

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**  
**Results**

**Event 1 Girls 4x800 Meter Relay Girls**

Team	Relay	Finals
<b>Finals</b>		
1	Moose Lake/W	10:13.35
2	Esko	10:23.24
3	Pillager	10:24.36
4	Maple Lake	10:44.36
5	Holdingsford	10:48.41
6	Mille Lacs*	10:49.43
7	St. John's Prep	11:13.00
8	Pierz	11:20.61
9	Carlton*	11:29.08
10	Two Harbors	11:44.80
11	Hinckley-Finlayson	11:46.42
12	St. Cloud Christian	12:25.05
13	Royalton	12:25.96

**Event 2 Boys 4x800 Meter Relay Boys**

Team	Relay	Finals
<b>Finals</b>		
1	Pillager	8:45.21
2	Moose Lake/W	8:49.11
3	Esko	9:03.68
4	Holdingsford	9:05.46
5	Maple Lake	9:06.47
6	Two Harbors	9:09.89
7	Pierz	9:25.06
8	Royalton	9:25.77
9	St. John's Prep	9:50.06
10	Hinckley-Finlayson	9:50.90
11	Carlton*	10:47.10

**Event 3 Girls 100 Meter Hurdles Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Graff, Krista	12 Hinckley-Fin	16.95
2	Pribyl, Courtney	10 Maple Lake	17.30
3	Preimesberger, Amber	12 Pierz	17.49
4	Lilly, Caitlyn	11 Esko	17.57
5	Boser, Alyssa	10 Pierz	18.20
6	Novak, Zoey	10 St. John's P	18.33
7	Couette, Courtney	11 Maple Lake	18.43
8	Burzlauff-Meyer, Morgan	12 Holdingsford	18.56
9	Anderson, Amanda	11 Two Harbors	18.70
10	Howland, Kali	12 Pillager	18.76
11	Bisel, Amanda	11 Esko	19.06
12	Conner, Kylee	12 Mille Lacs*	19.14
13	Holbert, Kierra	11 Mille Lacs*	19.51
14	Swartz, Dawn	8 Pillager	19.60
15	Ebnet, Sunni	7 Holdingsford	19.68
16	Wielinski, Maddie	11 Two Harbors	19.86
17	Race, Hannah	9 Moose Lake/W	19.87
18	Mattison, Holly	9 Moose Lake/W	20.36
19	Roberts, Chelsea	7 Hinckley-Fin	21.60
20	Rudolph, Madi	7 Royalton	21.88

21	Yourczek, Ashley	12 Royalton	22.06
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**Event 4 Boys 110 Meter Hurdles Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1	White, Shane	11 Pillager	16.18
2	Guthrie, Ryan	12 Esko	17.57
3	Hendrickson, Issac	10 Maple Lake	17.77
4	Winkelman, Ben	10 Maple Lake	17.97
5	Thewis, Kevin	11 Two Harbors	18.22
6	Maciej, Alex	12 Holdingsford	18.35
7	Libra, Cody	12 Hinckley-Fin	18.49
8	Blonigan, Cody	12 Holdingsford	18.54
9	Makela, Curis	11 Royalton	19.55
10	Iskat, Jake	12 Two Harbors	20.16
11	Tonner, Matt	10 Esko	20.75
12	Schmidt, Cody	12 Moose Lake/W	21.32
13	Bandamer, Adam	9 Pillager	21.80
14	Coil, Isaac	10 Moose Lake/W	21.98
15	Lenzen, Michael	11 Hinckley-Fin	22.21
16	Becker, Kyle	8 Pierz	23.44

**Event 5 Girls 100 Meter Dash Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Glumac, Alyson	12 Esko	13.39
2	Wiener, Megan	11 Royalton	13.47
3	Pearson, Delany	11 Esko	13.83
4	Latour, Rachel	10 Maple Lake	13.90
5	Scott, Chelsey	12 Hinckley-Fin	13.95
6	Pribyl, Courtney	10 Maple Lake	14.07
7	Stangl, Cassie	11 Pierz	14.27
8	Wenner, Allison	9 St. John's P	14.34
9	Sandin, Justyna	9 Pillager	14.39
10	Alexander, Rachel	8 Pillager	14.43
11	Duevel, Abby	8 Royalton	14.46
12	Fynboh, Leann	8 Two Harbors	14.64
13	Skroch, Emily	9 Holdingsford	14.70
14	Barsody, Alex	10 Mille Lacs*	14.73
15	Keehr, Anna	8 Mille Lacs*	14.80
16	Nelson, Kalynda	10 Hinckley-Fin	14.83
17	Tomczak, Meagan	10 Carlton*	14.87
18	Kroska, Gabriella	9 Pierz	14.97
19	Furie, Abby	9 Moose Lake/W	14.98
20	Oland, Samantha	Wrenshall	15.03
21	Grebinoski, Amanda	8 Holdingsford	15.14
22	Olson, Dana	9 Moose Lake/W	15.17
23	Cole, Ahnah	9 St. Cloud Ch	15.38
24	Brooks, Ivie	11 Two Harbors	15.50
25	Laveau, Shana	Wrenshall	15.76
26	Johnson, Shelby	8 Carlton*	16.08

**Event 6 Boys 100 Meter Dash Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hamp-Sill, Caleb	12 Two Harbors	11.88

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**

**Results**

**Finals ... (Event 6 Boys 100 Meter Dash Boys)**

Name	Yr	School	Finals
2 Lumley, Victor	12	Holdingsford	11.93
3 Scott, David	11	Hinckley-Fin	11.95
4 White, Shane	11	Pillager	12.15
5 McDannold, Jon	12	Two Harbors	12.15
6 Brademan, Dain	12	Esko	12.24
7 Marshik, Michael	11	Pierz	12.35
8 Goelz, Jordan	12	Maple Lake	12.39
9 Puncochar, Jesse	12	Maple Lake	12.41
10 Olson, Holden	12	Moose Lake/W	12.48
11 Reinertsen, Max	11	Esko	12.48
12 Sobania, Alex	12	Holdingsford	12.52
13 Addison, Blake	8	St. Cloud Ch	12.63
14 Millner, Tyler	8	Pierz	12.71
15 VanHal, Cory	10	Pillager	12.76
16 Phipps, Dan	12	St. John's P	12.81
17 Eickhoff, Isaac	10	St. Cloud Ch	12.90
18 Evenson, Jon	9	Moose Lake/W	12.91
19 Sung, Bou Kay	12	St. John's P	12.91
20 Irons, Evan	11	Hinckley-Fin	12.99
21 Trutwin, Jesse	11	Royalton	13.21
22 Wojtysiak, Tony		Wrenshall	13.46
23 Shelton, Dustin		Wrenshall	13.51
24 Piemel, Tony	9	Royalton	13.62
25 McPhail, Phil	10	Carlton*	13.99

