

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello		9:52.32
2 Alexandria		9:57.90
3 Buffalo		10:01.52
4 Bemidji		10:29.57
5 Brainerd		10:35.21
6 Moorhead High School		10:39.02
7 StCloudApp		11:24.26
8 Sauk Rapids-Rice		11:27.27

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello		8:15.90
2 Buffalo		8:26.44
3 Bemidji		8:30.82
4 Moorhead High School		8:30.84
5 Alexandria		8:49.30
6 Sauk Rapids-Rice		9:05.66
7 Brainerd		9:06.36
8 StCloudApp		9:09.55

Event 3 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jolynn Warnes	12	Alexandria	15.75
2 Ashley Heinze	12	Moorhead	15.85
3 Chloe Miller	10	Brainerd	16.40
4 Alexandra Sandberg	11	Buffalo	16.40
5 Amanda Letsinger	10	Buffalo	16.43
6 Becca Illies	10	Alexandria	16.58
7 Rachel Wotzka	12	Sauk Rapids-Rice	16.87
8 Olivia Bergh	10	Moorhead	16.95
9 Samantha Pitts	11	Monticello	17.03
10 Abby Hlinsky	10	Alexandria	17.05
11 Olivia Elsenpeter	12	Brainerd	17.47
12 Remington Deyak		StCloudApp	17.60
13 Lisa Nygaard	10	Monticello	17.86
14 Brianna Kruize	11	Brainerd	17.94
15 Kate Schulze	12	Bemidji	17.96
16 Rebecca Haggerty	10	Buffalo	17.98
17 Steph Frey	10	Bemidji	18.07
18 Tiarah Lister	9	StCloudApp	18.10
19 Claire Laakso	9	Bemidji	18.23
20 Lauren Lukasavitz	11	Sauk Rapids-Rice	18.99
21 Samantha Petterson	10	Monticello	19.33
22 Holly Grise'	10	StCloudApp	19.37
23 Courtney Ackerman	9	Sauk Rapids-Rice	19.52
24 Katie Rosenfeldt	11	Moorhead	23.21

Event 4 Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jerome Begin	12	Buffalo	14.27
2 Dan Gorghuber	12	Alexandria	14.82
3 Bryce Balfanz	12	Monticello	15.03
4 Jackson Walters	11	Brainerd	15.09
5 Eric Selchow	11	Buffalo	15.53
6 Dakota Swenson	11	Brainerd	15.75
7 Ethan Kalinowski	12	Buffalo	15.77
8 Jacob Peterson	11	Monticello	16.12
9 Jake Lynch	10	Sauk Rapids-Rice	16.23
10 Erik Bye	11	Moorhead	16.24
11 Jesse Zahn	12	Brainerd	16.36
12 Adam Hanson	10	Moorhead	16.42
13 Nick Gubbels	10	Bemidji	17.01
14 Garrett Hawkins	12	Moorhead	17.36
15 Tanner Phillips	9	Bemidji	17.53
16 Malachi Fleck	10	Sauk Rapids-Rice	18.57
17 Mitch Peck	9	Alexandria	18.60
18 Peter Olson	11	Alexandria	19.00
19 Kyle Olson	10	Sauk Rapids-Rice	19.36
20 Brandon Koroll	11	StCloudApp	20.21
21 Derek Docherty	11	Monticello	20.47
22 Troy Saucedo	10	Bemidji	20.73
23 Isaiah West	9	StCloudApp	21.60
24 George Luangoudom	12	StCloudApp	23.18

Event 5 Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Roseanne Erickson	12	Alexandria	12.81
2 Hannah Lundstrom	9	Brainerd	12.82
3 Chantel Midas	12	StCloudApp	13.03
4 Tasha Spiczka	12	Sauk Rapids-Rice	13.05
5 Erica Ulberg	9	Moorhead	13.06
6 Courtney Ryan	10	Brainerd	13.08
7 Ellie Henkemeyer	10	Sauk Rapids-Rice	13.33
8 Amber Tebben	12	Alexandria	13.34
9 Brooke Johnson	10	StCloudApp	13.34
10 Olivia Haggerty	12	Buffalo	13.35
11 Briquella Bowden	10	Alexandria	13.48
12 Amber Doebler	9	Buffalo	13.49
13 Taylor McElfresh	12	Brainerd	13.51
14 Maria Hanson	9	Buffalo	13.60
15 Remington Deyak		StCloudApp	13.65
16 Kate Johnson	10	Monticello	13.65
16 Marissa Wong	9	Moorhead	13.65
18 Sara Ludlow	9	Bemidji	13.69
19 Michole Timm	12	Sauk Rapids-Rice	13.84
20 Morgan Nyquist	11	Moorhead	13.87
21 Beth Bursch	10	Monticello	13.93
22 Josie Spry	10	Bemidji	13.96
23 Essie Wall	12	Bemidji	13.98
24 Emily Dockendorf	8	Monticello	14.20

