29.39
16 Miller, Rachel	12	Hinckley-Fin	29.47
17 Korpela, Ari	11	Cromwell	29.66
18 Preusser, Kaitlin	8	Holdingford	29.71
19 Pribyl, Courtney	8	Maple Lake	29.71
20 Wicklund, Brittney	12	Two Harbors	30.04
21 Kapsner, Kayla	12	Pierz	30.08
22 Sandin, Justyna	7	Pillager	30.19
23 Kimball, Kendra	10	Crosby-Iront	31.04

24 Lundstrom, Jessica	10	Crosby-Iront	31.43
25 Friend, Samantha	7	Nashwauk-Kee	31.66
--- Collman, Ashley	11	Cromwell	DQ

Girls 400 Meter Dash Girls

Name	Yr	School	Finals
1 Agnew, Melissa	12	Mille Lacs	61.52
2 White, Jackie	10	Pillager	63.89
3 Collman, Ashley	11	Cromwell	64.10
4 Tonner, Katie	11	Esko	64.79
5 Myrdal, Lacey	9	Two Harbors	64.92
6 Bruns, Danni	9	Nashwauk-Kee	65.44
7 Macgregor, Marnie	11	St. John's P	65.87
8 Gustafson, Emily	8	Esko	66.38
9 Koskiniemi, Emma	10	Staples-Motl	66.72
10 Witz, Amber	10	Cromwell	67.08
11 Wimmer, Tracie	9	Pierz	67.34
12 Nokken, Shelby	11	Pillager	67.40
13 Pearson, Kelly	8	Staples-Motl	67.61
14 Sowada, Hannah	8	Holdingford	67.71
15 Vrudny, Rachel	12	Hinckley-Fin	68.90
16 Herriges, Maria	8	Nashwauk-Kee	69.67
17 Pribyl, Courtney	8	Maple Lake	69.74
18 Jones, Keala	10	Hinckley-Fin	70.91
19 Krebsbach, Brittney	8	St. John's P	71.03
20 Welle, Trisha	8	Pierz	71.10
21 Dotzler, Lydia	11	Holdingford	71.15
22 Bukowski, Lucy	9	Two Harbors	71.27
23 Virmig, Sarah	12	Mille Lacs	71.63
24 Wohlrabe, Jessie	8	Maple Lake	72.42

Girls 800 Meter Run Girls

Name	Yr	School	Finals
1 Shelerud, Kate	9	Esko	2:25.75
2 Rardin, Kim	10	Pillager	2:27.38
3 Helle, Caitie	12	Mille Lacs	2:30.05
4 Gustafson, Stacey	12	Crosby-Iront	2:30.49
5 Lymburner, Lisa	12	Hinckley-Fin	2:34.07
6 Wenzel, Natasha	12	Staples-Motl	2:36.66
7 Virmig, Sarah	12	Mille Lacs	2:36.98
8 Barto, Heather	12	Esko	2:37.87
9 Wohlrabe, Kristin	10	Maple Lake	2:39.63
10 Nyhus, Kyann	7	Staples-Motl	2:39.69
11 Cahoon, Allie	7	Cromwell	2:40.71
12 Theis, Sonya	10	Pierz	2:40.82
13 Angevine, Nicole	10	Holdingford	2:40.91
14 Mayer, Kaitlyn	9	Two Harbors	2:41.70
15 McClure, Megan	10	St. John's P	2:42.37
16 Maurer, Shauna	10	Pillager	2:42.97
17 Seppelt, Cassondra	11	Pierz	2:43.63
18 Kolb, Sarah	10	St. John's P	2:45.51
19 Lengyel, Shelby	9	Maple Lake	2:46.13
20 Leininger, Mercedes	11	Two Harbors	2:46.49
21 Krych, Rebecca	7	Holdingford	2:49.36
22 Bruns, Sammi	9	Nashwauk-Kee	2:55.18

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Results**(Girls 800 Meter Run Girls)**

Name	Yr	School	Finals
23 Conway, Elizabeth	11	Hinckley-Fin	2:58.52
24 Simone, Danille	9	Nashwauk-Kee	3:20.31

Girls 1600 Meter Run Girls

Name	Yr	School	Finals
1 Agnew, Jenny	12	Mille Lacs	5:35.23
2 Wenzel, Natasha	12	Staples-Motl	5:41.05
3 Shady, Marisa	8	Esko	5:43.37
4 Knutson, Kallyn	8	Esko	5:43.49
5 Peterson, Sonja	11	Two Harbors	5:52.30
6 Gustafson, Kristine	10	Crosby-Iront	5:56.55
7 Renier, Jeana	12	Maple Lake	5:57.63
8 Hoheisel, Mariah	9	Pierz	5:58.69
9 Detschman, Rachel	8	Pierz	5:59.05
10 Fidler, Sara	12	Holdingford	6:00.42
11 Culligan, Clare	8	St. John's P	6:02.82
12 Schield, Anna	10	Two Harbors	6:04.19
13 Maurer, Shauna	10	Pillager	6:08.09
14 Carlson, Sabrina	9	Mille Lacs	6:11.08
15 Abear, Marie	11	Crosby-Iront	6:11.98
16 Collman, Lenore	8	Cromwell	6:21.29
17 McGregor, Danae	11	Maple Lake	6:21.49
18 Fuhrman, Emily	10	Staples-Motl	6:29.52
19 Mokhtary, Abigail	7	Holdingford	6:30.93
20 Wester, Marlene	9	Cromwell	6:32.20
21 Summerland, Shannon	9	Hinckley-Fin	6:32.27
22 Ericson, Olivia	8	Hinckley-Fin	6:43.48
23 Bruns, Jessica	11	Nashwauk-Kee	6:46.83
24 Brennan, Emily	11	McGregor	6:47.63
25 Ruhl, Amanda	12	Pillager	7:13.08
26 Leighton, Becca	10	St. John's P	7:22.10
27 Simone, Danille	9	Nashwauk-Kee	7:59.11