**Event 7 Girls 4x200 Meter Relay Girls**

Team	Relay	Finals
<b>Finals</b>		
1 Esko		1:51.32
2 Hinckley-Finlayson		1:57.08
3 Maple Lake		1:58.59
4 Pierz		1:59.34
5 Holdingsford		1:59.46
6 Mille Lacs*		2:03.51
7 Pillager		2:04.12
8 St. Cloud Christian		2:04.56
9 Moose Lake/W		2:05.82
10 Wrenshall		2:06.30
11 Two Harbors		2:07.70
12 Carlton*		2:09.48
13 Royalton		2:12.65
14 St. John's Prep		2:16.19

**Event 8 Boys 4x200 Meter Relay Boys**

Team	Relay	Finals
<b>Finals</b>		
1 Holdingsford		1:35.29
2 Pillager		1:37.35
3 Esko		1:38.69
4 Two Harbors		1:39.63
5 Maple Lake		1:39.90
6 St. Cloud Christian		1:43.18
7 Pierz		1:43.59
8 Moose Lake/W		1:44.62

9 Hinckley-Finlayson	1:49.62
10 St. John's Prep	1:52.40
11 Royalton	2:02.47

**Event 9 Girls 1600 Meter Run Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1 Holt, McKenzie	9	St. Cloud Ch	5:24.96
2 Knutson, Kallyn	10	Esko	5:30.12
3 Kiminski, Kailee	8	Esko	5:33.55
4 Wolter, Emily	8	Holdingsford	5:36.38
5 Heinen, Kristen	9	St. Cloud Ch	5:40.02
6 Hare, Becky	12	St. John's P	5:41.59
7 Louzek, Mackenzie	7	Moose Lake/W	5:42.60
8 Neururer, Sarah	9	Pillager	5:43.22
9 Mokhtary, Abigail	9	Holdingsford	5:45.30
10 Wimmer, Tracie	11	Pierz	5:49.31
11 Gruber, Maggie	8	Pierz	5:56.71
12 Eng, Tiana	8	Pillager	5:57.16
13 Haegele, Hannah	10	Maple Lake	5:59.55
14 Zime, Tori	10	Carlton*	6:09.45
15 Tretter, Claire	8	Mille Lacs*	6:12.49
16 Holmgren, Tara	7	Maple Lake	6:17.74
17 Rensvold, Jenny	8	Hinckley-Fin	6:20.13
18 Paulsen, Kalley	7	Mille Lacs*	6:24.32
19 Laine, Amanda	10	Two Harbors	6:26.09
20 Klosterman, Rachel	8	St. John's P	6:26.74
21 Alberg, Mya	7	Moose Lake/W	6:26.76
22 Nevala-Plagemann, Megan	11	Two Harbors	6:33.16
23 Summerland, Shannon	11	Hinckley-Fin	6:42.68
24 Wyman, Savannah		Wrenshall	7:53.19

**Event 10 Boys 1600 Meter Run Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1 Neururer, Matt	10	Pillager	4:42.77
2 Borash, Daniel	11	Royalton	4:44.40
3 Lindquist, Jackson	11	Esko	4:48.63
4 Dorow, Greg	10	Maple Lake	4:49.23
5 LeTourneau, Jeremiah	10	Hinckley-Fin	4:52.67
6 Ensign, Josh	12	Two Harbors	4:54.48
7 Ring, Joe	12	Moose Lake/W	4:58.66
8 Schubert, Micaiah	11	Two Harbors	5:03.30
9 Becker, Danny	10	Maple Lake	5:05.44
10 Rohloff, Trevor	12	Pillager	5:06.29
11 Lund, Mat	12	Carlton*	5:08.87
12 Hanson, Ben	10	Esko	5:10.65
13 Coughlin, Cody	12	Moose Lake/W	5:12.31
14 Collins, Tremayne	8	Royalton	5:12.57
15 Skwira, Abraham	8	Holdingsford	5:13.25
16 Ortman, Chris	9	Pierz	5:17.14
17 Hare, Robbie		St. John's P	5:19.47
18 Vine, Luke		Wrenshall	5:20.48
19 Zachman, Andrew	8	Holdingsford	5:21.93
20 Roguske, Rob	12	St. John's P	5:25.56
21 Corbet, Will	10	Pierz	5:43.85

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**Results**

**Finals ... (Event 10 Boys 1600 Meter Run Boys)**

Name	Yr	School	Finals
22 Porter, Neil		Wrenshall	6:04.94
23 Heinen, Josh	8	St. Cloud Ch	6:08.52
24 Davis, Henry	9	Hinckley-Fin	6:12.07
25 Halgren, Joe	10	Carlton*	6:15.22
26 Knutson, Jacob	7	St. Cloud Ch	6:38.61

**Event 11 Girls 4x100 Meter Relay Girls**

Team	Relay	Finals
<b>Finals</b>		
1	St. John's Prep	53.07
2	Esko	53.08
3	Maple Lake	55.50
4	Holdingsford	56.18
5	Mille Lacs*	57.84
6	Hinckley-Finlayson	57.96
7	Two Harbors	58.36
8	Pillager	58.78
9	Moose Lake/W	59.18
10	Carlton*	59.19
11	St. Cloud Christian	59.41
12	Wrenshall	60.12
13	Royalton	62.80
---	Pierz	DQ