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 6 Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lucas McKirdy	11	Alexandria	10.98
2 Jordan Hayes	12	Brainerd	11.14
3 Joe Nelson	12	Brainerd	11.19
4 Dan Lauer	12	Brainerd	11.21
5 Rollie Miller	11	Buffalo	11.33
6 Brady Anderson	9	Moorhead	11.35
7 Nick Geraghty	12	Moorhead	11.41
8 Cole Bardwell	12	Bemidji	11.49
9 Collin Scherber	10	Monticello	11.53
10 Austin Moon	10	Moorhead	11.53
11 Matt Huberty	11	Sauk Rapids-Rice	11.59
12 Dylan Galligan	12	Alexandria	11.63
13 Michael Huss	12	Alexandria	11.64
14 Corey Landowski	12	Sauk Rapids-Rice	11.74
15 Derek Alexander	10	StCloudApp	11.85
16 Joey Merz	10	Buffalo	11.91
17 Dylan Dickinson	10	Bemidji	11.93
18 Jacob Rohlin	11	Buffalo	11.99
19 Isaiah Moore	10	Bemidji	12.11
20 Brandon Josephs	10	Sauk Rapids-Rice	12.16
21 Uli Manzanilla	11	Monticello	12.22
22 Lowell Laudert	08	Monticello	12.23
23 Austin Battig	11	StCloudApp	12.55
24 Antonio Parker	10	StCloudApp	12.66

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Monticello		1:52.31
2 Alexandria		1:52.77
3 Buffalo		1:52.82
4 Sauk Rapids-Rice		1:53.80
5 Brainerd		1:54.30
6 Moorhead High School		1:54.43
7 Bemidji		1:55.65
8 StCloudApp		2:00.53

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Alexandria		1:33.45
2 Buffalo		1:33.72
3 Brainerd		1:35.14
4 Bemidji		1:35.23
5 Monticello		1:36.27
6 Moorhead High School		1:36.29
7 Sauk Rapids-Rice		1:37.02
8 StCloudApp		1:39.80

Event 9 Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Erica Seidenkranz	11	Monticello	5:10.72
2 Bailey Drewes	12	Bemidji	5:15.28
3 Jenna Truedson	8	Bemidji	5:17.66
4 Taylor Janssen	10	Moorhead	5:20.79
5 Mariah Betzler	9	Monticello	5:22.04
6 Megan Holmes	12	Brainerd	5:23.29
7 Kim Truedson	11	Bemidji	5:25.58
8 Anna Gessell	12	Brainerd	5:27.32
9 Allison Kosobud	10	Brainerd	5:27.83
10 Bethany Hasz	7	Alexandria	5:32.54
11 Samantha Sunstrom	10	Sauk Rapids-Rice	5:33.02
12 Avery Selberg	9	Moorhead	5:36.10
13 Mackenzie Randklev	11	Moorhead	5:39.00
14 Julia Seiling	9	Alexandria	5:46.28
15 Corinne Steele	11	Monticello	5:47.44
16 Alicia Armstrong	12	Sauk Rapids-Rice	5:52.90
17 Angela Eastlund	11	Buffalo	5:55.23
18 Alicia Berkenes	9	Buffalo	6:04.11
19 Leeza Kennedy	11	Buffalo	6:06.21
20 Jackie Braun	9	Sauk Rapids-Rice	6:07.98
21 Hannah Havemeier	9	StCloudApp	7:07.89
22 Alyssa Thumb	9	StCloudApp	7:24.96

Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Alex Schoneberger	12	Bemidji	4:27.55
2 Glen Ellingson		Moorhead	4:27.98
3 Dan Pettit	10	Buffalo	4:30.2h
4 Colin Lyndorff	10	Monticello	4:30.77
5 Joshua Wedemeier	12	Buffalo	4:34.6h
6 Ezra Olson	10	Moorhead	4:35.1h
7 Jacob Urban	12	Bemidji	4:39.6h
8 Zac Bartholomeo	10	Alexandria	4:43.0h
9 Josh Young	9	Moorhead	4:45.9h
10 Mitch Evink	12	Alexandria	4:50.0h
11 Derek Secord	09	Monticello	4:51.8h
12 Johannes Wolf	12	Monticello	4:52.1h
13 Elias Hendrickson	10	Bemidji	4:53.5h
14 Gerrit Garberich	10	Brainerd	4:55.2h
15 Riley Nelsen	11	Brainerd	4:55.7h
16 Zean Baker	10	Brainerd	4:59.7h
17 Matthew Young	12	Alexandria	5:02.2h
18 Nicholas Theisen	12	StCloudApp	5:02.8h
19 Avery Schottler	11	Buffalo	5:03.1h
20 Josh Kuehn	12	Sauk Rapids-Rice	5:05.6h
21 Isaac Nelson	9	StCloudApp	5:06.8h
22 Marcus Gebhardt	12	Sauk Rapids-Rice	5:18.7h
23 Brandon Koroll	11	StCloudApp	5:19.8h
24 Nathan Miller	11	Sauk Rapids-Rice	5:23.6h

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Results

Event 11 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Brainerd	51.14
2	Alexandria	51.57
3	Moorhead High School	52.02
4	Sauk Rapids-Rice	52.52
5	Buffalo	53.26
6	Bemidji	54.55
7	Monticello	55.04
8	StCloudApp	55.07

Event 12 Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Alexandria	43.95
2	Brainerd	44.18
3	Buffalo	45.28
4	Moorhead High School	45.89
5	Sauk Rapids-Rice	46.03
6	Bemidji	46.50
7	StCloudApp	47.07
8	Monticello	47.16