Girls 3200 Meter Run Girls

Name	Yr	School	Finals
1 Knutson, Kallyn	8	Esko	12:22.6h
2 Peterson, Sonja	11	Two Harbors	12:23.8h
3 Borden, Lisa	10	Crosby-Iront	12:31.8h
4 Pogreba, Emma	10	Staples-Motl	12:32.7h
5 Roth, Kaitlyn	11	Staples-Motl	12:35.7h
6 Renier, Jeana	12	Maple Lake	12:46.0h
7 Hare, Becky	10	St. John's P	12:46.5h
8 Shady, Erika	7	Esko	12:46.8h
9 Hoheisel, Mariah	9	Pierz	12:49.8h
10 Wimmer, Tracie	9	Pierz	12:50.5h
11 Carlson, Sabrina	9	Mille Lacs	12:55.7h
12 Schield, Anna	10	Two Harbors	13:00.1h
13 Vukelich, Shelby	9	Crosby-Iront	13:06.9h
14 Haegele, Hannah	8	Maple Lake	13:11.7h
15 Fidler, Sara	12	Holdingford	13:31.4h
16 Peterson, Leah	9	Mille Lacs	13:35.4h
17 Rardin, Kayla	10	Pillager	13:47.24
18 Hutchison, Katie	12	Pillager	14:20.1h

19 Mokhtary, Abigail	7	Holdingford	14:21.0h
20 Tribby, Emily	9	Hinckley-Fin	14:21.2h
21 Trunt, Amy	8	Nashwauk-Kee	14:27.0h
22 Brennan, Emily	11	McGregor	14:28.4h
23 Franz, Madeline	10	St. John's P	14:50.9h
24 Summerland, Shannon	9	Hinckley-Fin	15:09.2h
25 Warpula, Emily	8	Cromwell	15:47.0h

Girls 100 Meter Hurdles Girls

Name	Yr	School	Finals
1 Jensen, Kaari	12	Pierz	16.21
2 Sowada, Dani	12	Holdingford	16.52
3 Pearson, Nikki	11	Staples-Motl	17.18
4 Wolff, Morgan	11	Maple Lake	17.46
5 Cragun, Whitney	11	Crosby-Iront	17.65
6 Griffin, Leah	10	Nashwauk-Kee	17.68
7 Schwantke, Emily	11	Hinckley-Fin	17.82
8 Holbert, Kierra	9	Mille Lacs	17.91
9 Schwantke, Ashley	11	Hinckley-Fin	18.09
10 Bergstedt, Amanda	11	Esko	18.20
11 Bisel, Amanda	9	Esko	18.35
12 Vogt, Jen	12	Holdingford	18.44
13 Johnson, Kelly	12	Pillager	18.50
14 Novak, Zoey	8	St. John's P	18.56
15 Sorenson, Naomi	11	Maple Lake	19.32
16 Nordean, Abbie	9	Two Harbors	19.56
17 Bourgoin, Bristy	11	Pillager	19.58
18 Wielinski, Maddie	9	Two Harbors	19.67
19 Preimesberger, Amber	10	Pierz	19.83
20 Conner, Kylee	10	Mille Lacs	20.02
21 Radovich, Sophia	7	Nashwauk-Kee	20.42
22 Wenner, Allison	7	St. John's P	20.55
23 McKenna, Kelsey	8	McGregor	21.12

Girls 300 Meter Hurdles Girls

Name	Yr	School	Finals
1 Jensen, Kaari	12	Pierz	47.99
2 Cragun, Whitney	11	Crosby-Iront	50.41
3 Wolff, Morgan	11	Maple Lake	50.79
4 Beachy, Jaelin	7	Staples-Motl	50.94
5 Novak, Zoey	8	St. John's P	50.98
6 Pearson, Nikki	11	Staples-Motl	51.08
7 Sowada, Beth	10	Holdingford	51.16
8 Bergstedt, Amanda	11	Esko	51.93
9 Griffin, Leah	10	Nashwauk-Kee	52.81
10 Shady, Marisa	8	Esko	53.35
11 Schwantke, Ashley	11	Hinckley-Fin	53.36
12 Preusser, Kaitlin	8	Holdingford	53.90
13 Preimesberger, Amber	10	Pierz	54.16
14 Schwantke, Emily	11	Hinckley-Fin	54.62
15 Barsody, Alex	8	Mille Lacs	54.82
16 Johnson, Kelly	12	Pillager	55.11
17 Howland, Kali	10	Pillager	56.04
18 Wenner, Allison	7	St. John's P	56.34
19 Holbert, Kierra	9	Mille Lacs	56.55

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(Girls 300 Meter Hurdles Girls)

Name	Yr	School	Finals
20 Bevacqua, Emily	11	Nashwauk-Kee	57.07
21 Simonette, Nina	9	Maple Lake	57.17
22 Wielinski, Maddie	9	Two Harbors	57.70
23 Nordean, Abbie	9	Two Harbors	59.24

Girls 4x100 Meter Relay Girls

Team	Relay	Finals
1 Esko		53.31
2 Staples-Motley		53.74
3 Hinckley-Finlayson		54.21
4 St. John's Prep		54.24
5 Holdingford		54.66
6 Mille Lacs		55.52
7 Crosby-Ironton		55.83
8 Two Harbors		56.36
9 Pierz		57.13
10 Maple Lake		57.51
11 Pillager		58.04
12 Nashwauk-Keewatin		61.13
13 Cromwell		64.2h