**Event 12 Boys 4x100 Meter Relay Boys**

Team	Relay	Finals
<b>Finals</b>		
1	Two Harbors	46.17
2	Hinckley-Finlayson	46.30
3	Holdingsford	46.62
4	Esko	47.21
5	Pillager	47.22
6	Maple Lake	47.24
7	Pierz	49.33
8	Moose Lake/W	50.15
9	St. John's Prep	50.82
10	St. Cloud Christian	53.55
11	Royalton	58.46

**Event 13 Girls 400 Meter Dash Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Shelerud, Kate	11 Esko	62.05
2	Myrdal, Lacey	11 Two Harbors	63.08
3	Auger, Megan	9 Holdingsford	63.38
4	Rengo, Olivia	7 Esko	63.72
5	Schultz, Breanne	8 Hinckley-Fin	63.78
6	Rardin, Kim	12 Pillager	64.65
7	Latour, Rachel	10 Maple Lake	64.80
8	Johnson, Hayley	9 Moose Lake/W	64.81
9	Duevel, Abby	8 Royalton	66.31
10	Prokott, Vanessa	9 Holdingsford	66.37
11	Blood, MacKenzie	9 Mille Lacs*	66.86
12	Seefeld, Trisha	8 Mille Lacs*	67.18

13	Cyr, Abby	11 Pierz	68.19
14	Graff, Krista	12 Hinckley-Fin	69.07
15	Radel, Kayla	9 Moose Lake/W	69.51
16	Kroska, Gabriella	9 Pierz	70.21
17	Albert, Miranda	8 St. Cloud Ch	70.55
18	Robbins, Stephanie	7 Pillager	70.72
19	Holmgren, Tara	7 Maple Lake	71.05
20	Fitzgerald, Beret	12 St. John's P	71.85
21	Sand, Breanna	7 Royalton	73.45
22	Banaian, Esther	11 St. Cloud Ch	75.04
23	Pinske, Chelsey	11 Two Harbors	75.07
24	Dagger, Taylor	Wrenshall	1:21.49
25	Grant, Cassidy	Wrenshall	1:24.39

**Event 14 Boys 400 Meter Dash Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1	DeLong, Wesley	11 Pillager	50.86
2	Salveson, Kevin	11 Maple Lake	51.88
3	Horoshak, Alex	12 Two Harbors	53.01
4	Mudek, Riley	10 Esko	53.49
5	Butler, Brandan	12 Holdingsford	53.60
6	Strack, Devin	10 Pillager	54.16
7	Thell, Kurt	12 Holdingsford	54.36
8	Myrdal, Lee	11 Two Harbors	54.72
9	Coughlin, Forrest	11 Maple Lake	55.03
10	Olson, Holden	12 Moose Lake/W	55.24
11	Kieffer, Tyler	11 Pierz	56.55
12	Johnson, Joey	10 Esko	56.66
13	Julich, Alex	11 Pierz	57.33
14	Coil, Isaac	10 Moose Lake/W	58.06
15	Addison, Blake	8 St. Cloud Ch	58.38
16	Roguske, Rob	12 St. John's P	58.80
17	Scotfield, Nate	9 Royalton	59.98
18	Birginia, Marcus	Wrenshall	60.22
19	Carlson, Zach	8 Royalton	61.54
20	Uribe, Alejendro	11 St. John's P	62.31
21	Peterson, Kodie	12 Carlton*	63.91
22	Stone, Michael	8 St. Cloud Ch	65.25
23	Fox, Duncan	10 Carlton*	65.79
24	Lenzen, Michael	11 Hinckley-Fin	69.12
25	Nelson, Ryan	10 Hinckley-Fin	71.35

**Event 15 Girls 300 Meter Hurdles Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Lilly, Caitlyn	11 Esko	49.07
2	Novak, Zoey	10 St. John's P	49.45
3	White, Jackie	12 Pillager	50.80
4	Schramm, Brooke	10 Esko	52.86
5	Barsody, Alex	10 Mille Lacs*	53.64
6	Storm, Summer	7 Holdingsford	53.84
7	Burzlauff-Meyer, Morgan	12 Holdingsford	54.25
8	Preimesberger, Amber	12 Pierz	54.38
9	Simonette, Nina	11 Maple Lake	55.30
10	Johnson, Jesslynn	10 Pillager	55.58

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**

**Results**

**Finals ... (Event 15 Girls 300 Meter Hurdles Girls)**

Name	Yr	School	Finals
11 Pribyl, Courtney	10	Maple Lake	55.68
12 Race, Hannah	9	Moose Lake/W	56.31
13 Conner, Kylee	12	Mille Lacs*	56.96
14 Anderson, Amanda	11	Two Harbors	57.07
15 Campbell, Michaela	10	Two Harbors	57.16
16 Boser, Alyssa	10	Pierz	58.03
17 Miller, Maia	9	Hinckley-Fin	58.30
18 Rudolph, Madi	7	Royalton	59.42
19 Mattison, Holly	9	Moose Lake/W	59.50
20 Schmelling, Courtney	9	Hinckley-Fin	61.11
21 Yourczek, Ashley	12	Royalton	64.55

**Event 16 Boys 300 Meter Hurdles Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1 White, Shane	11	Pillager	43.20
2 Thewis, Kevin	11	Two Harbors	43.85
3 Maciej, Alex	12	Holdingsford	43.99
4 Guthrie, Ryan	12	Esko	44.16
5 Winkelman, Ben	10	Maple Lake	44.51
6 Tonner, Matt	10	Esko	44.94
7 Hendrickson, Issac	10	Maple Lake	45.42
8 Iskat, Jake	12	Two Harbors	45.71
9 Davis, Dalton	11	Hinckley-Fin	45.92
10 Millner, Tyler	8	Pierz	46.05
11 Pender, Michael	10	Moose Lake/W	47.64
12 Makela, Curis	11	Royalton	47.90
13 Libra, Cody	12	Hinckley-Fin	49.90
14 Schmidt, Cody	12	Moose Lake/W	50.00
15 Bandamer, Adam	9	Pillager	51.04
16 Uribe, Luis	9	St. John's P	54.25
17 Gangl, Cole	9	Pierz	57.13
--- Blonigan, Cody	12	Holdingsford	DQ
--- Bauer, Derek	9	Carlton*	DQ