Event 13 Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Ashley Heinze	12 Moorhead	1:00.22
2	Chantel Midas	12 StCloudApp	1:01.63
3	Morgan Lindenfesler	11 Monticello	1:02.01
4	Madelyn Urman	9 Alexandria	1:03.22
5	Grace Sawatzke	9 Monticello	1:03.87
6	Sarah Yeh	9 Brainerd	1:04.38
7	Sarah Lentner	11 Sauk Rapids-Rice	1:04.43
8	Katie Crnokrak	9 Monticello	1:04.52
9	Molly Olson	10 Buffalo	1:04.74
10	Katherine Glen	9 Buffalo	1:04.93
11	Jae Borgen	10 Moorhead	1:05.12
12	Olivia Bergh	10 Moorhead	1:05.15
13	Katie Oden	12 Buffalo	1:05.42
14	Maria Comeau	11 Brainerd	1:05.81
15	Danielle Gronhovd	10 Bemidji	1:06.30
16	Katelyn Schneider	9 StCloudApp	1:06.39
17	Jazmine Roste	10 Alexandria	1:06.42
18	Amber Peterson	10 Bemidji	1:06.43
19	Shanee Herd	10 Alexandria	1:06.63
20	Lauren Lukasavitz	11 Sauk Rapids-Rice	1:07.27
21	Blake Bardwell	10 Bemidji	1:07.31
22	Katie Krepp	9 Sauk Rapids-Rice	1:07.32
23	Sophie Campbell	10 Brainerd	1:08.30
24	Elizabeth Jolkovsky	12 StCloudApp	1:09.31

Event 14 Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Cyrus Mason	12 Monticello	50.50
2	Dan Gorghuber	12 Alexandria	50.71
3	Dillon Miller	12 Buffalo	50.72
4	Jared Widner	12 Moorhead	51.28
5	Nick Geraghty	12 Moorhead	51.53
6	Cole Bardwell	12 Bemidji	51.87
7	Dan Lauer	12 Brainerd	52.44
8	Sam Johnson	9 Monticello	52.70
9	Isak Sommer	10 Bemidji	52.78
10	Scott Hulsebus	11 Bemidji	53.88
11	Isaiah Smith	9 Brainerd	54.13
12	Jordan Mohs	12 Sauk Rapids-Rice	54.31
13	John Reichl	12 StCloudApp	55.01
14	Phillip Pham	11 Alexandria	55.04
15	Brett Lawrence	9 Moorhead	55.09
16	Logan Davis	9 Brainerd	55.49
17	Austin Link	11 Monticello	56.50
18	Bobby Wittowski	8 Sauk Rapids-Rice	56.53
19	Mark Bjork	10 Buffalo	56.63
20	James Holmquist	10 Alexandria	57.25
21	Austin Ellefson	10 Buffalo	57.37
22	Michael Voit	10 Sauk Rapids-Rice	57.60
23	Austin Battig	11 StCloudApp	57.60
24	Nathan Pierskalla	9 StCloudApp	1:01.58

Event 15 Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Rachel Wotzka	12 Sauk Rapids-Rice	48.42
2	Samantha Pitts	11 Monticello	48.70
3	Jordan Skarin	10 Buffalo	48.71
4	Katie Rosenfeldt	11 Moorhead	49.22
5	Karly Betterman	9 Alexandria	49.53
6	Jolynn Warnes	12 Alexandria	49.56
7	Brianna Kruize	11 Brainerd	49.62
8	Olivia Bergh	10 Moorhead	50.09
9	Amanda Hunt	12 Bemidji	50.14
10	Alexandra Sandberg	11 Buffalo	50.32
11	Courtney Ackerman	9 Sauk Rapids-Rice	51.09
12	Olivia Elsenpeter	12 Brainerd	51.19
13	Rachel Mussell	12 Buffalo	51.47
14	Steph Frey	10 Bemidji	52.04
15	Claire Laakso	9 Bemidji	52.07
16	Nicole Canavati	10 Alexandria	52.25
17	Holly Grise'	10 StCloudApp	52.79
18	Bri Johnson	10 Monticello	52.94
19	Taylor Johnshoy	10 Brainerd	53.49
20	Theresa Arnold	10 Sauk Rapids-Rice	53.95
21	Casey Maus	11 Monticello	55.35
22	Nyachieng Puoch	10 StCloudApp	56.17
23	Amber Johnson	11 Moorhead	56.52

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Brainerd High School, Minnesota

Results

Event 16 Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jerome Begin	12	Buffalo	38.97
2 Andrew Gutknecht	11	Buffalo	40.68
3 Garrett Hawkins	12	Moorhead	42.06
4 Jackson Walters	11	Brainerd	42.17
5 Austin Youngs	10	Buffalo	42.25
6 Jake Lynch	10	Sauk Rapids-Rice	42.38
7 Erik Bye	11	Moorhead	42.42
8 Jesse Zahn	12	Brainerd	42.72
9 Jeff Fiebelkorn	12	Brainerd	43.07
10 Nick Gubbels	10	Bemidji	43.84
11 Adam Hanson	10	Moorhead	44.61
12 Mitch Peck	9	Alexandria	44.70
13 Bryce Balfanz	12	Monticello	45.06
14 Jacob Peterson	11	Monticello	45.16
15 Clayton Cozad	11	Alexandria	45.98
16 Gunnar Nelson	9	Bemidji	46.41
17 Michael Witschen	10	Monticello	46.71
18 Isaiah West	9	StCloudApp	47.03
19 Peter Olson	11	Alexandria	47.32
20 Brandon Landowski	10	Sauk Rapids-Rice	47.58
21 Troy Saucedo	10	Bemidji	48.47
22 Brandon Thompson	11	StCloudApp	49.10
23 Brandon Koroll	11	StCloudApp	49.39
24 Malachi Fleck	10	Sauk Rapids-Rice	52.55