Girls 4x200 Meter Relay Girls

Team	Relay	Finals
1 Pillager		1:51.61
2 Esko		1:53.18
3 Staples-Motley		1:54.61
4 Hinckley-Finlayson		1:57.43
5 Holdingford		1:58.72
6 Mille Lacs		1:59.92
7 Pierz		2:01.92
8 Nashwauk-Keewatin		2:02.10
9 Maple Lake		2:03.32
10 Crosby-Ironton		2:04.36
11 Two Harbors		2:07.11
12 Cromwell		2:11.40
--- St. John's Prep		DQ

Girls 4x400 Meter Relay Girls

Team	Relay	Finals
1 Pillager		4:17.20
2 Esko		4:21.05
3 Staples-Motley		4:22.62
4 Cromwell		4:24.38
5 Mille Lacs		4:24.99
6 Holdingford		4:26.04
7 Crosby-Ironton		4:28.97
8 Hinckley-Finlayson		4:34.70
9 Pierz		4:35.57
10 St. John's Prep		4:41.42
11 Maple Lake		4:42.77
12 Two Harbors		4:47.54
13 Nashwauk-Keewatin		5:01.64

Girls 4x800 Meter Relay Girls

Team	Relay	Finals
1 Mille Lacs		9:54.78
2 Esko		10:17.89
3 Staples-Motley		10:27.47
4 St. John's Prep		10:35.64
5 Crosby-Ironton		10:37.06
6 Holdingford		10:43.65
7 Pierz		10:52.78
8 Maple Lake		11:14.53
9 Hinckley-Finlayson		11:15.45
10 Two Harbors		11:27.26
11 Cromwell		11:33.68
12 Nashwauk-Keewatin		11:49.15
13 Pillager		12:13.22

Girls High Jump Girls

Name	Yr	School	Finals
1 Kapsner, Kayla	12	Pierz	5-02.00
2 Beaudot, Janae	10	Esko	5-00.00
3 Roth, Kaitlyn	11	Staples-Motl	J5-00.00
4 Skyberg, Sara	12	Esko	4-10.00
5 Preimesberger, Amber	10	Pierz	J4-10.00
6 Collman, Ashley	11	Cromwell	4-08.00
6 Volkers, Jena	8	Holdingford	4-08.00
8 Lymburner, Lisa	12	Hinckley-Fin	J4-08.00
9 Hammarstedt, Amanda	12	Mille Lacs	J4-08.00
10 Knese, Renita	11	Maple Lake	J4-08.00
11 Hale, Sam	10	Nashwauk-Kee	4-06.00
11 Fieldler, Kara	8	Holdingford	4-06.00
13 Novak, Addie	10	St. John's P	4-04.00
14 Shields, Emily	11	Mille Lacs	J4-04.00
14 Howland, Kali	10	Pillager	J4-04.00
14 Kingsbury, Lindsey	11	Nashwauk-Kee	J4-04.00
14 Sorenson, Naomi	11	Maple Lake	J4-04.00
18 Ruhl, Amanda	12	Pillager	J4-04.00
19 Zeimet, Emily	10	Two Harbors	4-02.00
19 Cragun, Whitney	11	Crosby-Iront	4-02.00
21 Schmelling, Chelsey	9	Hinckley-Fin	J4-02.00
21 Horgan, Hayley	9	Two Harbors	J4-02.00
23 Fuhrman, Emily	10	Staples-Motl	4-00.00
24 Talley-Eliason, Valerie	7	Cromwell	3-09.00
25 Thorpe, Alex	8	St. John's P	3-06.00

Girls Pole Vault Girls

Name	Yr	School	Finals
1 Willgohs, Liz	12	Staples-Motl	9-06.00
2 Krause, Katlin	12	Pillager	9-00.00
3 Dunkley, Cassidy	8	Hinckley-Fin	7-06.00
4 Shady, Erika	7	Esko	J7-06.00
4 Marquis, Kate	11	Esko	J7-06.00
6 Vogt, Jen	12	Holdingford	J7-06.00
7 Stangl, Tracie	12	Pierz	J7-06.00
8 Fagerman, Samantha	11	Pillager	J7-06.00
9 Merten-Flagstad, Ilexa	10	Holdingford	7-00.00

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(Girls Pole Vault Girls)

Name	Yr	School	Finals
10 Linden, Melissa	11	Hinckley-Fin	J7-00.00
11 Popp, Amber	11	Pierz	J7-00.00
12 Root, Samantha	11	Mille Lacs	6-06.00
13 Beachy, Jaelin	7	Staples-Motl	J6-06.00
14 Schmidt, Jaisie	10	Mille Lacs	J6-06.00
15 Menne, Kayla	11	Maple Lake	J6-06.00
16 Bruns, Sammi	9	Nashwauk-Kee	J6-06.00
17 Johnson, Laura	12	Maple Lake	6-00.00
18 Holmes, Rebekkah	9	Nashwauk-Kee	5-00.00

Girls Long Jump Girls

Name	Yr	School	Finals
1 Jensen, Kaari	12	Pierz	17-01.50
2 Berscheid, Nicole	11	Holdingford	16-05.00
3 Hamson, Meghan	12	Pillager	16-01.00
4 Tonner, Katie	11	Esko	16-00.50
5 Sowada, Dani	12	Holdingford	15-10.50
6 Christenson, Hanna	12	Crosby-Iront	15-08.50
7 Beachy, Jaelin	7	Staples-Motl	15-08.00
8 Graff, Michelle	11	Hinckley-Fin	15-07.00
9 Krause, Katlin	12	Pillager	15-04.25
10 Beaudot, Janae	10	Esko	15-01.50
11 Barsody, Alex	8	Mille Lacs	14-11.50
12 Alm, Jacki	11	St. John's P	14-09.00
13 Wolff, Morgan	11	Maple Lake	14-05.75
14 Macgregor, Marnie	11	St. John's P	14-05.25
15 Lisson, Ashley	11	Staples-Motl	14-03.75
16 Bukowski, Nina	10	Two Harbors	14-03.00
17 Witz, Amber	10	Cromwell	J14-03.00
18 Steffenson, Mia	8	Mille Lacs	14-01.75
19 Sovine, Emily	9	Pierz	14-01.50
20 Herriges, Maria	8	Nashwauk-Kee	14-00.00
21 Anderson, Jordan	12	Maple Lake	13-11.25
22 Graff, Krista	11	Hinckley-Fin	13-10.00
23 Bruns, Danni	9	Nashwauk-Kee	13-06.25
24 Myrdal, Lacey	9	Two Harbors	13-04.00
25 Perzel, Emma	11	Crosby-Iront	12-04.50
26 Korpela, Ari	11	Cromwell	12-01.50