**Event 17 Girls 800 Meter Run Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1 Shady, Marisa	10	Esko	2:30.57
2 Lahr, Lindsey	11	Mille Lacs*	2:33.93
3 Wolter, Emily	8	Holdingsford	2:35.28
4 Shady, Erika	9	Esko	2:35.82
5 Wimmer, Tracie	11	Pierz	2:35.87
6 Culligan, Clare	10	St. John's P	2:37.28
7 Angevine, Nicole	12	Holdingsford	2:37.59
8 Schultz, Breanne	8	Hinckley-Fin	2:38.64
9 Fussy, Emily	9	Royalton	2:41.69
10 Gruber, Maggie	8	Pierz	2:42.66
11 Wohlrabe, Jessie	9	Maple Lake	2:42.69
12 Ring, Katie	11	Moose Lake/W	2:44.21
13 Nolan-Rapatz, Sonora	10	Pillager	2:45.66
14 Schrup, Sarah	8	St. John's P	2:49.38
15 Martin, Madison	9	St. Cloud Ch	2:49.55
16 Hodena, Paige	9	Hinckley-Fin	2:50.33

17 Banaian, Esther	11	St. Cloud Ch	2:51.26
18 Paulsen, Kalley	7	Mille Lacs*	2:51.76
19 Schield, Sara	10	Two Harbors	2:51.99
20 Wohlrabe, Kristin	12	Maple Lake	2:53.32
21 Radel, Kayla	9	Moose Lake/W	2:53.48
22 Tschida, Bridget	11	Royalton	3:01.04
23 Massie, Jade	9	Pillager	3:07.31
24 Pavlich, Anika		Wrenshall	3:13.33
25 Sipper, Carley	11	Two Harbors	3:24.20

**Event 18 Boys 800 Meter Run Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1 DeLong, Wesley	11	Pillager	2:06.28
2 Moonen, Ben	10	Moose Lake/W	2:08.11
3 Anderson, Brock	10	Esko	2:10.31
4 Spore, Caleb	12	St. Cloud Ch	2:10.75
5 Schubert, Micaiah	11	Two Harbors	2:12.85
6 Pauman, Wes	12	Maple Lake	2:13.27
7 Jacobson, Isaac	11	Pillager	2:13.69
8 Huls, Sean	12	Pierz	2:14.32
9 Ryks, Mac	12	Esko	2:15.54
10 Kausch, Parker	11	Two Harbors	2:15.54
11 Welle, Nathan	12	Pierz	2:16.13
12 Thomas, Michael	11	Maple Lake	2:16.19
13 Froemming, Isaac	11	St. Cloud Ch	2:16.84
14 Schmidt, Cameron	9	Moose Lake/W	2:16.97
15 Lampert, Nick	11	Holdingsford	2:18.33
16 Miller, Matt	11	Hinckley-Fin	2:20.10
17 Juare, Zachary	9	Holdingsford	2:25.52
18 Shelton, Dustin		Wrenshall	2:25.69
19 Walton, Spencer	10	Carlton*	2:27.50
20 Borash, Ben	7	Royalton	2:31.43
21 Schrup, Sam	10	St. John's P	2:32.12
22 Peterson, Kodie	12	Carlton*	2:35.84
23 Heller, Jordan	10	Hinckley-Fin	2:37.12
24 Sellon, Quinn		Wrenshall	3:03.0h

**Event 19 Girls 200 Meter Dash Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1 Glumac, Alyson	12	Esko	26.98
2 Wiener, Megan	11	Royalton	27.01
3 Myrdal, Lacey	11	Two Harbors	27.68
4 Latour, Rachel	10	Maple Lake	28.35
5 Puncuchar, Jenny	10	Maple Lake	28.45
6 Dunkley, Cassidy	10	Hinckley-Fin	28.46
7 Pearson, Delany	11	Esko	28.53
8 Duevel, Abby	8	Royalton	28.65
9 Scott, Chelsey	12	Hinckley-Fin	28.71
10 Prokott, Vanessa	9	Holdingsford	28.82
11 Stangl, Cassie	11	Pierz	29.28
12 Sandin, Justyna	9	Pillager	29.34
13 Blood, MacKenzie	9	Mille Lacs*	29.41
14 Skroch, Emily	9	Holdingsford	29.49
15 Bednar, Bridget	9	Pierz	29.78

**Section 7A True Team**  
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**Results**

**Finals ... (Event 19 Girls 200 Meter Dash Girls)**

Name	Yr	School	Finals
16 Revier, Rachel	7	St. Cloud Ch	29.80
17 Wenner, Allison	9	St. John's P	29.93
18 Provost, Evie	9	Pillager	30.26
19 Johnson, Megan		Wrenshall	30.48
20 Keehr, Anna	8	Mille Lacs*	30.59
21 Sebas, Maria	10	St. John's P	30.83
22 Oland, Samantha		Wrenshall	30.93
23 Fynboh, Heather	12	Two Harbors	31.07
24 Olson, Dana	9	Moose Lake/W	31.34
25 Szczyrbak, Ava	7	Moose Lake/W	31.42
26 Cole, Ahnah	9	St. Cloud Ch	31.65

**Event 20 Boys 200 Meter Dash Boys**

Name	Yr	School	Finals
1 Hamp-Sill, Caleb	12	Two Harbors	23.06
2 Scott, David	11	Hinckley-Fin	23.37
3 Lumley, Victor	12	Holdingsford	23.52
4 Salvesson, Kevin	11	Maple Lake	23.59
5 Mudek, Riley	10	Esko	24.07
6 Nokken, Sean	12	Pillager	24.28
7 Reinertsen, Max	11	Esko	24.54
8 Richards, Travis	10	Pillager	24.57
9 Goelz, Jordan	12	Maple Lake	24.75
10 Olson, Holden	12	Moose Lake/W	24.79
11 Christiansen, Drew	9	Two Harbors	24.89
12 Millner, Tyler	8	Pierz	24.92
13 Nathe, Jeremy	12	Holdingsford	24.96
14 Eickhoff, Isaac	10	St. Cloud Ch	25.19
15 Marshik, Michael	11	Pierz	25.39
16 Hultgren, Tyler	12	St. Cloud Ch	25.83
17 Hilton, Cole	10	Carlton*	25.94
18 Trutwin, Jesse	11	Royalton	26.03
19 Pender, Michael	10	Moose Lake/W	26.18
20 Birginia, Marcus		Wrenshall	26.91
21 Wojtysiak, Tony		Wrenshall	26.93
22 Scofield, Nate	9	Royalton	28.28