Event 17 Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Megan Holmes	12	Brainerd	2:22.68
2 Hillary Arechigo	11	Monticello	2:25.31
3 Allison Kosobud	10	Brainerd	2:26.28
4 Anna Gessell	12	Brainerd	2:26.53
5 Avery Selberg	9	Moorhead	2:27.75
6 Jenna Truedson	8	Bemidji	2:28.88
7 Bailey Drewes	12	Bemidji	2:29.05
8 Corinne Steele	11	Monticello	2:29.85
9 Mackenzie Randklev	11	Moorhead	2:30.03
10 Mariah Betzler	9	Monticello	2:31.83
11 Julia Seiling	9	Alexandria	2:32.79
12 Samantha Sunstrom	10	Sauk Rapids-Rice	2:33.06
13 Danielle Gronhovd	10	Bemidji	2:33.18
14 Shelby Iverson	10	Alexandria	2:33.20
15 Kailey Johnson	10	Buffalo	2:35.62
16 Alita Taylor	11	Moorhead	2:37.23
17 Erin Nelson	10	StCloudApp	2:38.05
18 Katelyn Scapanski	8	Sauk Rapids-Rice	2:38.20
19 Alicia Armstrong	12	Sauk Rapids-Rice	2:42.15
20 Tess Boucher	12	Alexandria	2:43.31
21 Jordyn Broten	11	Buffalo	2:46.99

Event 18 Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Alex Schoneberger	12	Bemidji	1:59.69
2 Isak Sommer	10	Bemidji	2:01.43
3 Phillip LaVallee	11	Monticello	2:01.72
4 Dan Pettit	10	Buffalo	2:03.28
5 Mitch Ronning	12	Alexandria	2:04.74
6 Jacob Urban	12	Bemidji	2:04.97
7 Michael Swearingen	10	Buffalo	2:05.58
8 Zac Bartholomeo	10	Alexandria	2:06.45
9 Blake Solberg	12	Buffalo	2:07.64
10 Jacob Geraghty	11	Moorhead	2:10.88
11 Matthew Lillehaugen	10	Moorhead	2:11.65
12 Josh Young	9	Moorhead	2:12.51
13 Justin Warling	10	Brainerd	2:16.07
14 Lawrence Krause	09	Monticello	2:16.27
15 Kreg Anderson	10	Alexandria	2:16.65
16 Gerrit Garberich	10	Brainerd	2:16.99
17 Josh Kuehn	12	Sauk Rapids-Rice	2:17.43
18 Nick Schwen	9	Brainerd	2:19.17
19 George Luangoudom	12	StCloudApp	2:20.04
20 Cyrus Mason	12	Monticello	2:20.14
21 Nicholas Thornton	12	StCloudApp	2:21.01
22 Tyler Reimann	10	Sauk Rapids-Rice	2:21.45
23 McKinley Lain	7	Sauk Rapids-Rice	2:22.32
24 Roba Ibro	9	StCloudApp	2:34.35

Event 19 Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Roseanne Erickson	12	Alexandria	25.76
2 Hannah Lundstrom	9	Brainerd	25.89
3 Ashley Heinze	12	Moorhead	26.27
4 Chantel Midas	12	StCloudApp	26.57
5 Madelyn Urman	9	Alexandria	26.74
6 Kate Johnson	10	Monticello	27.10
7 Erica Ulberg	9	Moorhead	27.27
8 Courtney Ryan	10	Brainerd	27.41
9 Ellie Henkemeyer	10	Sauk Rapids-Rice	27.57
10 Taylor McElfresh	12	Brainerd	27.70
11 Grace Sawatzke	9	Monticello	27.81
12 Jordan Skarin	10	Buffalo	27.87
13 Blake Bardwell	10	Bemidji	27.94
14 Amanda Schubert	10	Sauk Rapids-Rice	27.95
15 Allison Haar	12	Alexandria	28.27
16 Alexa Thielman	11	Buffalo	28.58
17 Alyssa Lentner	9	Monticello	28.60
18 Sara Ludlow	9	Bemidji	28.79
19 Brooke Borgen	10	Moorhead	28.84
20 Remington Deyak		StCloudApp	28.87
21 Katelyn Schneider	9	StCloudApp	29.04
22 Karlee Tower	10	Bemidji	30.19
23 Abby Scapanski	9	Sauk Rapids-Rice	31.12

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 20 Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Jerome Begin	12	Buffalo	22.38
2 Dan Lauer	12	Brainerd	22.74
3 Joe Nelson	12	Brainerd	22.76
4 Jordan Hayes	12	Brainerd	23.04
5 Dillon Miller	12	Buffalo	23.07
6 Cole Bardwell	12	Bemidji	23.13
7 Nick Geraghty	12	Moorhead	23.14
8 Austin Moon	10	Moorhead	23.42
9 Lee Klein	10	Alexandria	23.53
10 Andrew Gutknecht	11	Buffalo	23.67
11 Zach VanOrsdel	12	Alexandria	23.71
12 Brady Anderson	9	Moorhead	23.74
13 Collin Scherber	10	Monticello	23.85
14 Dylan Galligan	12	Alexandria	23.95
15 Tyler Guest	10	Bemidji	23.98
16 Sam Johnson	9	Monticello	24.14
17 Larry Miller	10	StCloudApp	24.72
18 Eric Johannsen	12	Bemidji	24.77
19 Brandon Doege	12	Sauk Rapids-Rice	25.73
20 Uli Manzanilla	11	Monticello	25.79
21 Nathan Pierskalla	9	StCloudApp	25.89
22 Zachary Judovsky	11	Sauk Rapids-Rice	26.21
23 Brandon Thompson	11	StCloudApp	27.15
24 Josh Majeski	11	Sauk Rapids-Rice	29.34