Girls Triple Jump Girls

Name	Yr	School	Finals
1 Berscheid, Nicole	11	Holdingford	35-11.00
2 Christenson, Hanna	12	Crosby-Iront	34-07.50
3 Miller, Rachel	12	Hinckley-Fin	34-00.50
4 Sowada, Dani	12	Holdingford	33-08.00
5 Simonson, Brooke	12	Staples-Motl	33-00.00
6 Bergstedt, Amanda	11	Esko	31-10.25
7 Langer, Rochelle	12	Pierz	31-08.25
8 Holbert, Kierra	9	Mille Lacs	31-05.25
9 Graff, Michelle	11	Hinckley-Fin	31-00.50
10 Bukowski, Nina	10	Two Harbors	30-11.00
11 Hammarstedt, Amanda	12	Mille Lacs	30-05.25
12 Shelerud, Kate	9	Esko	30-03.00

13 Nokken, Shelby	11	Pillager	30-01.00
14 Anderson, Jordan	12	Maple Lake	30-00.50
15 Pearson, Nikki	11	Staples-Motl	30-00.00
16 Hutchison, Katie	12	Pillager	29-08.00
17 Knese, Renita	11	Maple Lake	29-07.75
18 Cotty, Kenzie	9	St. John's P	29-02.00
19 Wicklund, Brittney	12	Two Harbors	28-01.50
20 Stangl, Tracie	12	Pierz	27-03.50
21 Kolb, Sarah	10	St. John's P	26-04.00
22 Bevacqua, Emily	11	Nashwauk-Kee	26-01.50
23 Cahoon, Allie	7	Cromwell	23-02.00
24 Collman, Lenore	8	Cromwell	21-03.00
--- Kingsbury, Lindsey	11	Nashwauk-Kee	ND

Girls Shot Put Girls

Name	Yr	School	Finals
1 Chromy, Roz	12	Esko	30-07.50
2 Schwantke, Ashley	11	Hinckley-Fin	30-05.00
3 Smith, Alyssa	11	Pierz	30-00.50
4 Gerads, Chelsea A	9	Holdingford	29-05.50
5 Schwantke, Emily	11	Hinckley-Fin	29-05.25
6 Marquis, Kate	11	Esko	29-04.75
7 Conner, Kylee	10	Mille Lacs	29-04.50
8 Peterson, Kaley	9	Two Harbors	28-01.50
9 McGregor, Stephanie	9	Two Harbors	27-11.75
10 Mathe, Bobbi Jo	9	Staples-Motl	27-10.00
11 Boser, Gabrielle	12	Pierz	27-09.50
12 Dotzler, Lydia	11	Holdingford	27-07.00
13 Valenta, Emily	10	Nashwauk-Kee	27-02.50
14 Upcraft, Jen	11	Maple Lake	27-01.50
15 Pearson, Nikki	11	Staples-Motl	27-00.50
15 Johnson, Kelly	12	Pillager	27-00.50
17 Schellinger, Jordan	10	St. John's P	27-00.00
18 Virnig, Sarah	12	Mille Lacs	26-11.00
19 Raveill, Kinsey	10	McGregor	25-08.00
20 Rardin, Kayla	10	Pillager	25-05.75
21 Davis, Amber	11	Maple Lake	24-11.75
22 Anderson, Justine	12	Nashwauk-Kee	23-10.25
23 Sorensen, Kaija	9	McGregor	23-06.75
24 Cahoon, Makayleigh	9	Cromwell	22-11.00
25 Novak, Zoey	8	St. John's P	20-10.75
26 Warpula, Emily	8	Cromwell	19-08.50

Girls Discus Throw Girls

Name	Yr	School	Finals
1 McGregor, Stephanie	9	Two Harbors	108-01
2 Agnew, Jenny	12	Mille Lacs	100-00
3 Schwantke, Ashley	11	Hinckley-Fin	87-05
4 Schwantke, Emily	11	Hinckley-Fin	84-09
5 Agnew, Melissa	12	Mille Lacs	83-01
6 Virnig, Alyssa	12	Pierz	82-10
7 Anderson, Justine	12	Nashwauk-Kee	80-07
8 Chromy, Roz	12	Esko	78-05
9 Davis, Amber	11	Maple Lake	77-09
10 Dotzler, Lydia	11	Holdingford	74-05

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(Girls Discus Throw Girls)

Name	Yr	School	Finals
11 Cotty, Kenzie	9	St. John's P	71-05
12 Willgohs, Liz	12	Staples-Motl	70-06
13 Upcraft, Jen	11	Maple Lake	68-02
14 Maurer, Shauna	10	Pillager	67-06
15 Templin, Brittany	12	Holdingford	67-01
16 Schellinger, Jordan	10	St. John's P	66-10
17 Cahoon, Makayleigh	9	Cromwell	65-01
18 Wester, Marlene	9	Cromwell	62-03
19 Deyo, Breeanna	11	Pillager	62-02
20 Glass, Sophia	11	McGregor	61-10
21 Beck, Megan	9	Nashwauk-Kee	61-00
22 Glumac, Alyson	10	Esko	60-07
23 Robinson, Heather	11	Crosby-Iront	59-06
24 Sorensen, Kaija	9	McGregor	55-10
25 Boser, Gabrielle	12	Pierz	55-06
26 Simonson, Brooke	12	Staples-Motl	55-02
27 Peterson, Kaley	9	Two Harbors	54-11
28 Perzel, Ashley	9	Crosby-Iront	38-03