**Event 21 Girls 3200 Meter Run Girls**

Name	Yr	School	Finals
1 Holt, McKenzie	9	St. Cloud Ch	11:43.37
2 Knutson, Kallyn	10	Esko	12:13.17
3 Heinen, Kristen	9	St. Cloud Ch	12:33.31
4 Kiminski, Kailee	8	Esko	12:38.24
5 Posner, Amber	9	Pillager	12:45.55
6 Dahl-Holm, Lindsey	11	Carlton*	13:00.81
7 Mokhtary, Abigail	9	Holdingsford	13:01.09
8 Theis, Sonya	12	Pierz	13:07.74
9 Skroch, Emily	9	Holdingsford	13:08.82
10 Radel, Haley	9	Moose Lake/W	13:21.07
11 Stewig, Blair	9	Maple Lake	13:27.46
12 Haegele, Hannah	10	Maple Lake	13:31.95
13 Tretter, Claire	8	Mille Lacs*	13:32.56

14 Eng, Tiana	8	Pillager	13:33.55
15 Hoheisel, Mariah	11	Pierz	13:46.53
16 Bettermann, Maren	11	St. John's P	13:47.41
17 Schmidt, Nicole	9	Mille Lacs*	14:16.03
18 Lynburner, Laken	8	Hinckley-Fin	14:18.46
19 Rabe, Lauren	9	Hinckley-Fin	14:43.58
20 Ring, Libbie	7	Moose Lake/W	15:00.18
21 Franz, Madeline	12	St. John's P	15:00.89

**Event 22 Boys 3200 Meter Run Boys**

Name	Yr	School	Finals
1 Lindquist, Jackson	11	Esko	10:24.20
2 Carlson, Zach	8	Royalton	10:57.19
3 Ensign, Josh	12	Two Harbors	11:05.39
4 Collins, Tremayne	8	Royalton	11:10.10
5 Dorow, Greg	10	Maple Lake	11:11.40
6 Rohloff, Trevor	12	Pillager	11:11.46
7 Becker, Danny	10	Maple Lake	11:12.78
8 Rengo, Matt	9	Esko	11:17.16
9 Coughlin, Cody	12	Moose Lake/W	11:19.19
10 Skwira, Abraham	8	Holdingsford	11:22.27
11 Zachman, Andrew	8	Holdingsford	11:25.42
12 Becker, Kyle	8	Pierz	11:36.44
13 Ortman, Chris	9	Pierz	11:38.04
14 Holbeck, Aaron	12	Two Harbors	11:38.14
15 Davis, Henry	9	Hinckley-Fin	11:59.96
16 Anderson, Tyler	12	Moose Lake/W	12:07.27
17 Johnson, Adrian	9	Hinckley-Fin	12:14.95
18 Schmanski, Andrew	12	St. John's P	12:15.86
19 Warren, Josh	11	Pillager	13:07.95
20 Virginia, Masen		Wrenshall	13:30.18
21 Heinen, Josh	8	St. Cloud Ch	13:54.57

**Event 23 Girls 4x400 Meter Relay Girls**

Team	Relay	Finals
1 Pillager		4:16.46
2 Esko		4:16.50
3 Holdingsford		4:23.76
4 Moose Lake/W		4:28.41
5 Hinckley-Finlayson		4:32.14
6 Mille Lacs*		4:32.62
7 Pierz		4:34.49
8 St. John's Prep		4:37.20
9 Two Harbors		4:43.62
10 Maple Lake		4:51.70
11 Carlton*		4:52.06
12 Royalton		5:04.38
13 St. Cloud Christian		5:10.19
14 Wrenshall		5:34.59

**Event 24 Boys 4x400 Meter Relay Boys**

Team	Relay	Finals
1 Pillager		3:33.89

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**  
**Results**

**Finals ... (Event 24 Boys 4x400 Meter Relay Boys)**

Team	Relay	Finals
2	Maple Lake	3:40.06
3	Esko	3:41.46
4	Moose Lake/W	3:42.53
5	Holdingsford	3:46.63
6	Pierz	3:46.96
7	Carlton*	3:47.29
8	Two Harbors	3:47.30
9	Hinckley-Finlayson	3:48.41
10	St. John's Prep	4:06.47
11	Wrenshall	4:07.35
12	Royalton	4:14.12

**Event 25 Girls Long Jump Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Wiener, Megan	11 Royalton	17-01.00
2	Beaudot, Janae	12 Esko	15-09.00
3	Scott, Chelsey	12 Hinckley-Fin	15-04.00
4	Myrdal, Lacey	11 Two Harbors	15-03.25
5	Barsody, Alex	10 Mille Lacs*	15-03.00
6	Lilly, Caitlyn	11 Esko	15-02.00
7	White, Jackie	12 Pillager	14-10.50
8	Krokus, Carolyn	11 St. John's P	14-09.00
9	Kroska, Gabriella	9 Pierz	14-03.00
10	Bednar, Bridget	9 Pierz	14-00.00
11	Ebnet, Sunni	7 Holdingsford	J14-00.00
12	Bukowski, Nina	12 Two Harbors	J14-00.00
13	Haegele, Hannah	10 Maple Lake	13-11.75
14	Mattison, Holly	9 Moose Lake/W	13-09.00
15	Keehr, Anna	8 Mille Lacs*	J13-09.00
16	Duevel, Abby	8 Royalton	13-07.50
17	Wenner, Allison	9 St. John's P	13-06.25
18	Pribyl, Courtney	10 Maple Lake	13-04.50
19	Nelson, Kalynda	10 Hinckley-Fin	13-04.00
20	Zime, Tori	10 Carlton*	13-02.75
21	Race, Hannah	9 Moose Lake/W	13-02.00
22	Johnson, Jesslynn	10 Pillager	13-01.00
23	Eickhoff, Ali	12 St. Cloud Ch	J13-01.00
24	Schramm, Savannah	12 Carlton*	12-11.75
25	Laveau, Shana	Wrenshall	12-06.75
26	Revier, Rachel	7 St. Cloud Ch	12-04.75
27	Ruprecht, Emily	7 Holdingsford	12-03.00
---	Pavlich, Anika	Wrenshall	ND