Event 21 Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Jamie Piepenburg	11	Alexandria	10:58.02
2 Erica Seidenkranz	11	Monticello	11:14.36
3 Amber Seidenkranz	9	Monticello	11:31.46
4 Taylor Janssen	10	Moorhead	11:34.93
5 Kim Truedson	11	Bemidji	11:38.05
6 Amber Stoick	11	Monticello	11:43.71
7 Karlee Richards	12	Moorhead	12:06.04
8 Hayley Downing	9	Buffalo	12:17.17
9 Erica Hauf	9	Moorhead	12:18.78
10 Michaela Quast	11	Brainerd	12:28.88
11 Jade Grundy	9	Buffalo	12:37.76
12 Lydia Herath		Brainerd	12:38.64
13 Kayla Olson	11	Bemidji	12:41.39
14 Sarah Fairbanks	10	Brainerd	12:57.09
15 Kaci McCoy	11	Alexandria	12:58.02
16 Emma Brokl	10	Bemidji	13:24.36
17 Jackie Braun	9	Sauk Rapids-Rice	14:03.92
18 Ashley Raduns	9	Sauk Rapids-Rice	14:30.99
19 EllaRose Kayfes	9	Sauk Rapids-Rice	15:17.57
20 Casey Evans	11	StCloudApp	15:52.48
21 Nyachieng Puoch	10	StCloudApp	15:56.46

Event 22 Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Glen Ellingson		Moorhead	10:00.09
2 Jonathan Wedemeier	12	Buffalo	10:10.00
3 Hunter Kopff	12	Monticello	10:11.43
4 Ezra Olson	10	Moorhead	10:12.46
5 Andy Berube	12	Bemidji	10:15.33
6 Christian Larson	12	Moorhead	10:18.84
7 James Lovrien	10	Alexandria	10:22.44
8 Dan Clemenson	11	Bemidji	10:24.71
9 William Sieling	11	Alexandria	10:29.53
10 Bo Brailer	10	Buffalo	10:31.94
11 Sam Carlson	9	Bemidji	10:34.56
12 Derek Secord	09	Monticello	10:35.03
13 Andrei Casey	10	Buffalo	10:50.07
13 Riley Nelsen	11	Brainerd	10:50.07
15 Johannes Wolf	12	Monticello	10:52.50
16 Zean Baker	10	Brainerd	11:07.26
17 Trent Piepenburg	9	Alexandria	11:16.36
18 Nathan Miller	11	Sauk Rapids-Rice	11:16.36
19 Paolo Grubat	11	Sauk Rapids-Rice	11:19.94
20 Jordan Lemieur	9	Sauk Rapids-Rice	11:46.03
21 Nathan Kroschel	11	StCloudApp	11:46.57
22 Joshua Wasniewski	9	Brainerd	12:01.10
23 George Luangoudom	12	StCloudApp	12:19.84
24 Amadeo Sanchez	12	StCloudApp	12:23.58

Event 23 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Brainerd		4:12.89
2 Moorhead High School		4:16.45
3 Monticello		4:16.90
4 Buffalo		4:20.23
5 Bemidji		4:24.21
6 Alexandria		4:32.46
7 Sauk Rapids-Rice		4:35.27
8 StCloudApp		4:45.75

Event 24 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Alexandria		3:33.23
2 Moorhead High School		3:33.29
3 Bemidji		3:33.80
4 Buffalo		3:38.27
5 Sauk Rapids-Rice		3:40.80
6 Monticello		3:43.34
7 Brainerd		3:45.62
8 StCloudApp		3:52.98

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 25 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Chantel Midas	12	StCloudApp	16-10.00
2 Roseanne Erickson	12	Alexandria	16-05.00
3 Grace Sawatzke	9	Monticello	15-08.25
4 Jolynn Warnes	12	Alexandria	15-07.50
5 Sadie Fedor	11	Monticello	14-11.50
6 Chelsea Klemetson	12	Moorhead	14-10.50
7 Amanda Casselton	12	Moorhead	14-10.00
7 Taylor McElfresh	12	Brainerd	14-10.00
7 Josie Spry	10	Bemidji	14-10.00
10 Alexa Thielman	11	Buffalo	14-09.50
11 Jessica Patrias	12	Sauk Rapids-Rice	14-07.00
12 Remington Deyak		StCloudApp	14-06.00
13 Rachel Wotzka	12	Sauk Rapids-Rice	14-05.75
14 Rachel Mussell	12	Buffalo	14-03.75
15 Rebecca Haggerty	10	Buffalo	14-02.00
16 Ayesha Pemble	9	Moorhead	13-10.75
17 Chloe Miller	10	Brainerd	13-10.00
18 Essie Wall	12	Bemidji	13-08.50
19 Katie Gray	9	Bemidji	13-06.50
20 Hannah Havemeier	9	StCloudApp	13-00.00
21 Ellie Henkemeyer	10	Sauk Rapids-Rice	12-10.50
22 Paige Oakley	9	Brainerd	12-09.00
23 Kate Johnson	10	Monticello	12-04.00
24 Britni DelCastillo	9	Alexandria	11-10.50