Boys 100 Meter Dash Boys

Name	Yr	School	Finals
1 Omann, John	11	Pierz	11.60
2 Nelson, Jake	11	Pierz	11.61
3 Ryan, Adam	11	Esko	11.98
4 Donohue, Patrick	11	Maple Lake	12.07
5 Huber, Brian	8	Staples-Motl	12.17
6 McDonnold, Jon	10	Two Harbors	12.18
7 Brademan, Dain	10	Esko	12.18
8 Triplett, Ryan	12	Maple Lake	12.22
9 Schliauter, John	11	Cromwell	12.25
10 Longendyke, Weston	11	Holdingford	12.35
11 Doleski, Aaron	12	Holdingford	12.42
12 Davison, Tony	11	Pillager	12.48
13 Wicklund, Matt	12	Two Harbors	12.67
14 Baumgardt, Gabe	9	McGregor	12.72
15 Lenzen, Tyler	11	Hinckley-Fin	12.81
16 Friesner, Wesley	8	Crosby-Iront	12.94
17 Edmundson, Justin	11	Crosby-Iront	13.05
18 Talley -Eliason, Mitch	8	Cromwell	13.07
19 Gould, Jake	10	McGregor	13.29
20 Marcy, Nathan	12	Pillager	13.34
21 Fale, Emmanuel	8	St. John's P	13.48
22 Lenzen, Michael	10	Hinckley-Fin	14.19
23 Uribe, Arturo	9	St. John's P	15.02
--- Hales, Dylan	10	Staples-Motl	DQ

Boys 200 Meter Dash Boys

Name	Yr	School	Finals
1 Nelson, Jake	11	Pierz	23.24
2 Omann, John	11	Pierz	23.59
3 Ryan, Adam	11	Esko	24.31
4 Donohue, Patrick	11	Maple Lake	24.36
5 Anderson, Nick	11	Esko	24.47

6 Brellie, Chad	11	Two Harbors	24.89
7 Larson, Brandon	11	Staples-Motl	24.89
8 Pennington, Luke	9	Holdingford	24.94
9 Blonigan, Cody	10	Holdingford	25.19
10 Carlson, Ben	11	Crosby-Iront	25.28
11 Schliauter, John	11	Cromwell	25.46
11 White, Shane	9	Pillager	25.46
13 Suhonen, Jordan	10	Cromwell	25.76
14 Salveson, Chris	11	Maple Lake	26.01
15 Scott, Mikey	9	Hinckley-Fin	26.16
16 Weizenegger, Jacob	9	Pillager	26.57
17 Baumgardt, Gabe	9	McGregor	26.80
18 Jacobs, Andrew	9	St. John's P	26.88
19 Patrick, Logan	9	Crosby-Iront	26.91
20 Larson, Edmund	8	St. John's P	26.98
21 Kreger, Tony	8	Hinckley-Fin	27.49
--- Guentzel, Ryan	11	Two Harbors	DQ

Boys 400 Meter Dash Boys

Name	Yr	School	Finals
1 Omann, John	11	Pierz	53.31
2 Anderson, Nick	11	Esko	53.62
3 Nelson, Jake	11	Pierz	53.78
4 DeLong, Wesley	9	Pillager	54.04
5 Hormann, Eric	12	Maple Lake	54.13
6 Guentzel, Ryan	11	Two Harbors	54.44
7 Butler, Brandon	10	Holdingford	55.71
8 Donohue, Patrick	11	Maple Lake	55.91
9 Eskuri, Adam	10	Esko	56.30
10 Stokman, Nick	12	Crosby-Iront	57.05
11 Nokken, Sean	10	Pillager	57.45
12 Burgraff, Tyler	12	Cromwell	58.09
13 Blonigan, Cody	10	Holdingford	58.34
14 Odden, Rob	10	Staples-Motl	58.37
15 Suhonen, Jordan	10	Cromwell	59.10
16 Myrdal, Lee	9	Two Harbors	59.92
17 Flickenger, Brandon	9	Staples-Motl	60.64
18 Maier, Arvind	10	St. John's P	61.05
19 Kreger, Tony	8	Hinckley-Fin	62.37
20 Hodena, Nick	11	Hinckley-Fin	63.99
21 Arvidson, Oskar	12	Crosby-Iront	64.08
22 DeMotts, Matthew	10	St. John's P	68.88

Boys 800 Meter Run Boys

Name	Yr	School	Finals
1 Smith, Jordan	11	Cromwell	2:04.52
2 Welle, Ben	12	Pierz	2:08.20
3 Krause, Jesse	12	Pillager	2:08.59
4 Wirtz, Phillip	11	Esko	2:08.89
5 Freese, Josh	11	Staples-Motl	2:11.04
6 Wimmer, Louis	10	Pierz	2:12.00
7 Rardin, Joshua	12	Pillager	2:13.96
8 JJ, Roske.	10	St. John's P	2:14.49
9 Boros, Aaron	9	Maple Lake	2:16.46
10 Kausch, Parker	9	Two Harbors	2:16.58

Minnesota State True Team
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(Boys 800 Meter Run Boys)