**Event 26 Boys Long Jump Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hamp-Sill, Caleb	12 Two Harbors	21-05.75
2	Sobania, Alex	12 Holdingsford	21-00.50
3	Scott, David	11 Hinckley-Fin	20-10.00
4	Horoshak, Alex	12 Two Harbors	20-08.75
5	Blonigan, Cody	12 Holdingsford	20-04.75
6	Reinertsen, Max	11 Esko	20-02.75
7	DeLong, Wesley	11 Pillager	20-02.00

8	Webb, Charlie	10 Maple Lake	19-05.00
9	Nokken, Sean	12 Pillager	19-01.25
10	Marshik, Michael	11 Pierz	19-01.00
11	Lund, Mat	12 Carlton*	18-11.00
12	Olson, Holden	12 Moose Lake/W	18-06.50
13	Coughlin, Forrest	11 Maple Lake	18-04.50
14	Phipps, Dan	12 St. John's P	18-04.00
15	Millner, Tyler	8 Pierz	17-11.00
16	Mudek, Riley	10 Esko	17-10.00
17	Hultgren, Tyler	12 St. Cloud Ch	17-07.50
18	Coil, Isaac	10 Moose Lake/W	17-05.00
19	Spore, Caleb	12 St. Cloud Ch	17-00.00
20	Hilton, Cole	10 Carlton*	16-08.00
21	Sung, Bou Kay	12 St. John's P	16-00.25
22	Piemel, Tony	9 Royalton	14-11.50
23	Birginia, Marcus	Wrenshall	14-10.00
24	Pauly, Hunter	Wrenshall	14-00.50
25	Borash, Ben	7 Royalton	12-07.75
26	Heller, Jordan	10 Hinckley-Fin	9-10.25

**Event 27 Girls Triple Jump Girls**

Name	Yr	School	Finals
<b>Finals</b>			
1	Glumac, Alyson	12 Esko	32-11.25
2	Graff, Krista	12 Hinckley-Fin	32-08.50
3	Swartz, Dawn	8 Pillager	32-06.50
4	Bergstedt, Megan	11 Esko	32-01.00
5	Haegele, Hannah	10 Maple Lake	31-08.00
6	Wagner, Laura	11 Maple Lake	30-08.00
7	Holbert, Kierra	11 Mille Lacs*	30-07.00
8	Huo, Chu Nan	11 St. John's P	30-03.25
9	Bukowski, Nina	12 Two Harbors	30-03.00
10	Eickhoff, Ali	12 St. Cloud Ch	29-07.00
11	Angevine, Nicole	12 Holdingsford	29-05.00
12	Schramm, Savannah	12 Carlton*	J29-05.00
13	Goplen, Kaylie	10 Mille Lacs*	28-08.25
14	LaTarte, Savannah	8 Pillager	28-00.75
15	Dahlberg, Katie	11 Hinckley-Fin	28-00.50
16	Longendyke, Anna	9 Holdingsford	27-06.00
17	Dahmen, Anya	11 Pierz	27-02.00
18	Kasper, Tarynn	10 Pierz	27-01.00
19	Mattison, Holly	9 Moose Lake/W	26-06.00
20	Cisar, Rebecca	12 Moose Lake/W	24-09.75

**Event 28 Boys Triple Jump Boys**

Name	Yr	School	Finals
<b>Finals</b>			
1	Hamp-Sill, Caleb	12 Two Harbors	43-03.00
2	Reinertsen, Max	11 Esko	42-10.50
3	Sobania, Alex	12 Holdingsford	41-05.50
4	Blonigan, Cody	12 Holdingsford	41-05.00
5	Weizenneger, Jacob	11 Pillager	40-08.00
6	Horoshak, Alex	12 Two Harbors	40-07.25
7	Feikema, Nick	10 Maple Lake	40-05.00
8	Marshik, Michael	11 Pierz	40-02.25
9	Miller, Matt	11 Hinckley-Fin	38-10.25

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**

**Results**

**Finals ... (Event 28 Boys Triple Jump Boys)**

Name	Yr	School	Finals
10 Cisar, Zach	12	Moose Lake/W	38-08.00
11 Strack, Devin	10	Pillager	38-03.00
12 Mooney, Joey	11	Maple Lake	36-08.50
13 Julich, Alex	11	Pierz	36-08.00
14 Bennett, Mike	12	Moose Lake/W	35-08.00
15 Makela, Curis	11	Royalton	35-05.00
16 Bisel, Ben	10	Esko	35-00.25
17 Davis, Dalton	11	Hinckley-Fin	33-07.00
18 Knutson, Jacob	7	St. Cloud Ch	29-03.00
19 Collins, Tremayne	8	Royalton	J29-03.00