Event 26 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Nate Parsons	12	Brainerd	20-03.50
2 Reggie Turner	12	Brainerd	20-02.50
3 Ethan Kalinowski	12	Buffalo	19-10.50
4 Joe Nelson	12	Brainerd	19-09.50
5 Nathan Kroschel	11	StCloudApp	19-05.50
6 Zach Haffner	11	Sauk Rapids-Rice	19-00.00
7 Corey Landowski	12	Sauk Rapids-Rice	18-08.00
8 Spencer Chenoweth	11	Buffalo	18-06.25
9 Phillip Pham	11	Alexandria	18-03.50
10 Matt Huberty	11	Sauk Rapids-Rice	18-00.25
11 Nick Geraghty	12	Moorhead	18-00.00
12 Sam Johnson	9	Monticello	17-11.50
13 Derek Goracke	12	Alexandria	17-11.25
14 Taylor Karjala	12	Monticello	17-10.25
15 Garrett Hawkins	12	Moorhead	17-08.50
16 Austin Moon	10	Moorhead	17-07.25
17 John Reichl	12	StCloudApp	17-07.00
18 Josh Wilson	12	Monticello	17-02.50
19 Brady Schmidt	10	Bemidji	17-00.50
20 Jerome Begin	12	Buffalo	16-11.75
21 Nathan Huss	10	Alexandria	16-10.75
22 Isaiah Moore	10	Bemidji	16-09.00
23 Roba Ibro	9	StCloudApp	15-05.00
24 Dylan Dickinson	10	Bemidji	14-11.50

Event 27 Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Sadie Fedor	11	Monticello	34-02.00
2 Jolynn Warnes	12	Alexandria	34-01.00
3 Rachael Becker	10	Bemidji	33-11.50
4 Brooke Gagnon	12	Buffalo	33-06.00
5 Courtney Ryan	10	Brainerd	31-08.00
6 Katie Rosenfeldt	11	Moorhead	31-03.25
7 Rebecca Haggerty	10	Buffalo	31-03.00
8 Alexa Thielman	11	Buffalo	31-02.50
9 Michole Timm	12	Sauk Rapids-Rice	31-01.00
10 Josie Spry	10	Bemidji	30-11.00
11 Rachel Wotzka	12	Sauk Rapids-Rice	30-04.50
12 Beth Bursch	10	Monticello	29-11.25
13 Chelsea Klemetson	12	Moorhead	29-11.00
14 Laura Boran	11	Brainerd	29-02.50
15 Jazmine Roste	10	Alexandria	29-00.50
16 Amanda Casselton	12	Moorhead	28-11.00
17 Breazy Ciatti	10	Monticello	28-09.00
18 Bo LaFontaine	12	StCloudApp	28-07.00
19 Alyssa Wagner	10	Sauk Rapids-Rice	28-06.75
20 Steph Frey	10	Bemidji	28-03.50
21 Taylor Johnshoy	10	Brainerd	27-03.50
22 Lisa Klinkner	11	Alexandria	25-03.00
23 Rebecca Miller	11	StCloudApp	24-07.50

Event 28 Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Nate Parsons	12	Brainerd	41-11.00
2 Reggie Turner	12	Brainerd	41-10.50
3 Cole Smith	9	Brainerd	40-11.00
4 Simon Krych	12	StCloudApp	39-07.00
5 Ethan Kalinowski	12	Buffalo	38-06.00
6 Eric Selchow	11	Buffalo	38-05.50
7 Taylor Karjala	12	Monticello	37-06.00
8 Michael Witschen	10	Monticello	36-11.50
9 Eathan Freer	11	Buffalo	36-10.50
10 Josh Wilson	12	Monticello	36-09.00
11 Garrett Hawkins	12	Moorhead	36-05.00
12 Gabriel Wright	11	Moorhead	36-04.50
13 Matt Huberty	11	Sauk Rapids-Rice	36-04.00
14 Kyle Huewe	12	Bemidji	35-10.50
15 John Reichl	12	StCloudApp	35-07.50
16 Brandon Landowski	10	Sauk Rapids-Rice	35-05.00
17 Adam Hanson	10	Moorhead	34-08.00
18 Tristyn Spann-Ford	9	Sauk Rapids-Rice	34-08.00
19 James Holmquist	10	Alexandria	33-11.50
20 Mitch Peck	9	Alexandria	33-07.50
21 Nathan Huss	10	Alexandria	33-03.50
22 Isaiah Moore	10	Bemidji	32-08.00
23 Roba Ibro	9	StCloudApp	32-07.00
24 Joel Johannsen	9	Bemidji	32-06.50

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 29 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Chelsea Klemetson	12	Moorhead	5-02.00
2 Amanda Stangler	12	StCloudApp	5-00.00
3 Jenna Larson	11	Alexandria	J5-00.00
4 Jenny LaRoque	12	Monticello	J5-00.00
5 Morgan Lindenfesler	11	Monticello	4-10.00
6 Briquelle Bowden	10	Alexandria	J4-10.00
7 Amanda Hunt	12	Bemidji	J4-10.00
8 Alexandra Sandberg	11	Buffalo	4-08.00
9 Brooke Gagnon	12	Buffalo	J4-08.00
9 Rebekah Bjork	12	Buffalo	J4-08.00
11 Kayli Skinner	9	Brainerd	J4-08.00
12 Nina Bachman	11	Sauk Rapids-Rice	J4-08.00
13 Olivia Ostlie	9	Moorhead	J4-08.00
14 Gabrielle Koel	10	Alexandria	J4-08.00
15 Ali Krsnak	9	Moorhead	J4-08.00
16 Samantha Sunstrom	10	Sauk Rapids-Rice	4-06.00
17 Sydnie Mauch	11	Brainerd	J4-06.00
18 Emily Stockham	10	Monticello	J4-06.00
19 Olivia Ebnet	9	Sauk Rapids-Rice	J4-06.00
20 Kayla Logelin	11	Brainerd	J4-06.00
21 Ellen Wall	8	Bemidji	4-04.00
21 Emily Falldorf	8	Bemidji	4-04.00