Name	Yr	School	Finals
11 Rosa, Adolfo	11	St. John's P	2:18.20
12 Pauman, Wes	10	Maple Lake	2:19.39
13 Patrick, Riley	9	Crosby-Iront	2:21.22
14 Sanchez, Eddie	8	Hinckley-Fin	2:22.82
15 Lindemood, Jeff	12	Esko	2:24.19
16 Fuhrman, Isaac	11	Staples-Motl	2:25.49
17 Miller, Matt	9	Hinckley-Fin	2:26.51
18 Merrill, Jamie	12	Two Harbors	2:27.03
19 Hackensmith, Jordan	11	Cromwell	2:27.04
20 Douvier, Tom	11	Holdingsford	2:27.86
21 Mensinger, Luke	11	Holdingsford	2:45.23

Boys 1600 Meter Run Boys

Name	Yr	School	Finals
1 Smith, Jordan	11	Cromwell	4:52.37
2 Hormann, Eric	12	Maple Lake	4:55.46
3 JJ, Roske.	10	St. John's P	4:58.64
4 Wimmer, Louis	10	Pierz	4:59.08
5 Janson, Caleb	9	Pierz	5:00.16
6 Sterriker, Brandon	9	Staples-Motl	5:01.48
7 Merrill, Jamie	12	Two Harbors	5:03.61
8 Mattson, Dylan	10	Cromwell	5:04.82
9 Bidwell, Zach	12	Maple Lake	5:10.80
10 LeTourneau, Jeremiah	8	Hinckley-Fin	5:12.39
11 Anderson, Brock	8	Esko	5:13.41
12 Ensign, Josh	10	Two Harbors	5:13.69
13 Diaz, Josh	9	St. John's P	5:14.93
14 Sanchez, Eddie	8	Hinckley-Fin	5:17.04
15 Ziegler, Justin	9	Staples-Motl	5:20.51
16 Neurerur, Matt	8	Pillager	5:21.98
17 Springer, Justin	11	Holdingsford	5:22.57
18 Jacobson, Isaac	9	Pillager	5:27.76
19 Carlton, Seth	9	Crosby-Iront	5:37.95
20 Feia, Blaine	12	Holdingsford	5:40.95
21 Matson, John	10	Esko	5:41.39
22 Carr, Mitchell	10	McGregor	5:53.93

Boys 3200 Meter Run Boys

Name	Yr	School	Finals
1 Lindquist, Jackson	9	Esko	10:41.4h
2 Eskuri, Adam	10	Esko	11:09.0h
3 Mattson, Dylan	10	Cromwell	11:16.6h
4 Severson, Colt	10	Crosby-Iront	11:16.7h
5 Gross, Reggie	12	Pillager	11:24.5h
6 Bidwell, Zach	12	Maple Lake	11:26.2h
7 Maier, Arvind	10	St. John's P	11:29.0h
8 Julich, Alex	9	Pierz	11:29.2h
9 Dorrow, Greg	8	Maple Lake	11:33.0h
10 LeTourneau, Jeremiah	8	Hinckley-Fin	11:39.0h
11 Hanson, Eden	11	Pierz	11:41.9h
12 Ensign, Josh	10	Two Harbors	11:42.4h
13 Ziegler, Justin	9	Staples-Motl	11:50.3h
14 Springer, Justin	11	Holdingsford	12:09.0h

15 Maurer, Dustin	12	Pillager	12:10.5h
16 Plevney, Paul	9	Staples-Motl	12:30.5h
17 Gonzalez, Memo	9	St. John's P	12:34.1h
18 Thewis, Kyle	10	Two Harbors	12:36.8h
19 Jarnot, Jason	8	Holdingsford	13:08.3h
20 Rueger, Chase	9	Hinckley-Fin	13:24.3h
21 Richter, Zach	7	Cromwell	13:25.2h

Boys 110 Meter Hurdles Boys

Name	Yr	School	Finals
1 Knebel, Andrew	12	Pillager	16.14
2 Mavencamp, Colby	11	Maple Lake	16.32
3 Brademan, Trey	11	Esko	16.38
4 Lisson, Trevor	12	Staples-Motl	16.43
5 Gall, Shane	12	Pierz	16.62
6 White, Shane	9	Pillager	17.08
7 Gall, Ryan	12	Pierz	17.25
8 Smith, Adam	12	Cromwell	17.25
9 Doleski, Aaron	12	Holdingsford	17.37
10 Kuehne, Alex	11	St. John's P	17.53
11 Krych, Simon	10	Holdingsford	17.85
12 Fuentes, Alec	12	Two Harbors	17.93
13 Borders, Zach	9	Staples-Motl	18.25
14 Mooney, Mike	11	Maple Lake	18.70
15 Libra, Cody	11	Hinckley-Fin	19.31
16 Thewis, Kevin	9	Two Harbors	19.35
17 Peterson, Sean	9	Esko	21.27
18 Rogers, Zakk	11	Hinckley-Fin	21.27
19 Anderson, Shawn	11	Cromwell	22.30
20 Nathan, Wichman.	12	St. John's P	23.17

Boys 300 Meter Hurdles Boys

Name	Yr	School	Finals
1 Pennington, Luke	9	Holdingsford	42.28
2 Mavencamp, Colby	11	Maple Lake	43.25
3 Knebel, Andrew	12	Pillager	43.68
4 Gall, Shane	12	Pierz	44.25
5 Lisson, Trevor	12	Staples-Motl	44.49
6 Gall, Ryan	12	Pierz	44.61
7 White, Shane	9	Pillager	44.94
8 Feia, Bryce	10	Holdingsford	45.93
9 Brademan, Trey	11	Esko	45.97
10 Smith, Adam	12	Cromwell	46.07
11 Salverson, Kevin	9	Maple Lake	48.08
12 Borders, Zach	9	Staples-Motl	48.77
13 Thewis, Kevin	9	Two Harbors	48.98
14 Scott, Mikey	9	Hinckley-Fin	49.47
15 Thompson, Dakota	9	Two Harbors	49.92
16 Garay, Tim	11	Esko	51.60
17 Rego, Joe	12	St. John's P	53.75
18 Libra, Cody	11	Hinckley-Fin	56.05
19 Nathan, Wichman.	12	St. John's P	59.74
20 Oliver, Josh	8	Cromwell	59.89