**Event 29 Girls High Jump Girls**

Name	Yr	School	Finals
1 Beaudot, Janae	12	Esko	5-00.00
2 Wiener, Megan	11	Royalton	J5-00.00
3 Preimesberger, Amber	12	Pierz	4-10.00
4 Bednar, Bridget	9	Pierz	J4-10.00
5 Ness, Kari	11	Mille Lacs*	4-08.00
6 Simonette, Nina	11	Maple Lake	J4-08.00
6 Goplen, Kaylie	10	Mille Lacs*	J4-08.00
6 Dahl-Holm, Lindsey	11	Carlton*	J4-08.00
9 Birkhofer, Danielle	10	Esko	4-06.00
10 Fiedler, Kara	10	Holdingsford	J4-06.00
11 Lax, Ashley	9	Two Harbors	4-02.00
12 Thiele, Anna	9	Maple Lake	J4-02.00
13 Tschida, Bridget	11	Royalton	J4-02.00
14 Howland, Kali	12	Pillager	4-00.00
14 Schultz, Breanne	8	Hinckley-Fin	4-00.00
14 Posner, Amber	9	Pillager	4-00.00
17 Storm, Summer	7	Holdingsford	3-09.00
17 Wenner, Nicole	7	St. John's P	3-09.00
17 Radel, Kayla	9	Moose Lake/W	3-09.00
17 Schmelling, Courtney	9	Hinckley-Fin	3-09.00
21 Eickhoff, Ali	12	St. Cloud Ch	J3-09.00
--- Ring, Libbie	7	Moose Lake/W	NH
--- Martin, Madison	9	St. Cloud Ch	NH

**Event 30 Boys High Jump Boys**

Name	Yr	School	Finals
1 Rueger, Chase	11	Hinckley-Fin	6-00.00
2 Hendrickson, Issac	10	Maple Lake	5-10.00
3 Bisel, Ben	10	Esko	J5-10.00
4 Cisar, Zach	12	Moose Lake/W	J5-10.00
5 Bubbs, Klaeton	11	Esko	5-08.00
6 Mooney, Joey	11	Maple Lake	J5-08.00
6 Neurerur, Matt	10	Pillager	J5-08.00
8 Iskat, Jake	12	Two Harbors	5-04.00
8 Froemming, Isaac	11	St. Cloud Ch	5-04.00
10 Jacobson, Isaac	11	Pillager	J5-04.00
11 McDannold, Jon	12	Two Harbors	5-02.00
12 Peterson, Kodie	12	Carlton*	J5-02.00
13 Becker, Kyle	8	Pierz	5-00.00

14 Juaire, Zachary	9	Holdingsford	J5-00.00
15 Bennett, Mike	12	Moose Lake/W	J5-00.00
15 Bullert, Grant	8	Holdingsford	J5-00.00
17 Vine, Luke		Wrenshall	J5-00.00
18 Spore, Caleb	12	St. Cloud Ch	4-09.00
18 Weber, Preston	11	Pierz	4-09.00
20 Irons, Evan	11	Hinckley-Fin	4-06.00
21 Porter, Neil		Wrenshall	J4-06.00

**Event 31 Girls Pole Vault Girls**

Name	Yr	School	Finals
1 Dunkley, Cassidy	10	Hinckley-Fin	9-00.00
2 Stangl, Cassie	11	Pierz	8-06.00
3 Keehr, Anna	8	Mille Lacs*	8-00.00
3 Schramm, Brooke	10	Esko	8-00.00
5 Mills, Rachael	12	Esko	J8-00.00
6 Latour, Rachel	10	Maple Lake	J8-00.00
7 Neururer, Sarah	9	Pillager	7-06.00
8 Knott, Carissa	10	Maple Lake	J7-06.00
9 Young, Emily	11	Mille Lacs*	J7-06.00
9 Flagstad, Ilexa	12	Holdingsford	J7-06.00
11 Erickson, Olivia	10	Hinckley-Fin	7-00.00
12 Dockendorf, McKinzie	9	Holdingsford	J7-00.00
13 Ruhl, Tess	12	Pillager	5-03.00

**Event 32 Boys Pole Vault Boys**

Name	Yr	School	Finals
1 VanHal, Cory	10	Pillager	12-00.00
2 Lenzen, Michael	11	Hinckley-Fin	11-06.00
3 Lindquist, Jackson	11	Esko	J11-06.00
4 Kolstad, Kyle	10	Holdingsford	11-00.00
5 Tvedt, Kory	10	Esko	9-06.00
6 Loftis, Jon	12	Maple Lake	J9-06.00
7 Kieffer, Tyler	11	Pierz	9-00.00
8 Maciej, Alex	12	Holdingsford	8-06.00
9 LeTourneau, Jeremiah	10	Hinckley-Fin	8-00.00
10 Cranston, D.J.	10	Maple Lake	J8-00.00
11 Hoheisel, TJ	10	Pierz	7-06.00
11 White, Shane	11	Pillager	7-06.00

**Event 33 Girls Shot Put Girls**

Name	Yr	School	Finals
1 Gerads, Chelsea A	11	Holdingsford	34-05.75
2 Conner, Kylee	12	Mille Lacs*	34-02.50
3 Peterson, Kaley	11	Two Harbors	33-08.50
4 Posch, Katie	11	Holdingsford	31-06.00
5 Gordon, Allison	8	St. Cloud Ch	29-08.00
6 Puncuchar, Jenny	10	Maple Lake	29-05.75
7 Boser, Alyssa	10	Pierz	29-05.00
8 Monson, Lindsay	11	Pierz	29-02.00
9 Schellinger, Jordan	12	St. John's P	28-07.75
10 Bandelin, Stephanie	11	Esko	28-06.75
11 Muller, Elly	12	Maple Lake	28-05.75

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**

**Results**

**Finals ... (Event 33 Girls Shot Put Girls)**

Name	Yr	School	Finals
12 Cross, Casey	8	Two Harbors	27-09.50
13 Moen, Hannah	8	St. John's P	27-00.50
14 Reuer, Megan	11	Esko	26-10.25
15 Schmitt, Katie	11	Royalton	26-09.50
16 Nolan-Rapatz, Sonora	10	Pillager	26-06.00
17 Olson, Dana	9	Moose Lake/W	26-05.50
18 Nelson, Lanae	10	Hinckley-Fin	26-04.25
19 Tiemann, Heather	11	Royalton	26-03.50
20 Johnson, Esther	11	Carlton*	25-04.75
21 Olander, Kayla	11	Hinckley-Fin	25-01.75
22 Loven, Hadessah	9	St. Cloud Ch	24-11.50
23 Peterson, Leah	11	Mille Lacs*	24-09.25
24 Race, Hannah	9	Moose Lake/W	22-11.00
25 Meggle, Marina	12	Pillager	22-05.25
26 Sellon, Jade		Wrenshall	16-07.75