Event 30 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Bryce Balfanz	12	Monticello	6-00.00
2 Gabriel Wright	11	Moorhead	5-10.00
3 Simon Krych	12	StCloudApp	5-08.00
4 Jackson Walters	11	Brainerd	J5-08.00
5 Marcus Comstock	10	Brainerd	5-06.00
6 Isaiah Smith	9	Brainerd	J5-06.00
7 Lowell Laudert	08	Monticello	J5-06.00
8 Jackson Schepp	10	Buffalo	5-04.00
9 Nathan Welty	10	Sauk Rapids-Rice	5-02.00
10 Clayton Cozad	11	Alexandria	5-00.00
10 Zach Haffner	11	Sauk Rapids-Rice	5-00.00
10 Andrew Mell	09	Monticello	5-00.00
10 Tanner Phillips	9	Bemidji	5-00.00
10 Jordan Theisen	10	StCloudApp	5-00.00
10 Dan Gorghuber	12	Alexandria	5-00.00
16 Michael Voit	10	Sauk Rapids-Rice	J5-00.00
16 James Holmquist	10	Alexandria	J5-00.00
18 Kyle Pundsack	12	StCloudApp	J5-00.00
19 Landon Moline	10	Buffalo	J5-00.00
20 Gunnar Nelson	9	Bemidji	4-10.00
20 Kelvin Bennett	12	Moorhead	4-10.00
--- Joey Merz	10	Buffalo	NH
--- Jon Henry	11	Bemidji	NH
--- Brandon Schmaltz	10	Moorhead	NH

Event 31 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Olivia Khauv	12	Monticello	9-06.00
2 Kieran Bender	12	Monticello	J9-06.00
3 Bo LaFountaine	12	StCloudApp	J9-06.00
4 Toni Terwilliger	12	Brainerd	9-00.00
5 Michole Timm	12	Sauk Rapids-Rice	J9-00.00
6 Chelsey Bethke	12	Sauk Rapids-Rice	8-06.00
7 Jett Bender	11	Monticello	J8-06.00
8 Olivia Bergh	10	Moorhead	8-00.00
9 Shalen Anderson	10	Sauk Rapids-Rice	7-00.00
9 Brooke Borgen	10	Moorhead	7-00.00
9 Karlee Tower	10	Bemidji	7-00.00
9 Sherry Mudgett	11	Brainerd	7-00.00
9 Kelly Nellermeoe	11	Alexandria	7-00.00
14 Annise Montplaisir	10	Moorhead	J7-00.00
15 Katherine Rooney	10	Buffalo	J7-00.00
15 Helaina VonBank	9	Buffalo	J7-00.00
18 Claire Illies	12	Alexandria	J7-00.00
19 Rebecca Haggerty	10	Buffalo	J7-00.00
20 Karla Thoennes	10	Alexandria	6-00.00
21 Amber Peterson	10	Bemidji	J6-00.00
22 Hannah Dressen	10	Bemidji	J6-00.00
22 Elizabeth Etterman	9	Brainerd	J6-00.00
--- Brooke Johnson	10	StCloudApp	NH

Event 32 Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Charlie Patch	12	Monticello	13-00.00
2 Parker Jacobson	11	Moorhead	12-06.00
3 Mitchell Valli	10	Buffalo	J12-06.00
4 Roman Lindeman	11	Sauk Rapids-Rice	12-00.00
5 Felix Coleman	12	Alexandria	11-06.00
6 Jackson Dols	11	Brainerd	J11-06.00
7 Josh Murrey	11	Brainerd	J11-06.00
8 Edward Clifton	10	Buffalo	11-00.00
9 Logan Hanson	12	Alexandria	J11-00.00
10 Jon Henry	11	Bemidji	J11-00.00
11 Adam Stein	12	Moorhead	J11-00.00
12 Jordan Theisen	10	StCloudApp	10-06.00
13 Miles Pearson	11	Brainerd	J10-06.00
14 Malachi Fleck	10	Sauk Rapids-Rice	10-00.00
15 Peter Olson	11	Alexandria	J10-00.00
16 Mark Michienzi	11	Sauk Rapids-Rice	9-06.00
17 Michael Witschen	10	Monticello	J9-06.00
18 Andrew Steffes	9	Bemidji	J9-06.00
19 Eliah Hauser	12	Bemidji	9-00.00
20 Michael Scheuermann	9	Buffalo	J9-00.00
21 George Luangoudom	12	StCloudApp	8-00.00
22 Ryan Anselment	10	Monticello	J8-00.00
--- Andrew Tollefson	9	StCloudApp	NH
--- Brendan Johnson	12	Moorhead	NH

Minnesota State True Team - 5/12/2009

Brainerd High School, Minnesota

Results

Event 33 Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Sydney Mauch	11	Brainerd	36-11.00
2 Kristin Drechsel	10	Moorhead	35-04.50
3 Seepal Amedy	12	Moorhead	34-03.00
4 Allie Heifort	10	Bemidji	34-00.50
5 Jalynn Lamb	12	Brainerd	33-01.00
6 Brittany Ludwig	11	Alexandria	33-00.50
7 Morgan Sawatzke	11	Monticello	32-02.00
8 Callie Johnson	10	Bemidji	31-09.50
9 McKinzie Ernst	11	Moorhead	31-06.00
10 Rachel Bartosh	12	Brainerd	J31-06.00
11 Brittney Vaughn	10	Monticello	30-05.50
12 Molly Muntifering	12	Buffalo	30-05.00
13 Casey Evans	11	StCloudApp	29-11.50
14 Abby Prom	10	Buffalo	29-10.00
15 Lexie Hendricks	10	Bemidji	29-07.50
16 Brianna Johnson	11	Alexandria	29-07.00
17 Taya Odeen	11	Buffalo	28-10.00
18 Julia Bieniek	10	Monticello	28-09.00
19 Katie Bruzik	12	Alexandria	28-07.00
20 Missy Kurash	12	Sauk Rapids-Rice	27-03.50
21 Jordan Cruse	10	Sauk Rapids-Rice	22-08.50
22 Samantha Ruzsat	10	Sauk Rapids-Rice	22-03.50
23 Natalie Moen	9	StCloudApp	21-07.00
24 Michaela Michl	11	StCloudApp	19-01.00