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Boys 4x100 Meter Relay Boys

Team	Relay	Finals
1 Esko		46.75
2 Holdingford		47.69
3 Two Harbors		48.59
4 Maple Lake		49.87
5 Pillager		50.21
6 Crosby-Ironton		50.25
7 Pierz		50.49
8 Hinckley-Finlayson		51.35
9 St. John's Prep		51.40
10 Cromwell		52.87
--- Staples-Motley		DQ

Boys 4x200 Meter Relay Boys

Team	Relay	Finals
1 Holdingford		1:39.59
2 Pillager		1:39.74
3 Two Harbors		1:39.89
4 Esko		1:41.51
5 Pierz		1:41.84
6 Maple Lake		1:44.83
7 Hinckley-Finlayson		1:45.43
8 Cromwell		1:46.75
9 St. John's Prep		1:47.91
--- Staples-Motley		DQ

Boys 4x400 Meter Relay Boys

Team	Relay	Finals
1 Pillager		3:39.40
2 Pierz		3:39.75
3 Maple Lake		3:40.68
4 Staples-Motley		3:42.25
5 Cromwell		3:43.57
6 Esko		3:44.49
7 Two Harbors		3:45.55
8 Holdingford		3:49.61
9 Crosby-Ironton		4:00.69
10 Hinckley-Finlayson		4:02.58
11 St. John's Prep		4:23.1h

Boys 4x800 Meter Relay Boys

Team	Relay	Finals
1 Esko		8:55.29
2 Staples-Motley		8:56.59
3 Pierz		9:12.57
4 St. John's Prep		9:15.41
5 Maple Lake		9:18.46
6 Crosby-Ironton		9:26.25
7 Pillager		9:31.98
8 Holdingford		10:01.39
9 Two Harbors		10:04.63
10 Cromwell		11:02.27
11 Hinckley-Finlayson		11:18.08

Boys High Jump Boys

Name	Yr	School	Finals
1 Krych, Simon	10	Holdingford	5-10.00
2 Gall, Shane	12	Pierz	5-08.00
3 Knebel, Andrew	12	Pillager	J5-08.00
4 Bubb, Klaeton	9	Esko	5-06.00
5 Krause, Jesse	12	Pillager	J5-06.00
6 Wilcox, Tony	11	Esko	J5-06.00
7 Janson, Caleb	9	Pierz	J5-06.00
8 Huber, Brian	8	Staples-Motl	5-04.00
9 Fiedler, Bryan	11	Holdingford	J5-04.00
10 Mooney, Mike	11	Maple Lake	J5-04.00
11 Fuentes, Alec	12	Two Harbors	5-02.00
11 Gould, Jake	10	McGregor	5-02.00
13 Kylander, Dylan	9	Staples-Motl	J5-02.00
14 Hormann, Eric	12	Maple Lake	J5-02.00
14 Burgraff, Tyler	12	Cromwell	J5-02.00
16 McDonnold, Jon	10	Two Harbors	J5-02.00
17 Hutar, Ryan	11	Cromwell	5-00.00
17 Kuehne, Alex	11	St. John's P	5-00.00
19 Rueger, Chase	9	Hinckley-Fin	J5-00.00
20 Rogers, Zakk	11	Hinckley-Fin	4-09.00
21 Carr, Mitchell	10	McGregor	4-06.00
--- Maier, Arvind	10	St. John's P	NH

Boys Pole Vault Boys

Name	Yr	School	Finals
1 Gall, Shane	12	Pierz	12-00.00
2 Davison, Tony	11	Pillager	11-06.00
3 Doleski, Aaron	12	Holdingford	11-00.00
4 Sterriker, Brandon	9	Staples-Motl	9-06.00
5 Garay, Tim	11	Esko	9-00.00
6 Salvesson, Chris	11	Maple Lake	J9-00.00
7 Schreiner, Andrew	11	Holdingford	J9-00.00
8 Loftis, Jon	10	Maple Lake	8-06.00
9 Beachy, Elias	7	Staples-Motl	8-00.00
9 Nordmann, Tyler	11	Pierz	8-00.00
11 McMonigal, Austin	10	Hinckley-Fin	7-00.00
12 LeTourneau, Jeremiah	8	Hinckley-Fin	J7-00.00
13 Franzen, Jake	8	Pillager	6-00.00
--- Wirtz, Phillip	11	Esko	NH

Boys Long Jump Boys

Name	Yr	School	Finals
1 Kuehne, Alex	11	St. John's P	19-05.75
2 Hamp-SiII, Caleb	10	Two Harbors	19-05.25
3 Huber, Brian	8	Staples-Motl	19-01.00
4 Blonigan, Cody	10	Holdingford	19-00.75
5 Omann, John	11	Pierz	18-10.25
6 DeLong, Wesley	9	Pillager	18-05.75
7 Brademan, Dain	10	Esko	18-04.25
8 Horoshak, Alex	10	Two Harbors	18-04.00
9 Nokken, Sean	10	Pillager	18-02.75
10 Bednar, Kyle	12	Pierz	18-00.00
11 Longendyke, Weston	11	Holdingford	17-11.50

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(Boys Long Jump Boys)

Name	Yr	School	Finals
12 Savage, Mark	10	Esko	17-11.25
13 Edmundson, Justin	11	Crosby-Iront	17-10.00
14 Smith, Adam	12	Cromwell	17-05.00
15 Baumgardt, Gabe	9	McGregor	17-04.50
16 Hudrlik, Matthew	11	Crosby-Iront	16-11.00
17 Scott, Mikey	9	Hinckley-Fin	16-10.75
18 Mavencamp, Colby	11	Maple Lake	16-09.00
19 Hales, Dylan	10	Staples-Motl	16-08.75
20 Suhonen, Jordan	10	Cromwell	16-05.25
21 Sanchez, Eddie	8	Hinckley-Fin	16-03.50
22 Mooney, Mike	11	Maple Lake	16-00.00
23 DeMotts, Matthew	10	St. John's P	13-01.25