**Event 34 Boys Shot Put Boys**

Name	Yr	School	Finals
1 Vargas, Nathan	12	Moose Lake/W	46-00.50
2 Waytashek, Dustin	11	Pierz	42-05.00
3 Messman, Mitch	9	Holdingsford	41-07.75
4 Ramsey, Ben	10	Pillager	41-06.00
5 Kolstad, Kurt	12	Holdingsford	41-05.50
6 Matlock, Gage	12	Two Harbors	40-07.50
7 Weaver, Austin	12	Royalton	40-04.75
8 Dahlgren, Kris	12	Maple Lake	40-04.00
9 Smith, Micky	11	Two Harbors	38-03.50
10 Hudek, Ben	10	Maple Lake	37-07.50
11 Johnson, Kyle	11	Esko	37-03.75
12 Carlstrom, Chris	10	Hinckley-Fin	37-01.00
13 Huls, Sean	12	Pierz	36-02.00
14 Hutchison, Rian	12	Pillager	33-04.50
15 Ring, Joe	12	Moose Lake/W	33-00.50
16 Schwanke, Michael	10	Royalton	32-08.00
17 Nelson, Ryan	10	Hinckley-Fin	32-00.00
18 Peterson, Kodie	12	Carlton*	31-04.75
19 Morisson, Evan	9	St. John's P	30-09.00
20 Spehar, Zach		Wrenshall	29-08.00
21 Larson, Edmund	10	St. John's P	28-11.00
22 Saphner, Matt	10	Esko	28-08.75
23 Bryce, Travis		Wrenshall	27-10.50
24 Stone, Michael	8	St. Cloud Ch	26-01.25
25 McPhail, Phil	10	Carlton*	23-10.00
26 Kern, Nathaniel	7	St. Cloud Ch	23-06.00

**Event 35 Girls Discus Throw Girls**

Name	Yr	School	Finals
1 McGregor, Stephanie	11	Two Harbors	110-05
2 Gerads, Chelsea A	11	Holdingsford	104-05
3 Schellinger, Jordan	12	St. John's P	95-07
4 Posch, Katie	11	Holdingsford	95-02
5 Schmitt, Katie	11	Royalton	95-01

6 Ericson, Hayley	12	Hinckley-Fin	J95-01
7 Beckman, Katie	10	Esko	90-06
8 Stroozas, Madison	10	Two Harbors	90-03
9 Monson, Lindsay	11	Pierz	89-11
10 Nelson, Lanae	10	Hinckley-Fin	88-02
11 Gordon, Allison	8	St. Cloud Ch	87-04
12 Conner, Kylee	12	Mille Lacs*	86-10
13 Peterson, Leah	11	Mille Lacs*	84-03
14 Bandelin, Stephanie	11	Esko	83-00
15 Wimer, Mercita	12	Royalton	80-00
16 Zajac, Olivia	11	Pierz	79-04
17 Hudek, Dani	10	Maple Lake	76-06
18 Johnson, Esther	11	Carlton*	72-08
19 Loven, Hadessah	9	St. Cloud Ch	71-11
20 Olson, Dana	9	Moose Lake/W	69-05
21 Nolan-Rapatz, Sonora	10	Pillager	67-08
22 Moen, Hannah	8	St. John's P	65-08
23 Stevens, Kelsee	10	Moose Lake/W	58-00
24 Meggle, Marina	12	Pillager	56-05
25 Sellon, Jade		Wrenshall	52-07
26 Muller, Elly	12	Maple Lake	39-11

**Event 36 Boys Discus Throw Boys**

Name	Yr	School	Finals
1 Weaver, Austin	12	Royalton	127-11
2 Vargas, Nathan	12	Moose Lake/W	124-01
3 Hutchison, Rian	12	Pillager	121-10
4 Salveson, Kevin	11	Maple Lake	117-09
5 Matlock, Gage	12	Two Harbors	114-11
6 Smith, Micky	11	Two Harbors	112-11
7 Davis, Nick	11	Maple Lake	112-04
8 Messman, Mitch	9	Holdingsford	105-10
9 Ramsey, Ben	10	Pillager	101-04
10 Denzler, Tyler	10	Esko	101-01
11 Lindstrom, Jacob	9	Esko	97-10
12 Kroll, Andrew	10	Royalton	97-04
13 Nelson, Ryan	10	Hinckley-Fin	95-03
14 Morisson, Evan	9	St. John's P	J95-03
15 Scepaniak, Bryan	10	Holdingsford	92-11
16 Halls, Kody	12	Moose Lake/W	92-03
17 Waytashek, Dustin	11	Pierz	89-07
18 Carlstrom, Chris	10	Hinckley-Fin	86-07
19 Larson, Edmund	10	St. John's P	85-11
20 Kruse, Jacob	12	Pierz	79-01
21 Hultgren, Tyler	12	St. Cloud Ch	77-05
22 Jurek, Alex		Wrenshall	71-01
23 Stone, Michael	8	St. Cloud Ch	67-00
24 LaFave, Jonah		Wrenshall	58-06

**Women - Girls - Team Rankings - 18 Events Scored**

1) Esko	842.5
2) Holdingsford	669

**Section 7A True Team**  
**Holdingsford, Minnesota - 5/10/2011**  
**Results**

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3) Maple Lake	640
4) Mille Lacs*	597
5) Pierz	587
6) Hinckley-Finlayson	567.5
7) Pillager	567
8) Two Harbors	421
9) St. John's Prep	414.5
10) Moose Lake/Willow River*	389.5
11) Royalton	357
12) St. Cloud Christian	316
13) Carlton*	180
14) Wrenshall	87

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**Men - Boys - Team Rankings - 18 Events Scored**

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1) Pillager	692
2) Maple Lake	673.5
3) Esko	671
4) Two Harbors	655.5
5) Holdingsford	625.5
6) Moose Lake/Willow River*	503.5
7) Pierz	472
8) Hinckley-Finlayson	442
9) Royalton	308
10) St. Cloud Christian	217
11) St. John's Prep	188
12) Carlton*	132
13) Wrenshall	115