Event 34 Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Jesse Hacker	11	Alexandria	49-10.50
2 Andrew Werk	12	Alexandria	48-01.00
3 Jacob Kassulker	11	Brainerd	47-10.50
4 Tanner Thomson	12	Alexandria	45-02.50
5 Charles Kassulker	12	Brainerd	43-09.50
6 Luke Endres	12	Sauk Rapids-Rice	43-03.50
7 Sam Lastovich	12	Brainerd	41-01.00
8 Dan Smith	12	Monticello	40-08.50
9 Brian DeGrote	12	Sauk Rapids-Rice	40-06.50
10 Nick Moran	12	Monticello	J40-06.50
11 Cody Strandberg	11	Monticello	40-02.50
12 Jacob Swedberg	11	Moorhead	40-02.00
13 Matt Filipi	11	Buffalo	39-09.00
14 Joshua Tomann	11	Buffalo	J39-09.00
15 Travis Bieber	11	Moorhead	37-04.00
16 Tyler Tweet	12	Moorhead	35-11.00
17 Benjamin Miller	9	StCloudApp	35-03.00
18 Ernie Heifort	12	Bemidji	34-10.50
19 Will Woolsey	10	Sauk Rapids-Rice	34-09.00
20 Gaeton Roy	10	Bemidji	34-07.00
21 Jonathon Lund	12	Buffalo	34-02.00
22 Kyle Huewe	12	Bemidji	33-02.00
23 Brandon Thompson	11	StCloudApp	32-00.50
24 Mathew Kollmann	11	StCloudApp	31-05.00

Event 35 Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Brittany Ludwig	11	Alexandria	118-10
2 Kristin Drechsel	10	Moorhead	117-00
3 Rachel Bartosh	12	Brainerd	113-03
4 Toni Terwilliger	12	Brainerd	109-00
5 Allie Heifort	10	Bemidji	106-10
6 Seepal Amedy	12	Moorhead	101-07
7 Sydney Mauch	11	Brainerd	99-06
8 Katie Bruzik	12	Alexandria	97-09
9 Abby Prom	10	Buffalo	90-02
10 McKinzie Ernst	11	Moorhead	89-11
11 Morgan Sawatzke	11	Monticello	84-05
12 Brianna Johnson	11	Alexandria	83-03
13 Casey Evans	11	StCloudApp	81-03
14 Callie Johnson	10	Bemidji	80-10
15 Molly Muntifering	12	Buffalo	79-02
16 Lexie Hendricks	10	Bemidji	77-05
17 Samantha Ruzsat	10	Sauk Rapids-Rice	75-00
18 Shalen Anderson	10	Sauk Rapids-Rice	74-03
19 Lindsey Smith	10	Monticello	74-00
20 Tori knutson	10	Monticello	73-04
21 Morgan Tesch	9	StCloudApp	66-00
22 Michaela Michl	11	StCloudApp	64-06
23 Jenna Muntifereing	10	Buffalo	64-01
24 Missy Kurash	12	Sauk Rapids-Rice	63-05

Event 36 Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Nick Moran	12	Monticello	152-03
2 Tanner Thomson	12	Alexandria	145-08
3 Jacob Kassulker	11	Brainerd	138-11
4 Charles Kassulker	12	Brainerd	128-10
5 Brian DeGrote	12	Sauk Rapids-Rice	128-03
6 Dan Smith	12	Monticello	127-06
7 Kadin Johnk	12	Moorhead	124-06
8 Andrew Werk	12	Alexandria	121-06
9 Zach Taylor	12	Brainerd	120-00
10 Brandon Beliveau	11	Alexandria	118-10
11 Luke Endres	12	Sauk Rapids-Rice	116-03
12 Hans-Kristof Nelson	11	Moorhead	115-05
13 Jed Swenson	12	Monticello	113-08
14 Jonathon Lund	12	Buffalo	113-01
15 Joshua Loso	11	StCloudApp	111-06
16 Benjamin Miller	9	StCloudApp	110-00
17 Zach Drechsel	11	Moorhead	107-07
18 Joshua Tomann	11	Buffalo	106-04
19 Eric Thomas	11	Buffalo	102-03
20 Ryan Odelius	10	Sauk Rapids-Rice	97-10
21 Gaeton Roy	10	Bemidji	87-04
22 Brandon Thompson	11	StCloudApp	85-08
23 Josh Dreyer	10	Bemidji	83-05
24 Ernie Heifort	12	Bemidji	69-05

Minnesota State True Team - 5/12/2009**Brainerd High School, Minnesota****Results**

Women - Team Rankings - 18 Events Scored

1) Brainerd	726.5
2) Moorhead High School	724.5
3) Monticello	714.5
4) Alexandria	683
5) Buffalo	578
6) Bemidji	530.5
7) Sauk Rapids-Rice	470
8) St. Cloud Apollo Eagles	319

Men - Team Rankings - 18 Events Scored

1) Brainerd	795.5
2) Buffalo	725.5
3) Moorhead High School	691.5
4) Alexandria	686.5
5) Monticello	638.5
6) Bemidji	513
7) Sauk Rapids-Rice	449
8) St. Cloud Apollo Eagles	267.5