Boys Triple Jump Boys

Name	Yr	School	Finals
1 Larson, Brandon	11	Staples-Motl	41-06.50
2 Gall, Ryan	12	Pierz	40-03.00
3 Krych, Simon	10	Holdingford	39-05.50
4 Savage, Mark	10	Esko	38-04.00
5 Triplett, Ryan	12	Maple Lake	38-01.00
6 Hamp-Sill, Caleb	10	Two Harbors	37-11.50
7 Marshik, Michael	9	Pierz	37-10.00
8 Blonigan, Cody	10	Holdingford	37-00.00
9 Hutar, Ryan	11	Cromwell	36-07.00
10 Carlson, Ben	11	Crosby-Iront	36-04.00
11 Weizenneger, Jacob	9	Pillager	36-03.50
12 Rogers, Zakk	11	Hinckley-Fin	35-08.25
13 Davison, Tony	11	Pillager	35-08.00
14 Johnson, Jason	11	Staples-Motl	35-07.75
15 Wicklund, Matt	12	Two Harbors	35-00.50
16 Lindquist, Jackson	9	Esko	34-10.00
17 Kuehne, Alex	11	St. John's P	34-08.00
18 Baumgardt, Gabe	9	McGregor	34-05.00
19 Miller, Matt	9	Hinckley-Fin	34-02.00
20 Anderson, Shawn	11	Cromwell	33-07.00
21 Brinza, Andrew	12	Maple Lake	33-05.00
22 Nathan, Wichman.	12	St. John's P	28-11.00
23 Carr, Mitchell	10	McGregor	28-02.00

Boys Shot Put Boys

Name	Yr	School	Finals
1 Peterson, Dylan	11	Pierz	43-09.25
2 Eberhart, David	12	Hinckley-Fin	41-08.25
3 Higgs, Dwight	11	St. John's P	41-08.00
4 Fiedler, Bryan	11	Holdingford	41-04.00
5 Salo, Cody	11	Esko	41-01.50
6 Johnson, Jason	11	Staples-Motl	40-04.00
7 Brandl, Eric	11	Holdingford	40-02.00
8 Grinnell, Brennen	11	St. John's P	39-03.25
9 Barnes, Ryan	12	Maple Lake	39-02.00
10 Gow, Logan	12	Two Harbors	38-10.00
11 Bertrum, Michael	12	Crosby-Iront	38-06.75
12 Rohde, Alex	11	Two Harbors	38-05.00

13 Burgraff, Tyler	12	Cromwell	36-06.00
14 Hamilton, Nick	12	Crosby-Iront	36-03.00
15 Benhardus, Ryan	10	Pillager	35-07.50
16 Orbeck, Evan	9	McGregor	35-02.25
17 Stangl, Cody	11	Pierz	34-09.00
18 Johnson, Kyle	9	Esko	34-07.00
19 Miles, Jordan	10	Staples-Motl	34-06.00
20 Hutchison, Rian	10	Pillager	34-04.00
21 Zwack, Jake	11	Maple Lake	32-06.50
22 Johnson, Austin	9	Cromwell	31-01.00
23 Libra, Cody	11	Hinckley-Fin	28-02.00

Boys Discus Throw Boys

Name	Yr	School	Finals
1 Johnson, Jason	11	Staples-Motl	146-02
2 Krych, Simon	10	Holdingford	118-04
3 Grinnell, Brennen	11	St. John's P	117-10
4 Peterson, Dylan	11	Pierz	114-09
5 Rohde, Alex	11	Two Harbors	113-11
6 Salo, Cody	11	Esko	111-11
7 Higgs, Dwight	11	St. John's P	110-01
8 Wicklund, Matt	12	Two Harbors	109-10
9 Eberhart, David	12	Hinckley-Fin	106-05
10 Hutchison, Rian	10	Pillager	103-07
11 Barnes, Ryan	12	Maple Lake	102-00
12 Halverson, Luke	9	Esko	101-02
13 Hamilton, Nick	12	Crosby-Iront	97-00
14 Wimmer, Joe	10	Pierz	92-11
15 Marcy, Nathan	12	Pillager	91-10
16 Bertrum, Michael	12	Crosby-Iront	89-00
17 Scepaniak, John	11	Holdingford	88-09
18 Miles, Jordan	10	Staples-Motl	86-04
19 Lenzen, Tyler	11	Hinckley-Fin	84-07
20 Hakamaki, Alex	8	Cromwell	67-10
21 Johnson, Austin	9	Cromwell	66-05
--- Salveson, Kevin	9	Maple Lake	ND
--- Orbeck, Evan	9	McGregor	ND

Women - Girls - Team Rankings - 18 Events Scored

1) Esko	862
2) Staples-Motley	747.5
3) Holdingford	686
4) Mille Lacs	685.5
5) Hinckley-Finlayson	653.5
6) Pierz	653
7) Pillager	618
8) Maple Lake	544.5
9) St. John's Prep	504
10) Two Harbors	495
11) Nashauk-Keewatin	399
12) Crosby-Ironton	392.5
13) Cromwell	321.5
14) McGregor	62

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Men - Boys - Team Rankings - 18 Events Scored	
1) Pierz	725.5
2) Esko	638
3) Pillager	601.5
4) Holdingford	593
5) Maple Lake	578.5
6) Staples-Motley	504.5
7) Two Harbors	503.5
8) Cromwell	411.5
9) St. John's Prep	395.5
10) Hinckley-Finlayson	370
11) Crosby-Ironton	273
12) McGregor	93.5